

Behavioral Health Board Minutes
San Luis Obispo County
February 20, 2019
3:00p.m.
2180 Johnson Ave, 2nd Floor, Library Conference Room
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Clint Weirick
David Riester
Marshall Hamilton
Mary Bianchi
Marcella Paric
Nicole Nix for Supervisor Adam Hill
TeaEster Higgins
Barbara Levenson
Elizabeth (Liz) Smith
Pamela Zweifel

GUESTS:

Jon Nibbio, FCNI
Lester Goldfisher
Joseph Kurtzman

MEMBERS ABSENT:

A.H. (for Ian Parkinson)
Stephanie Landgraf (for Sheriff Parkinson)
Eulalia Apolinar
Rose Fowler Plummer
Joyce Heddleson
Theresa Scott
Bill McQuilken
Jim Salio

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate

1. Clint Weirick called meeting to order @ 3:00 pm.

2. Introductions and Announcements:

Round-table introductions.

Marcella Paric-

- Middle of March will be taking a medical leave of absence from the BHB.
- Journey of Hope was a great success. Leonor from Europe spoke on voices. It was a wonderful experience giving a speech. Thank you for everyone who attended and put out tables and information.
- Western Recovery Mental Health conference will be in Culver City on July 8th and 9th and it's at Share in LA. Registration is \$50 for all-day workshops. www.share!.org

Clint Weirick-

- NAMI Beautiful Walk- Saturday, May 11, 2019 8:30pm-12:00pm.
- MHSA Advisory Committee Innovation Stake Holder Group- Met this month. It was presented with three proposals for Innovation Grants.
- California Association of Local Behavioral Health Board and Commissions (CALBHC)- they will pay for a Board member to attend Tuesday, April 9th and April 10th 8:30am- 3:00pm. in Sacramento.

Mary Bianchi-

- Martha's Place has new brochure. Martha's Place is a children's assessment center in the Behavioral Health arena. They work with children 0-5 who are at risk from prenatal exposure to alcohol or other substances and/or trauma by assessing and treating in an

effort to help them overcome the challenges that all that can bring. Referral forms can be found online at; www.sloBehavioralHealth.org/MarthasPlace

Anne Robin-

- Mental Health Services Act Advisory Committee meeting will be on February 26, 2019 4:00-5:30pm at the Vets Hall.

3. Public Comments-

Anne Robin-

- Ellen Stuartz would like to thank everyone and appreciates all your attention and time. She will no longer attend the BHB meeting.

4. Approval of Minutes: Minutes from January 16, 2019 approved with one correction.

M/S/C: Zweifel/Paric

5. Ongoing Business:

- A. **Behavioral Health Fair** – Donna Hayes and Jon Nibbio got together and requested some funding from CenCal to buy materials, equipment and food. Will now be at Copeland Center. We will be having information booths. Donna Hayes has been working hard on getting this put together.

2:30pm -3:00pm Business Meeting 3:00pm for education and events.

Donna Hayes will head the coordination, Laura Zarate to assist with information as needed. If anyone has input, please email Donna at dkhayes@co.slo.ca.us.

- B. **By-Law Committee Members: Clint Weirick, Mary Bianchi and Marci Paric-** Marcella will no longer be in this Committee, Eulalia Apolinar took her place. The By-Laws are not very extensive but need to clarify some of the language to help people understand that Mental Health and Drug and Alcohol are part of what we are concerned with. Also, who can have alternates. We will bring up for discussion and then propose changes to Board of Supervisors in April.

6. New Business:

• **Renewals Due for Re-Appointment:**

- Rose Fowler-Plummer
- Barbara Levenson
- Elizabeth Smith
- Clint Weirick

Those who will like to continue on the BHB, will recommend to Board of Supervisors – reappointments for a 3-year term.

• **Discussion on Latino Outreach- Mary Bianchi:**

In reading thru the Mental Health Services Act (MHSA) recommendations, one of the things that came up is Latino Outreach and the number of bilingual/bicultural therapists in the County. The Center for Family Strengthening allows the Promotoras to do translation for monolingual clients. It's been funded thru MHSA but they have run out for this year. Here's an opportunity for this Board to bring up this subject. This item to be agendarized in April.

7. **Membership Committee Report:** Interviewed Joseph Kurtzman. Will put on Agenda in March to vote on recommendation to Board of Supervisors.

8. **Behavioral Health Administrator's Report:**

- Governor Gavin Newsom proposed January Budget included lots of things that would be helpful to Mental Health like homelessness. We Continue to track some of his initiatives. He just appointed Daryl Steinberg who was the Grandfather of the MHSA system and is the current mayor of Sacramento, to lead a commission on homelessness to the State. Will be interesting to see how that all plays out.
- We are progressing with several other Grant opportunities. Working in a learning community for medication assisted treatment in jail to expand access to in provision of Suboxone, Naltrexone, Methadone within the jail setting. Dr. Graber has also applied for a Grant that will help to have a case manager in reach at the jail for folks to get them signed up for Drug and Alcohol Services prior to leaving jail.
- New contractor: Wellpath started providing mental health services at the jail on February first. California Forensics and CCS merged and created Wellpath.
- Currently we are working/collaborating with hospitals and having a quarterly 5150 meeting.
- AB 1234 -Local Ethics Training will be on Friday, March 8,2019 10am-12pm at the New Government Center- BOS Chambers. Laura Zarate to send the link for registration.

9. **Presentation: Strategic Planning:**

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10. **Adjourn at 4:45pm**