



Thursday August 17, 2017
3:00pm-4:00pm
Veteran's Hall Lounge

Meeting Minutes

1. Welcome, Introductions, and Goals for Meeting

Nestor Veloz-Passalacqua welcomed the stakeholder group at 3:00 p.m. All participants introduced themselves and Nestor presented goals for meeting. Nestor also reviewed the Stakeholder process, format and rules for the meeting (e.g. consensus voting, no rules of order, etc.)

2. PEI Program Update

Nestor went on to give an update of the PEI program updates and added all programs are meeting their goals.

PROGRAM 1:

Mental Health Awareness & Stigma Reduction

1.1 Transitions-Mental Health Association

Social Marketing Strategy

1.2 SLOBHD

Veteran's Outreach

PROGRAM 2:

School-Based Wellness

2.1 Community Action Partnership of SLO

Positive Development Program

2.2 The LINK

PEI Middle School Comprehensive Program & Family Advocate

2.3 SLOBHD

College Wellness Program

PROGRAM 3:

Family Education & Support

3.1 Center for Family Strengthening

Family Education, Training, & Support

3.2 Community Action Partnership of SLO

In-Home Parent Educator

PROGRAM 4:

Early Support for Underserved Populations

4.1 Cuesta College

Successful Launch

4.2 Wilshire Community Services

Older Adult Mental Health Initiative

4.3 SLOBHD

Perinatal Mood Anxiety Disorder

PROGRAM 5:

Integrated Community Wellness

5.1 Community Counseling Center

Community Based Therapeutic Services

5.2 Transitions-Mental Health Association

Integrated Community Wellness

5.3 SLOBHD

Young Adult Counseling

In-Home Parent Educator

Melinda Sokolowski the Family & Community Support Services Division Director from CAPSLO

spoke about the In-Home Parent Education and Advocacy Program with 90 days of data:

Program Goals:

Assist families in:

- Developing parenting skills
- Knowledge of age appropriate expectations
- Age appropriate behaviors
- Increase positive discipline skills
- Increase attached through positive parent/child interactions

Program Staff:

1 Full Time In-Home Parent Educator/Advocate

- Male, bilingual/bicultural, teaching credential, BS degree, and Navy Veteran

Certified in various evidenced based curriculums such as:

- Positive development
- Active parenting (0-18 years old)

- Abriendo puertas/opening doors
- Strengthening families/Parent Cafes (families and dads)

Program Outcomes (April 2017 – June 2017)

16 total referrals from South County

- 14 families accepted services
- 2 families declined or were non-responsive to services

7 families received Parent Education Services

- 28 Evidence based curriculum sessions provided

99 Activities were provided to 14 families

- Activities included resource information, referral assistance, application assistance, forms, translation, consultation to build social emotional and behavioral competencies

2 families graduated parent education sessions

- Education sessions include videos, handouts, activities, and homework

3. Budget

Brianna Hansen gave the budget presentation:

Budget:

- FY 16-17 actuals: \$2.3M
- FY 17-18 adopted budget: \$2.5M
- Planning group looking at a small expansion in FY17-18:
- Potential of \$170K in new expenses. (\$35K CALMHSA)

4. Old Business:

- Student Services Needs Assessment (\$11K): This would be a “one stop guide” for schools with all youth help information.

5. New Business:

Proposal – fund up to \$102,000 for a specialist to provide coordination of the suicide prevention efforts and programs, including:

- Development of countywide suicide prevention initiative and strategic plan,
- Countywide school policy review and training plans,
- Coordination of ongoing meetings of the Suicide Prevention Council,
- Coordination of ongoing trainings, data collection, public communication, etc. (cost based on County Drug & Alcohol Specialist II, plus \$10K of operating expenses)
- Position will be explored with County and others to determine best process for rollout (e.g. RFP, scheduling, work location, schools, etc.)

Frank Warren stated we are waiting for funding approval and the goal will be to start early this school year. Frank held a consensus vote to the Stakeholders and was approved.

The next PEI Stakeholder meeting will be decided.

The meeting concluded at 4:00pm

ATTENDEES:

John Elfers, Henry Herrera, Joe Madsen, Shana Paulson, David Riester, Jeff Smith, Mary Squellati, Ellen Sturtz, Clint Weirick, kim Mott, Briana Hansen, Elissa Feld, Melinda Sokolowski, Jay Bettergarcia, Ann Robin, Meghan Boaz-Alvarez, Karen Donaghe Frank Warren, Nestor Veloz-Passalaqua, Rebecca Redman