



Question. Persuade. Refer.

Ask A Question. Save A Life.

QPR (Question, Persuade, and, Refer) Training for Suicide Prevention is a 1-2 hour educational program designed to teach the warning signs of a suicide crisis and how to respond.

QPR Mission: To save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

WEDNESDAY March 25, 2020

FRIDAY May 15, 2020

12:00-2:00pm

**784 High Street
San Luis Obispo, CA
93401**

Space is limited so please RVSP to ibrown@t-mha.org or 805-540-6541

Training is FREE.



WELLNESS • RECOVERY • RESILIENCE