

## SanLuisObispoCntySmartcareQA | 12/02/2023

## Progress Note

**Client Name:** Do not use Sa Client **Client ID:** 400013 **Status:** Show  
**Clinician Name:** Julianne Elizabeth Schmidt **Service:** Assessment LPHA  
**Date Of Service:** 01/26/2024 **Start Time:** 9:30 AM **Face to Face Time:** 260.00 Minutes  
**Program:** SLO Clinic Adult (1402)  
**Location:** Office  
**Documentation Time:** 15 Minutes

## Problems addressed during this session

- ☐ Housing instability
- ☐ Receiving unemployment benefits (finding)
- ☐ Job seeking history (finding)
- ☐ On probation (finding)
- ☐ Continuous chronic alcoholism (disorder)
- ☒ Generalized anxiety disorder (disorder)

## Information

Describe current service(s), how the service addressed the beneficiary's behavioral health need (e.g., symptom, condition, diagnosis, and/or risk factors).

Prior to the face-to-face assessment, reviewed the client's medical record to identify historical clinical information, safety concerns, and history of treatment (35 mins).

Reviewed consents and informing materials with client/client's parent or guardian to ensure their understanding.

Discussed confidentiality and the limits of confidentiality including mandated reporting and safety (self and others).

Completed comprehensive assessment with client/client's parent or guardian to gather psychosocial information, and information about current concerns, symptoms, and functioning (2.5 hours).

Formulated the client's strengths and needs in the CalAIM Assessment dated 1/26/2024 which includes access criteria for services and diagnostic information (75 mins).

Scheduled a follow-up appointment with client/family on 1/29/2024 to discuss treatment recommendations and next steps.

## Care Plan

Indicate the goals, treatment, service activities, and assistance to address the objectives of the plan and the medical, social, educational, and other services needed by the beneficiary. Include how the beneficiary or their representative helped to develop the goals, and the progress toward meeting the established goals. Indicate transition plan if the individual has achieved the goals of the care plan.

Client will be opened to SMHS in the San Luis Obispo Outpatient Clinic. The client will receive psychiatry, medication management, and individual therapy services.

**Staff:** Julianne Elizabeth Schmidt, LMFT

**Signature Date:** 01/26/2024