

Behavioral Health Board Minutes
San Luis Obispo County
June 20, 2018
3:00p.m.
2180 Johnson Ave, 2nd Floor, Library Conference Room
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Marshall Hamilton
Marcella Paric
Jennifer Caffee (for Debbie Arnold)
Marcella Paric
Theresa Scott
Jim Salio
Mary Bianchi
Joyce Heddleson
Clint Weirick

GUESTS:

Barbara Levenson (for TeaEster Higgins)

MEMBERS ABSENT:

Molly Eisen-Kearns
Stephanie L. (for Ian Parkinson)
Kimberly Miramon
Mackenzie Morrison
David Riester
Elizabeth (Liz) Smith
Eulalia Apolinar

BEHAVIORAL HEALTH STAFF PRESENT:

Anne Robin
Brianna Hansen
Frank Warren
Laura Zarate
Clark Guest

1. David Riester called meeting to order @ 3:04 pm.

2. Introductions and Announcements:

Round-table introductions.

Announcements:

- Anne Robin: The National Association for the Advancement of Colored People (NAACP) has recognized the 3rd Saturday of June as Juneteenth. NAACP is a civil rights organization in the USA founded in 1909 for African Americans to advance justice and ensure political, educational, social and economic equality. Juneteenth was celebrated this year at the Ludwick Center. Next year, we will collaborate with the NAACP as part of our Cultural Competence and we will reserve the Vets Hall. Juneteenth will be on June 13, 2019 from 2-4:30pm. Will have a family-friendly BBQ lunch, speakers, games and educational opportunities.
- Marcella Paric: is a facilitator for Voice Hearers from the Hearing Voices Network. Last week Arthur Thompson was certified as a Voice Hearer Facilitator. Now we have two facilitators in the community. If you know someone that needs help or have ideas on how we can help those who hear voices.
- Mary Bianchi: Returned from a great conference, the National Children's Alliance 2018 Leadership. Attended as a Board representative of Center for Family Strengthening, which just received a Grant to work on developing a Children's Advocacy Center here in SLO County, which would expand upon the services that are available for children who are victims of sexual assault to coordinate both local agencies and community services available to the community. Goal is to reduce the trauma to the child by having a multi-dimensional team that work together with the goal of having not a child victim, but an adult survivor. The District Attorney, Victim Witness and SART are some of the agencies working together. There is a meeting, which the Center is putting together on June 29,

2018 for information to bring partners on board from 9-5pm at the Dignity Health Pavilion Conference Center. Please contact Mary Bianchi for more information.

- Clint Weirick: Attended the Adult Drug Court Graduation. Great Graduates. Some have been in treatment for 6, 18 months or longer. It was great to see many people. In addition, this Saturday, THMA restarted a Mental Health Judicial class for those in the judicial system with mental health issues.

3. Citizen Comments:

1. Marshall Hamilton –There has been good evidence for some time now that Marijuana use in teen years is risky for developing schizophrenia. There is a new study by the American Association of Psychiatry where 4,000 teens aged 12 to 16 who used marijuana were monitored for 4 years to see if they developed psychotic symptoms –those who had a predisposition to develop them vs. those who didn't. They were looking at a scale of psychotic symptoms. Found that there was no difference. There is equal risk for the development of psychotic symptoms.

4. Approval of Minutes: Minutes from May 16, 2018 with two changes.

M/S/C: Hamilton/Riester

5. Ongoing Business:

A. Consideration of New Member Application:

- TeaEster Higgins- Member Committee would like to motion to recommend TeaEster to the Behavioral Health Board. M/S/C: Hamilton/Riester

6. Presentation: Organized Delivery System Plus Peers Update- Clark Guest:

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<M:\BHB\BHB Presentations\Drug Medi-Cal Update 2018.docx>

7. Behavioral Health Administrator's Report:

- We are looking at two potential sites in Paso Robles to open/expand services.
- A bill recently passed to have a standard certification of Peer Support.
- Opioid Legislation- there are a few bills going thru with appropriation for 380 billion dollars for Comprehensive Opioid reduction activities. 195 million for Comprehensive 18 Opioid Abuse Programs.
- Grand Jury Report was accepted with quite a bit of dialog yesterday by the Board of Supervisors and will now move on to the Judge. Grand Jury did commend the hard work of the staff, the professionalism and caring of the Staff.
- Division Managers have been meeting with our new Health Agency Director, Mike Hill to look at what we are doing, what we need to organize around, think out of the box and find opportunities within our own budget to effect some changes.
- We are interested in forming BH Stake Holder group that goes beyond what MHSA does. For instance, to get together with the private-provider community: Hospitals, BHB and others who are interested on our Behavioral Health in our Community. We see 5000 people a year in many kinds of services and levels of care under our Medi-Cal mandates and MHSA programs and need to broaden the discussion and bring in the private providers because there are many people in the community

with private insurance. Need to look at what is the state of Community Mental Health and Treatment for Addictions and do a few listening sessions, GAP Analysis, etc. We will be doing some Community work. If you have any ideas, bring them to us.

9. Adjourn at 4:34pm.

10. Public Hearing: MHSA Fiscal Update- Frank Warren and Briana Hansen:

Clint Weirick stated MHSA ground rules. This is a Fiscal update, 30-day review.

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Recommendation to present to Board of Supervisors for approval.

M/S/C: Heddleson/Hamilton

11. Public Hearing Adjourn at 4:41pm.