

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Laura DeLoye

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Second Vice Chair: Linda Loebs

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AGENDA

Friday, January 7th, 2022

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

MEMBER COMMENT: (5 Minutes)

- **Nicole Bennett – “Behavioral Health Benefit”**

GUEST SPEAKERS: (60 Minutes)

- **Dignity Health – Tracey Little, Dignity Health
Molly Kehoe, Dignity Health**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- **Approve December 2021 Synopsis**
- **Vaccine Update**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making and Care**

MEETING LOCATION:

This month's meeting will be available via Zoom

The Zoom link: <https://alz->

org.zoom.us/j/99048120265?pwd=UVFGU1I2MlhPSDFtemdzTDRFenRCZz09

Dial In: 669-900-6833

Meeting ID: 990 4812 0265 Passcode: 996805

NEXT MEETING:

Friday, February 4th, 2022

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
GALA Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
Senior Legal Services Project
Senior Nutrition Program
Senior Volunteer Services (RSVP/CCCV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
SLO Regional Rideshare
Social Services/Adult Services

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Laura DeLoye
 Facilitator: Laura DeLoye
 Recorder: Laura DeLoye

Meeting Called By: Laura DeLoye
 Time: From: 9:00 To: 11:00
 Date: Friday, January 7th, 2022

Location: Via Zoom

Members Present:

1. Laura DeLoye Alzheimer's Association	15. Jim McNamara CAPSLO
2. Sue Gibson SLG Senior Care Placement	16. Savannah Gil San Luis Obispo Council of Governments (SLOCOG)
3. Sadie Weller SLO Legal Assistance Foundation	17. Alexandra Morris Geriatric Care Management & Dementia Consulting
4. Renee Kuhlman Coast Caregiver Resource Center (CCRC)	18. Michele Duero Homefree Solutions for Independent Living
5. Carrie Pardo Los Osos Care	19. Tracey Little Dignity Health Central Coast – Transitional Care Center
6. Michelle Zulim - Clark SLO Health Agency Public Health - Fall Prevention Program	20. Jean Raymond Dignity Health/Health Commission SLO County
7. Juliane McAdam Meals That Connect	21. Barry Johnson Transitions Mental Health Association (TMHA)
8. Clint Weirick John Laird – District 17	22. Fred Munroe Ridership Development Consultants
9. Aaron Pankratz Central Coast Commission for Senior Citizens Santa Maria	23. Joseph Belmont SLO Legal Assistance Foundation
10. Linda Loeb Senior Volunteer Services	24. Jerry Mihaic Independent Living Resource Center in SLO (ILRC)
11. April Lewallen North Central Coast Division at Pathpoint	25. Ilene Brill Jewish Family Services in SLO
12. Paul Garth People's Self-Help Housing	26. Kim Chartrand Hospice of SLO County
13. Molly Kehoe Dignity Health Central Coast – Family Caregiver Support Program	27. Mara Whitten CAPSLO - Adult Day Center in Paso Robles
14. Nicole Bennett CenCal Health – Managed Care Organization	

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>JULIANE MCADAM</p> <ul style="list-style-type: none"> MEALS THAT CONNECT IS TRYING TO HAVE A BIG FUNDRAISER EVENT AGAIN THIS YEAR IN MAY LEAGUE OF WOMEN’S VOTERS WILL BE HAVING THEIR 60TH YEAR ANNIVERSARY THIS YEAR 2022. THEY WILL BE HAVING EVENTS AND SPEAKERS TO MARK THAT ANNIVERSARY. LEAGUE IS DOING VERY WELL THEY PICKED UP 54 NEW MEMBERS IN DECEMBER. <p>BARRY JOHNSON</p> <ul style="list-style-type: none"> TRANSITIONS MENTAL HEALTH ASSOCIATION OFFERS MENTAL HEALTH FIRST AID CLASSES YEAR ROUND, THEY ARE OFTEN FREE IF NOT FREE COVERING COSTS WILL JUST BE MATERIALS AND THE TRAINER. <p>MARA WHITTEN</p> <ul style="list-style-type: none"> CAPSLO ADULT DAY CARE CENTER CURRENTLY HAS OPENINGS OF INDIVIDUALS IN NEED OF CARE. DUE TO COVID CENTER IS ONLY ABLE TO ACCOMMODATE ABOUT 50% OF THEIR CAPACITY. <p>CARRIE PARDO</p> <ul style="list-style-type: none"> LOS OSOS CARE IS CONTINUING TO HAVE THEIR RESOURCE CENTER OPENED TUESDAY, WEDNESDAY, AND THURSDAY FROM 1 -3 PM, AND THEIR COMMUNITY DINNERS ARE HELD EVERY THURSDAY NIGHT. CARE CENTER CURRENTLY HAS A PROGRAM CALLED “ARE YOU OKAY” WHICH PHONES SENIOR CITIZENS IN LOS OSOS AND MORRO BAY. <p>CLINT WEIRICK</p> <ul style="list-style-type: none"> STATE BUDGET WILL COME OUT AT THE LATEST JANUARY 10TH IF NOT BEFORE. KEEP AN EYE OUT FOR THIS, AS FUNDING AFFECTS MANY OF OUR CURRENT PROGRAMS. REDISTRICTING ALSO GOES INTO EFFECT FOR THE ASSEMBLY IN THE CONGRESSIONAL SEATS IN DECEMBER OF THIS YEAR. <p>LAURA DELOYE - ALZHEIMER’S ASSOCIATION</p> <ul style="list-style-type: none"> SUPPORT GROUPS AND DEMENTIA CAREGIVERS EDUCATION CLASSES HAVE MOVED TEMPORARILY BACK TO VIRTUAL
<p>Public Comment</p>	<p>NONE</p>
<p>GUEST SPEAKERS: TRACEY LITTLE & MOLLY KEHOE DIGNITY HEALTH – MARIAN REGIONAL MEDICAL CENTER FAMILY CAREGIVER SUPPORT PROGRAM</p>	<p>PROGRAM DESIGN: HOME SUPPORT</p> <p>WHO IS A CAREGIVER?</p> <ul style="list-style-type: none"> THE FAMILY MEMBER, FRIEND, OR NEIGHBOR JUGGLING THE DAY TO DAY RESPONSIBILITIES AND MEDICAL CARE FOR AN ADULT WITH CHRONIC MEDICAL CONDITIONS <p>GEOGRAPHIC AREA SERVED</p> <ul style="list-style-type: none"> NORTHERN SANTA BARBARA COUNTY AND SAN LUIS OBISPO COUNTY <p>WHAT TO EXPECT</p> <ul style="list-style-type: none"> A COMPREHENSIVE ASSESSMENT IDENTIFYING NEEDS AND LINKING WITH SERVICES, 3 MONTHS OF SUPPORTIVE CASE MANAGEMENT AT NO COST TO THE CAREGIVER

