

MHSA Advisory Committee (MAC)
Wednesday, January 26, 2022
Zoom Meeting
3:30pm – 5:00pm

SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

- **Welcome, Introductions, and Goals for meeting**
 - Frank Warren, SLOBHD
- **Department Updates**
 - Anne Robin, SLOBHD
- **CSS –Program Updates**
 - Kim Espino, SLOBHD
- **PEI/INN Updates**
 - Timothy Siler, SLOBHD
- **WET Program Updates**
 - Brita Connelly, SLOBHD
- **Fiscal Update**
 - Jalpa Shinglot, SLOBHD
- **Old Business**
 - CPI-based COLA Change
 - CalMHSA HER, Released PR Request

- Adult Case Manager, Released PR Request
- **New Business for 2021-22**
 - Forensic FSP, Released PR Request
 - Latino Outreach Program Case Managers, Released PR Request
 - Mini Grant Program – Non-Contracted Providers
- **Updates**
 - VTC Grant
 - No Place Like Home
 - Crisis Expansion Grants
 - CCMU
 - CRRSAA/ARPA
 - BHCIP
- **Next Meetings:**
 - March 30, May 25, July 27, September 28, 2022
- **Conclusion**



MHSA Advisory Committee

- **MHSA Advisory Committee Introductions**
- **Demographics Poll!**

Ice Cream Flavor in Progress 00:00:17

Attendees are now viewing questions 0 of 0 (0%) voted

1. What's your favorite ice cream flavor?

Chocolate	(0) 0%
Vanilla	(0) 0%
Strawberry	(0) 0%
Butter Pecan	(0) 0%
Chocolate Chip	(0) 0%
(other)	(0) 0%

End Poll



The Mental Health Services Act in San Luis Obispo County:

- Proposition 63, passed in 2004
- Millionaire's Tax

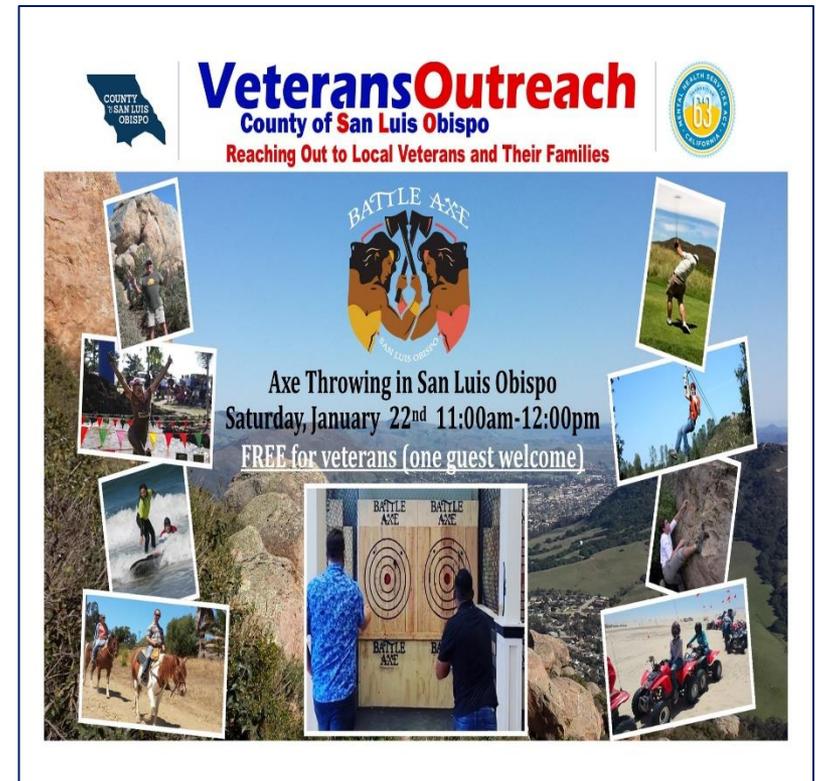
The MHSA Provides:

