

## San Luis Obispo Suicide Prevention Council Meeting January 27, 2021 at 3:00pm

Zoom Link: Join Zoom Meeting

https://slohealth.zoom.us/j/94780566296?pwd=UnizZUthMVh GMFQxTWd1Q0hGcmZ3QT09

- I. Welcome & Announcements
- II. Knowing You Matter
  - a. Cindy Kullman
- III. SLO Hotline Update
- IV. Mental Health First Aid
  - a. TMHA
  - b. County BH
- V. Suicide Prevention Strategic Plan Updates
- VI. Annual Suicide Prevention Report
  Please see attached PDF
  - a. Breakout Groups
  - b. Initial Thoughts?
  - c. Did your agency host/sponsor a suicide prevention event/training?
  - d. Are there community groups/audiences not represented? How to engage moving forward.
  - e. Where to share report.

## **Council Membership**

Access Support Network

Adult Protective Services

AFSP

Area Agency on Aging
Aspire Counseling
Cal Poly

County Behavioral Health
Cuesta College Health Services
Family Care Network
Gala Pride & Diversity Center

Home Instead Senior Care

Hospice of SLO County

LGBTQ+ Mental Health Task Force of SLO County

NAMI

**RISE** 

Sierra Mental Wellness Group
SLO Hotline

Stand Strong

Suicide Loss, Health, and Empowerment Support Group

**TMHA** 

VA Vet Center

Veteran Services Collaborative

Veteran Services Office

Wilshire Hospice Bereavement