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<p>SOCIAL WORKER FAMILY NAVIGATOR</p> <ul style="list-style-type: none"> • IN DEPTH SUPPORT AND CASE MANAGEMENT FOR THE CAREGIVER INCLUDING AN INITIAL FACE-TO-FACE OR PHONE ASSESSMENT, REFERRALS, AND ONGOING SUPPORT. • TYPED “PLAN OF CARE” LETTER OUTLINING IDENTIFIED AND RECOMMENDED RESOURCES FOR CURRENT AND FUTURE PLANNING • LINKING TO COMMUNITY RESOURCES SUCH AS: COUNSELING, RESPITE CARE, PRIVATE AND COMMUNITY CAREGIVING AGENCIES, TRANSPORTATION, MEALS/FOOD, SUPPORT GROUPS, ALZHEIMER’S ASSOCIATION, VETERANS ASSISTANCE, AND CAPSLO TO NAME A FEW • “POWERFUL TOOLS FOR CAREGIVERS” A SIX-WEEK EDUCATIONAL SERIES FOCUSING ON HELPING CAREGIVERS DEVELOP TOOLS TO REDUCE STRESS, INCREASE HEALTHY COMMUNICATION SKILLS, MANAGE EMOTIONS AND MAKE THOUGH CAREGIVING DECISIONS. • CONTINUED CASE MANAGEMENT/SUPPORT CHECK INS EVERY 2-4 WEEKS. <p>DATA</p> <p>GENDER OF CAREGIVER IN 2020</p> <ul style="list-style-type: none"> • 73.05% FEMALE • 26.95% MALE <p>GENDER OF CARE RECEIVER IN 2020</p> <ul style="list-style-type: none"> • 52.88% MALE • 47.12% FEMALE <p>ETHNICITY OF CAREGIVER AND CARE RECEIVER IN 2020</p> <ul style="list-style-type: none"> • 66% WHITE • 27% HISPANIC/LATINO • 7% OTHER & DTS <p>RELATIONSHIP OF CAREGIVER AND CARE RECEIVER IN 2020</p> <ul style="list-style-type: none"> • 35% WIFE • 25% DAUGHTER • 25% ALL OTHERS • 15% HUSBAND <p>COUNTY OF CAREGIVER 2020</p> <ul style="list-style-type: none"> • 53.1 % SANTA BARBARA • 41.8% SAN LUIS OBISPO • 3.9% OUT OF AREA • 0.8% LOS ANGELES • 0.4% VENTURA <p>CAREGIVER INNOVATION: PARTICIPANTS</p> <ul style="list-style-type: none"> • COMMISSION FOR SENIOR CITIZENS/AAA • DIGNITY HEALTH • CAPSLO • ALZHEIMER’S ASSOCIATION <ul style="list-style-type: none"> ○ CURRENT RESPITE FUNDS AVAILABLE