- Funding, personnel, and other resources
- Supportive programs for underserved populations
- Best practices and innovative approaches
- Prevention, early intervention, treatment, and recovery
- Community partnerships and stakeholder engagement



MHSA planning benefits from community stakeholder input

- Consumers, family members, and providers
- Review programs and make recommendations
- Input for improvements outlined in Annual Update
- Plan reviewed (30 days) & public hearing at Behavioral Health Board



MENTAL HEALTH SERVICES ACT
ANNUAL UPDATE to the
THREE-YEAR PLAN
2020-2023
Draft Published October 19, 2021



MHSA Components

- **Community Services and Supports (CSS)**
 - **(incl. Housing)**
- **Capital Facilities and Technology (CFT)**
- **Prevention and Early Intervention (PEI)**
 - **PEI Statewide**
- **Workforce Education & Training (WET)**
- **Innovation (INN)**



- This is a somewhat informal meeting with all attendees welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- Today's meeting will update the MHSA oversight group (including original and new members) as to the implementation of the most current work plan.
- We will also provide information on work plan changes, and introduce new funding initiatives, for discussion and approval.
- We will use consensus-based decision making.

THIS CONCLUDES THE MHSA STAKEHOLDER TRAINING!



Department Update



Community Services and Supports (CSS)

- 1. Child & Youth Full Service Partnership (FCN & SLOBHD)**
- 2. Transitional Age Youth FSP (FCN & SLOBHD)**
- 3. Adult FSP (TMHA & SLOBHD)**
- 4. Older Adult FSP (Wilshire CS & SLOBHD)**
- 5. Client & Family Wellness (TMHA, CAPSLO & SLOBHD)**
- 6. Latino Outreach Program (SLOBHD)**
- 7. Enhanced Crisis & Aftercare (Sierra Wellness & SLOBHD)**
- 8. Schools and Family Empowerment (SLOBHD & CAPSLO)**
- 9. Forensic Mental Health Services (TMHA & SLOBHD)**



Prevention & Early Intervention (PEI)

WORK PLAN	PROGRAMS			
PREVENTION	Positive Development	Family Education, Training & Support	Middle School Comprehensive Program	In-Home Parent Educator
EARLY INTERVENTION	Community-Based Therapeutic Services		Integrated Community Wellness Navigators	
OUTREACH FOR INCREASING RECOGNITION OF EARLY SIGNS OF MENTAL ILLNESS	Perinatal Mood Anxiety Disorder			
ACCESS & LINKAGE TO TREATMENT	Older Adult Mental Health Initiative			
STIGMA & DISCRIMINATION REDUCTION	Social Marketing Strategy		College Wellness Program	
IMPROVE TIMELY ACCESS TO SERVICES TO UNDERSERVED POPULATIONS	Veterans Outreach Program			
SUICIDE PREVENTION	Suicide Prevention Coordination			



Innovation (INN)

UPDATE:

