

**Behavioral Health Board Minutes**  
**San Luis Obispo County**  
**October 17, 2018**  
**3:00p.m.**  
**2180 Johnson Ave, 2nd Floor, Library Conference Room**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

Jennifer Caffee (for Debbie Arnold)  
Mary Bianchi  
Clint Weirick  
Molly Eisen-Kearns  
David Riester  
Pamela Zweifel  
Marshall Hamilton  
Eulalia Apolinar  
Marcella Paric  
Jim Salio  
Joyce Heddleson  
TeaEster Higgins  
Theresa Scott

**MEMBERS ABSENT:**

Kimberly Miramon  
Mackenzie Morrison  
Kristel Regusci  
A.H. (for Ian Parkinson)  
Elizabeth (Liz) Smith  
Stephanie Landgraf (for Sheriff Parkinson)

**BEHAVIORAL HEALTH STAFF PRESENT:**

Anne Robin  
Laura Zarate

**GUESTS:**

Barbara Levenson (SLOLTCO)  
Ellen Sturtz (LGBTQ Advocate)  
Jon Nibbio (FCNI.org)  
Rose Fowler Plummer  
Caitlin Cox (Rep. Carbajal)

1. **Clint Weirick called meeting to order @ 3:00 pm.**

2. **Introductions and Announcements:**

Round-table introductions.

3. **Citizen Comments:**

1. **Joyce Heddleson-** Went to Graduation of Non-Smokers Program. Seven women including daughter who has not smoked for a whole year, graduated. Congratulations!
2. **Rose Fowler-Plummer:** Mother of five, Bi-Polar son diagnosed at 19, passed away 10 years ago. Was elementary school counselor for 22 years. Brings this experience to our Behavioral Health Board.
3. **Bonita Thomas-** PAAT member, presented award. Rhythm of Recovery Award Ceremony put together by THMA. Recognizes people in the community. This year, that award was presented to Marcella Paric who has contributed so much! Marcella conducted the Hearing Voices Presentation which had a great review, is PAAT Board Chair, participated in the Out of Darkness Walk, member of the QST Committee, is a State Holder for MHSA, and many more contributions. Congratulations and thank you Marcella!  
Ellen Sturtz was also nominated at this ceremony. Ellen is an activist, a role model. She received the PAAT Allied Award.

4. **Approval of Minutes:** Minutes from September 19, 2018 with two changes.

M/S/C: Paric/Smith

5. **Ongoing Business:**

A. **Behavioral Health Fair – January 16, 2019, 3pm-6pm:** Volunteers: TeaEster Higgins, Theresa Merkle, Pam Zweifel, Clint Weirick, Liz Smith. Meeting prior to this meeting at 2pm next month prior to BHB. Laura Zarate to send out invitations.

B. **By-Law Committee Members: Clint Weirick, Mary Bianchi and Marci Paric:** Will update language for compliance, clean-up work. If interested, contact Clint Weirick.

C. **Action Item: Vote on New Member: Rose Fowler-Plummer and Barbara Levenson.** Membership Committee request approval for these applications to go in front of Board of Supervisors for approval. M/S/C: Bianchi/Riester.

New members feel free to contact Anne Robin for guidance or if you have any questions.

6. **Membership Committee Report:** No new applications. Kristal Regusci has resigned as of 10/11/18. Bill McQuilkin has been approved by Board of Supervisors.

7. **Behavioral Health Administrator's Report:**

- Dr. Star Graber received five different Grants from different State and Federal sources. Some of the Grants include a SAMSA Grant for \$317,000 for each of 5 years. Only 7 awarded in the Country to do the clinicians BH workers with Law Enforcement. Grant from the Bureau of Justice for \$500, 000 total for 48 months to do opioid crisis intervention-gathering data and reporting. OJJDP Federal Grant to enhance our Family Drug Treatment Court for 3 years- 11 awarded in the Country. Got State Grant in Medication Assisted Treatment in Criminal Justice settings. The jail will use \$25,000 to purchase Narcan which is the opioid reversal medication.
- We got the homeless mobile van. We will start meeting with THMA, County IT and our homeless providers to map out the locations. IT will be involved because of tele-psychiatry.
- We continue to have multi-agency meetings on all the Homeless Grants. The competitive Grant, No Place Like home application just came out and due in January.
- Raven Lopez, leaving our Health Agency to take a position at THMA as a financial officer. We will miss her.
- Cindy Collins is moving to Colorado to be closer to her grandchildren on December 1<sup>st</sup>. We will miss her very much.

8. **Presentation: Behavioral Health Integration Project (BHIP) Final Report- Joel Diringer:**

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9. **Adjourn at 3:48pm to allow BHB members to attend the Suicide Prevention Forum.**