

Behavioral Health Board Minutes
San Luis Obispo County
August 18, 2023
3:00p.m.

Members Present:

Barbara Levenson
Jose Febus (CenCal)
Eulalia Apolinar
Melissa Cummins
LT Robert Crout (for Sheriff Parkinson)
Chief Robert Reyes
Amber Gallagher
Mary Bianchi
Leslie Brown
Donna Klein
Supervisor Paulding
Hugo Balcazar
Rose Fowler Plummer (via Zoom)

Health Agency Staff Present:

Christy Haney
Dr. Star Graber
Landon King
Frank Warren
Brita Connelly
Andrew Harris
Karina Silva Garcia

Members Absent:

Joseph Kurtzman
Chris Emert
Dr. Dana Hunt

Guests:

Dr. Seth Stabinsky
Devon McClellan
Amanda Sherlock
Karen Jones
Mike Bossenberry
Kristin Jones
Jill Bolster-White
Chloe Smith
James Sofranko

The meeting was interrupted by a member of the public by way of the online Zoom meeting platform available to members of the public for the purpose of public participation and comment.

- 1. Barbara Levenson called meeting to order @ 3:05pm**
- 2. Introductions and Announcements:**
 - Round table introductions.
- 3. Public Comments:**
 - No comments.
- 4. Approval on Minutes:** Minutes from June 21, 2023
M/S/C: Leslie Brown/ Melissa Cummins. Abstain: 2

5. Ongoing Business:

- Approval of minutes from May 17, 2023.
M/S/C: Melissa Cummins/ Leslie Brown. Abstain: None

6. New Business:

- We will be voting on agency appointed representative Devon McClellan at the September 20th meeting.
- Interest groups for MHSA report: The MHSA is a long report, and we are hoping to break into interest groups. The report will be made in October and will be voted on in the November 15th meeting. This year's report will not include a 3-year strategic plan. The report is broken into components. All sections will include data reported, outcomes, and anecdotes. The first component is the largest, it is community services and support. The second is workforce education and training. The third section is prevention and early intervention. Fourth section is innovation. Fifth is capital facilities and technological needs. The review of this report is to give feedback to make sure that it is understandable for the reader and that the programs are being explained well. The requirements for this document are changing, this may be the last one that looks this way.
- SB326 is the governors reform of behavioral health. The reform comes in three different planks. The first is the housing initiative which focuses on homeless veterans and other severely mentally ill unhoused folks. The second plank is a sweeping reform of data reporting and collecting throughout the behavioral health system. As of right now this proposal is a valid initiative for March 2024. This reform is comprised of four buckets. One of these initiatives is changing the name from Mental Health Services Act (MHSA) to Behavioral Health Services Act (BHSA). This would make current MHSA funds available for substance use disorder treatment. This reform would require 30% of funds to go toward the housing initiative with at least half of these funds into structures, shelters, interim housing, semi-permanent, and permanent housing. The other half can be spent on housing support services, which is yet to be defined. 35% of funds would be used towards full-service partnerships. Continuum of care will receive about 30% of the funding, which will be a large decrease in funding. The last 5% of funding will be for general prevention. If this passes in March, it will start in July of 2026.
- Capstone Final Report for Adult Behavioral Health Services:
 - This is a 53-page report with short-term, medium-term, and long-term recommendations for adults. The youth report should be out within a month. Health Management Associates (HMA) is developing a 5-year strategic plan for the department. The recommendations help develop the strategic plan, and the strategic plan will have concrete steps. The strategic plan will be out in December or January.
 - One of the projects being worked on is putting in a 23- hour sobering center at the Health Campus in San Luis Obispo. It is the 1-year anniversary for Sun Street. Sun Street is a 16-bed facility for men. Bryan's House is a 6-bed facility for women with children. At the moment, women that need residential treatment, are placed out of county. We have about 150 beds contracted for men and women for sober living environments. These beds are full most of

the time. The Board of Supervisors just approved contracting with Oxford House. Oxford House is a peer run facility for long term clean and sober living. They rent the house, the residents pay rent week-by-week, and they can stay as long as they need. Over the next 3-years, they will be setting up 13 houses in San Luis Obispo County.

- The Capstone Report was commissioned from Transitions Mental Health Association and the County of San Luis Obispo.

7. Membership Committee - Update:

- If you know anyone that is interested in joining the Behavioral Health Board, please reach out to Mary Bianchi.

8. Committee Representatives- Update:

- MAC Meeting:
 - Funding for the CAT team goes away in September. MHSA will be funding 2.0FTE psych techs, 1.0FTE behavioral health therapist, and 1.0FTE administrative assistant has been requested to support the CAT team and Medi-Cal billing. Funding is for 3-years.
 - Request for a 1-year fiscal group support for CalAIM implementation of the new electronic health records, \$868,000 to train and support staff.
 - Sierra Mental Wellness is requesting a 1.0FTE licensed practitioner to assist with 5150 holds.

***FTE: Full time employee**

- ADHOC: Mary, Melissa, and Rose visited the Mental Health Evaluation Team (MHET). The MHET responds to about 150 calls a month. The report is being reviewed.

9. Member Subject of Interest: Devon McClellan

- Devon McClellan shared life experiences and her background in behavioral health.

10. Administrator's Report

- Health agency staff changes:
 - Frank Warren has been selected as the new behavioral health deputy director. His Division Manager position is now open for recruitment.
 - Kristina Paramore has been selected as the Drug and Alcohol Services division manager. Her program supervisor position will need to be filled.
 - Dr. Ilano's last day is August 17. As an interim solution, we will have a 20-hour a week behavioral health medical director, Dr. Siddarth Puri. The medical director for Drug and Alcohol will be Dr. Greg Thomas, about 10-hours a week. Mild to moderate medications for mental health to be provided at the drug and alcohol clinics in order to provide more integrated care to clients. There is an active candidate for the permanent medical director position.

11. Presentation: Landon King – INNOvation Plan FY 2023-27

- Landon King gave a presentation regarding the INNOvation project EMBRACE for the 2023-27 fiscal year.
- Vote to recommend MHSA INNOvation project to move forward to the Board of Supervisors.

M/S/C: Chief Robert Reyes/Melissa Cummins. Approved unanimously.

12. Adjourn at 4:59pm