- **BHEET & SoulWomb contracts executed**

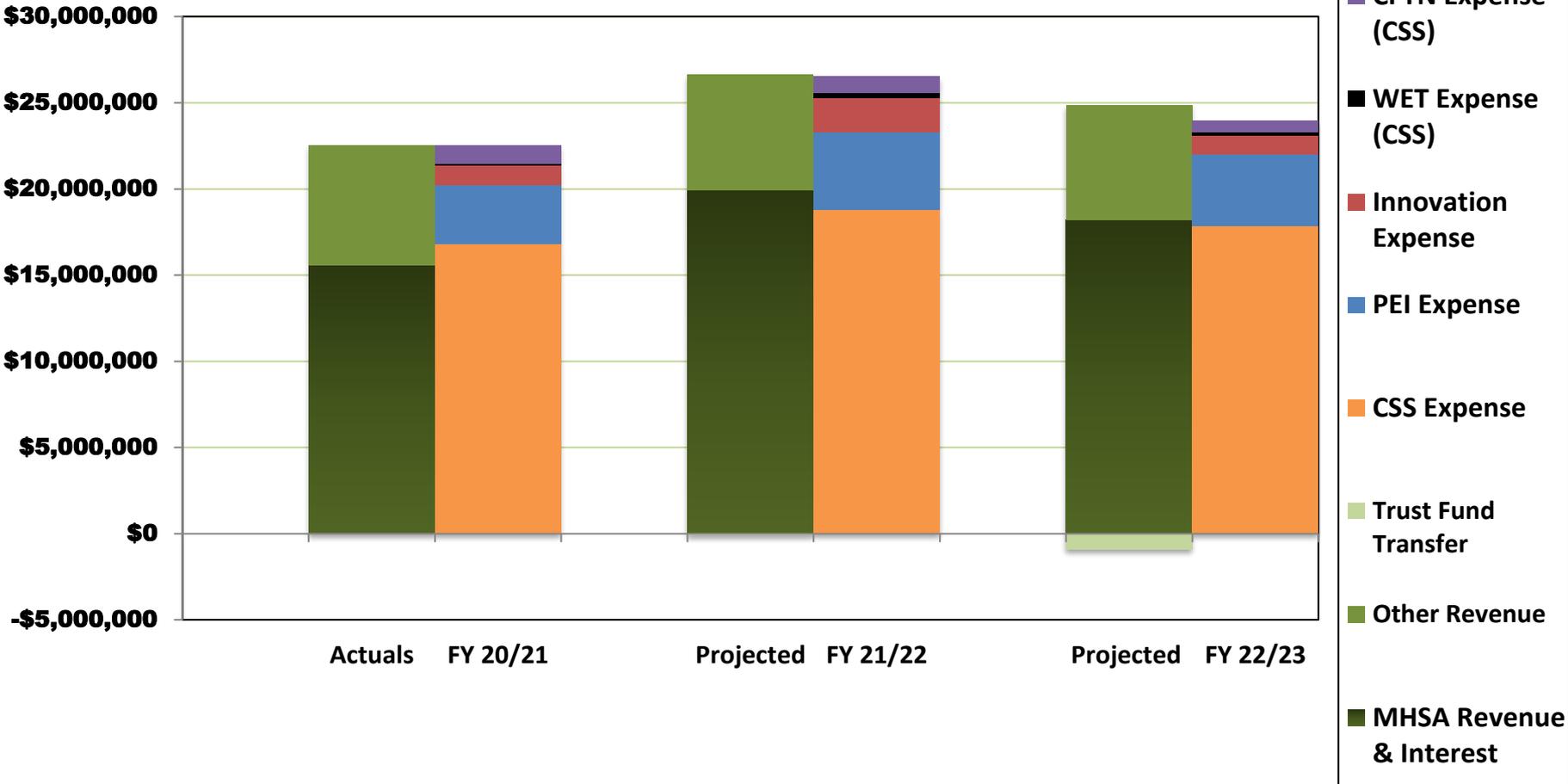
CURRENT:

- **FY 18-22**
 - **SLO ACCEPTance: Cal Poly**
 - **3-by-3: First 5**
- **FY 19-23**
 - **Holistic Adolescent Health: CAPSLO**
 - **B-HARP: Holifield Psychological Services**



