

# MRC Newsletter

## IN THIS ISSUE:

- New Staff Member
- Staff Spotlight
- Volunteer Spotlight
- CPACS Updates
- Resources for Medical Reserve Corps
- Joke of the Day
- FAQs
- Contact Us

## WELCOME ABOARD: AMBER

You may have met Amber either at your Just-in-Time training or at one of the Swab Clinics. She was recently brought onto the CPACS team to assist the County in coordinating the Medical Reserve Corps Volunteers. She is excited to continue meeting you all at JIT Trainings, N95 Fit Testing Appointments, and Clinical Swabbing Training!



## STAFF SPOTLIGHT: JON UDER

A San Luis native, Jon worked his way up from Sinsheimer Elementary thru Cal Poly and landed at the County full-time after a 4 year internship with Public Works IT while studying Computer Science. In his normal day job he enjoys the wide range of work Public Works has to offer, from mobilizing field workers, automating water treatment facilities, managing web services, and much more. He enjoys helping everyone leverage new technology whenever possible and assisting a workforce that serves the community. When he heard about the opportunity to help at the CPACS he jumped at the chance to learn medical processes and assist volunteers. In his spare time you'll often find Jon hiking Bishop Peak or cycling on Hwy 1, if he's not in Yosemite for the weekend. A dedicated member of Hufflepuff, his favorite book series is Harry Potter and favorite TV show is Seinfeld.



## VOLUNTEER SPOTLIGHT: ARUL TEIMOURI



Arul recently moved to SLO County from Washington D.C., and an interesting turn of events led him to come to California short-term, and he ended up staying for good! Arul is a teacher and got word of the CPACS from his AirBnB host. He recently read Homo Deus, by Professor Yuval Harari. This book explores how mankind sees themselves as Gods, and how global power might shift as the principal force of evolution – natural selection – is replaced by intelligent design. Arul is an ocean-lover, its magnitude and molecular level, vast yet minute. Each droplet of water, and the huge diversity of the ocean captivates him. After all this is over, he wants to remind everyone that the beach will still be here for us to enjoy!

## CPACS UPDATE: SWAB CLINICS, FIT TESTS, JITT

- Just-In-Time Trainings continue for medical professionals who may serve at the CPACS. Check your email inbox for the sign-up link if you have not yet attended one of these essential trainings!
- Swabbing Clinics are utilizing MRC volunteers to help swab patients referred by doctors.
- Admin roles are also needed for swabbing clinics so stay tuned for our call or email as we begin scheduling for that role.
- N95 Fit Tests are being scheduled for Medical Volunteers.



## IN THE FIELD

Kirin Sweeney is an EMT who recently got trained to conduct swab tests at our Public Health Clinic at 2191 Johnson Avenue.

## MEDICAL RESERVE CORPS: OUR SCOPE

- The SLO Medical Reserve Corps (MRC) has been established as a local emergency medical and public health resource for the communities served by the SLOMRC.
- As a local resource, the SLOMRC members will not normally be deployed outside the San Luis Obispo County Region. However, should the need arise, volunteers may be requested as a Region 1 mutual aid resource during a large-scale emergency.



## JOKE OF THE DAY

Q: What did the man who swallowed money say to the X-Ray Technician?  
A: "Do you see any change in me?"



## FREQUENTLY ASKED QUESTIONS

- Q: What are the Swabbing Clinics?**  
**A:** Swabbing Clinics are testing sites tentatively set to open the third week of May. MRC volunteers will be used to staff these clinics. We are currently training select volunteers. More training to come.
- Q: Do I need to get N95 Fit Tested again if I have already been Fit Tested from my Employer?**  
**A:** If you have already passed an N95 Fit Test, please email the model number of the mask to [hr\\_alternate\\_care\\_site@co.slo.ca.us](mailto:hr_alternate_care_site@co.slo.ca.us). We will check if it is one of the models we stock. If not, you will need to be fit tested for this facility.
- Q: Is there anything left I need to complete to be a volunteer?**  
**A:** If you are not sure if you have completed all the necessary steps to be called upon as a volunteer, please email us and we can confirm your paperwork and training has been complete.

## CONTACT US

If you have a joke for the next newsletter, want to nominate someone for a volunteer spotlight, or have any questions or concerns, send us an email at [hr\\_alternate\\_care\\_site@co.slo.ca.us](mailto:hr_alternate_care_site@co.slo.ca.us) or call us at (805) 781-1722 and ask for Volunteer Coordination!