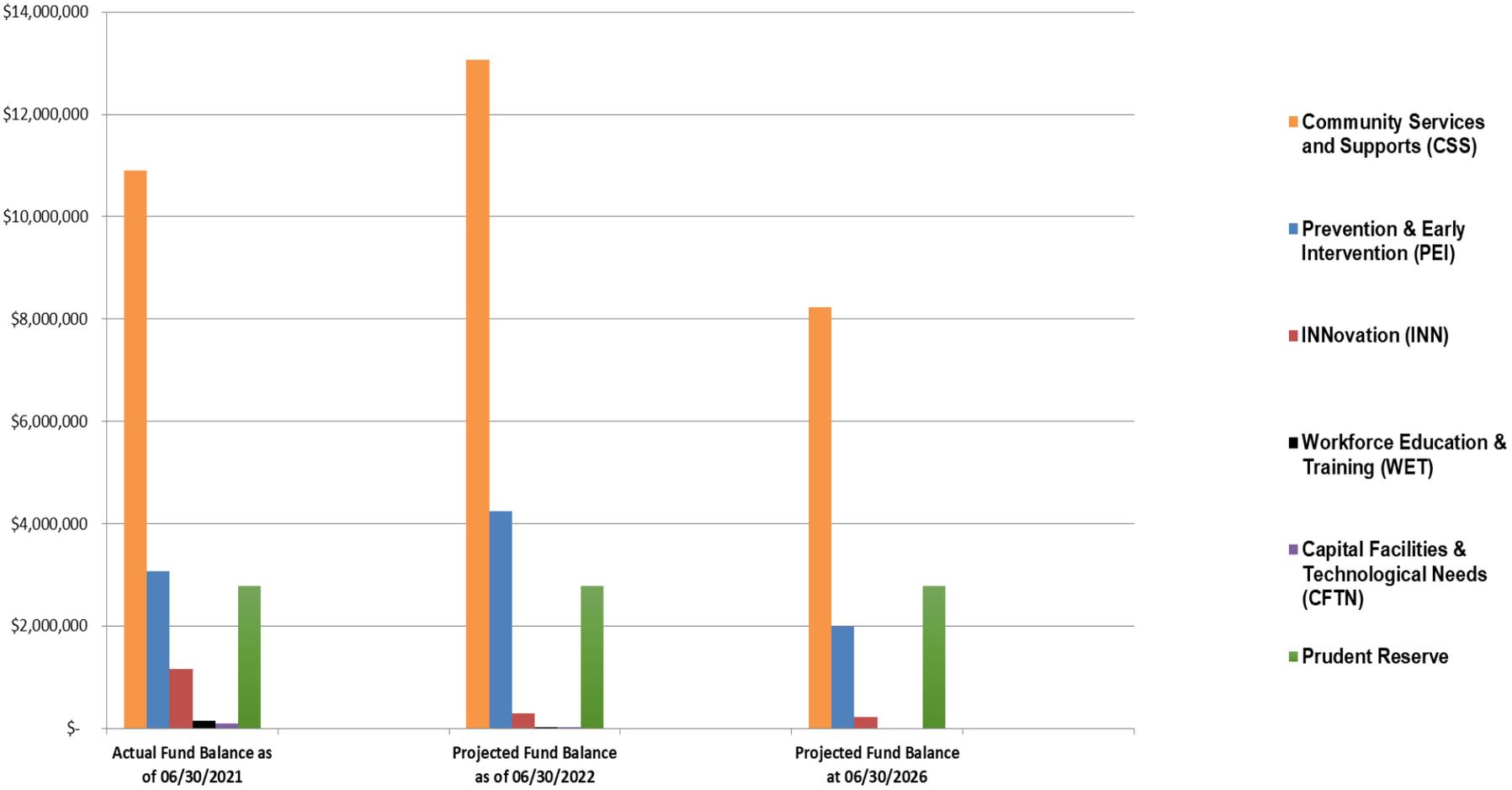
MHSA Fiscal Update

MHSA Revenue and Expenses Projected FY 20/21 – FY 22/23



MHSA Fiscal Update

MHSA FUND Balance Actuals & Projection FY 20/21 – FY 25/26



MHSA Fiscal Update

- **Fund Balance 12/31/2021 (excluding actual PR) = \$19,104,969**
 - Prudent Reserve Fund Balance = \$2,774,412
- **CSS Update:**
 - Full Service Partnership – must be majority of CSS Funding (51%)
 - FY 21/22 current budget approximately 43%
 - With Forensic FSP: 49%
- **PEI Update:**
 - PEI Stakeholders to meet to discuss potential new revenue
- **Released Prudent Reserve to be spent by 6/30/22 = \$717K (after projected expenses)**



- a. CPI-based COLA Change**
- b. CalMHSA EHR, Released PR Request**
- c. Adult Case Manager, Released PR Request**



New Business

- a. **Forensic FSP, Released PR and Ongoing Request**
- b. **Latino Outreach Program Case Managers, Released PR and Ongoing Request**
- c. **Mini Grant Program – Non-Contracted Providers**



Forensic Full-Service Partnership (FSP)



COUNTY OF SAN LUIS OBISPO

Why a Forensic FSP ?

- Criminal Justice involved individuals often have complex needs:
 - Mental Health and Substance Use diagnoses are often under-managed
 - Complicated by varying degrees of incarceration
 - Often symptoms increase while in custody
 - Often lack of follow through with clinic-based treatment upon release which can create a cycle of rearrest and court involvement



Overview of FSP Services

- FSP includes:
 - A team of service providers that are available 24/7 to the partner/individual
 - Wraparound, community-based services with the motto of “Whatever it takes”
 - Voluntary and a partnership between the FSP Team and the partner
 - Targeted goals to support the partner’s return to a lower level of care



How Is Forensic FSP Different ?

- In addition to traditional FSP services, Forensic FSP will:
 - Specialize in the criminal justice and court processes
 - Assist the partner in navigating through the criminal justice system
 - Maintain compliance with criminal justice mandates
 - Having some leverage with justice system incentives and sanctions when needed to motivate behaviors to the partner
 - Address criminogenic thinking, risks and needs to prevent future incarceration, increase prosocial activities and relationships with others through evidence-based practices



Forensic FSP Staffing Request

- 1.0 FTE Division Manager
- 1.0 FTE Program Supervisor (Forensic FSP, BHTC, MHDC, FRS)
- 1.0 FTE FSP Clinician BHC II/III
- 1.0 PSC (BH Specialist)
- .5 FTE Psychiatrist
- 1.0 Medication Manager
- **5.5 FTE total**



Forensic FSP Budget Request

- Total CSS: \$847,412 (ongoing)
 - 5.5 FTE
 - Cell phones, vehicle maintenance, supplies, etc.
- Released Prudent Reserve: \$340,470
 - Startup salaries through 6/30/22
 - Computers and cars



Latino Outreach Program Case Managers



COUNTY OF SAN LUIS OBISPO

Latino Outreach Program

- The primary objective of the Latino Outreach Program (LOP) is to provide culturally appropriate treatment services by bilingual/bicultural therapists in community settings.
- The targeted population is the underserved Latino community, particularly those in identified pockets of poverty in the north and south county areas, and rural residents.



Current LOP Needs

- Program has 5.0 FTE Clinicians throughout the county.
- In past few years we have never been fully staffed.
- Bilingual Clinicians also must provide case management and other supports outside of therapy, leaving less capacity for clients.
- Program serves 120 clients annually.



Case Management Needs

- Population being served by LOP have complex needs.
- Immigration status requires higher level of navigation, including multiple agencies.
- Clients without Medi-Cal need support in accessing healthcare funding support.
- Original program included outreach, which has been shelved in recent years due to demands on Clinicians.



LOP Case Management Request

- 3.0 FTE Behavioral Health Specialists
- FY 21-22 (using Released Prudent Reserve)
 - 3.0 FTE = \$69,962.41 (\$134,924.81 salaries and materials less projected Medi-Cal revenue of \$69,962.41)
- FY 22-23 ongoing CSS Expense
 - 3.0 FTE = \$199, 887.23 (\$394,774.46 salaries and materials less projected Medi-Cal revenue \$194,887.23)



- a. **Veterans Tx Court Expansion Grant**
- b. **No Place Like Home**
- c. **Crisis Expansion Grants**
- d. **CRRSAA/ARPA**
- e. **BHCIP**



Upcoming Meetings

- **March 30**
- **May 25**
- **July 27**
- **September 28**
- **All meetings scheduled for 3:30 - 5:00p.m.**

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www.slobehavioralhealth.org

Thank you ALL.

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