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • COMMUNIFY • WISDOM CENTER • COAST CAREGIVER RESOURCE CENTER • PROMOTORAS NETWORK • FAMILY SERVICE AGENCY <p>MRMC/DIGNITY HEALTH DEPARTMENTS</p> <ul style="list-style-type: none"> • DIGNITY HEALTH CLINICS • TRANSITIONAL CARE CENTER • HOME HEALTH AND HOSPICE • HOSPITAL CARE COORDINATION • PALLIATIVE CARE <p>WHAT OUR CAREGIVER NEEDED IN 2020</p> <ul style="list-style-type: none"> • COUNSELING, EDUCATION AND SUPPORT • FOOD • BENEFITS • RESPITE • ALZHEIMER'S • HOME MODIFICATIONS, UTILITY, DURABLE MEDICAL EQUIPMENT • TRANSPORTATION • LEGAL • VETERANS <p>GRANT HISTORY 2015-PRESENT</p> <ul style="list-style-type: none"> • ROSALYNN CARTER – INSTITUTE FOR CAREGIVERS • SANTA BARBARA FOUNDATION • ARTHUR N. RUPE FOUNDATION • HENRY MAYO NEWHALL FOUNDATION • EDWIN AND JEANNE WOODS FAMILY FOUNDATION • SISTERS OF ST. FRANCIS OF PENANCE CHRISTIAN CHARITY <p>CONTACT</p> <ul style="list-style-type: none"> • MOLLY KEHOE, LCSW MOLLY.KEHOE@DIGNITYHEALTH.ORG 805-332-8590 • TRACEY LITTLE, ACSW TRACEY.LITTLE@DIGNITYHEALTH.ORG 805-614-2085

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Member Comment	<p>NICOLE BENNETT</p> <p>BEHAVIORAL HEALTH CARVE-IN</p> <ul style="list-style-type: none"> • MENTAL HEALTH BENEFITS FROM MILD TO MODERATE IMPAIRMENT • EFFECTIVE JANUARY 1ST, 2022 <p>RECENT ORGANIZATION CHANGES</p> <ul style="list-style-type: none"> • PREVIOUSLY THE HOLMAN GROUP WAS THE DELEGATE TO OVERSEE MENTAL AND BEHAVIORAL HEALTH BENEFIT • EFFECTIVE THIS YEAR THIS BENEFIT IS NOW MANAGED BY CENCAL HEALTH BEHAVIORAL HEALTH DEPARTMENT <p>INTRODUCING</p> <ul style="list-style-type: none"> • BEHAVIORAL HEALTH DEPARTMENT WILL HAVE TWO MULTI-DISCIPLINARY TEAMS: BEHAVIORAL HEALTH CARE COORDINATION CALL CENTER TEAM AND CLINICAL TEAM. • STAFF ARE LOCAL MEMBERS OF THE COMMUNITY LOCATED IN SANTA BARBARA, VENTURA AND SAN LUIS OBISPO COUNTY <p>IMPROVED ACCESS TO MENTAL HEALTH SERVICES</p> <ul style="list-style-type: none"> • PRE-AUTHORIZATION IS NOT REQUIRED FOR PSYCHOTHERAPY OR MEDICATION MANAGEMENT SERVICES • MEMBERS CAN CALL PROVIDER DIRECTLY TO SCHEDULE APPOINTMENTS • OR CONTACT CENCAL'S HEALTH'S BEHAVIORAL HEALTH CALL CENTER OPENED 8:30 AM – 5:30 PM M-F <p>NEED HELP?</p> <ul style="list-style-type: none"> • MEMBER SERVICES CALL CENTER 1(877) 814-1861 • PROVIDER SERVICES CALL CENTER (805) 562-1676 • TO APPLY FOR MEDI-CAL VISIT YOUR LOCAL DEPARTMENT OF SOCIAL SERVICES OFFICE, OR CLIENTS CAN APPLY OR MEDI-CAL THROUGH COVERED CALIFORNIA ON THE MY BENEFITS CALWIN WEBSITE. <p>SAVANNAH GIL</p> <p>SLOCOG</p> <p>KNOW HOW TO GO! PROGRAM IS GOING TO BE APPLYING FOR FIVE THREE TEN GRANT FUNDING. SOME OF THE AGENCIES WORKED WITH IN THE PAST WILL BE REACHED OUT TO REQUEST LETTERS OF SUPPORT TO HELP OUT WITH THE GRANT APPLICATION FOR THIS FUNDING.</p>
Corrections/Additions to the Synopsis	DECEMBER'S SYNOPSIS ACCEPTED AS WRITTEN
Action Items	<p>APPROVE DECEMBER 2021 SYNOPSIS</p> <ul style="list-style-type: none"> • A MOTION WAS MADE BY SAVANNAH GIL TO APPROVE THE SYNOPSIS AS WRITTEN, JEAN RAYMOND SECONDED THE MOTION. <p>VACCINE UPDATE</p> <ul style="list-style-type: none"> • PRESS RELEASE THAT WENT OUT ON THE 4TH OF THIS MONTH STATES THAT THE COUNTY HAS 2,021 NEW CASES OF COVID19 • HOSPITALIZATIONS HAVE INCREASED WITH 30 SLO RESIDENTS THAT ARE CURRENTLY HOSPITALIZED • INCREASE TO 191 CASES THAT WENT UP FROM 72 CASES IN JUST ONE WEEK, HIGHEST ITS BEEN SINCE JANUARY 2021 • COUNTY REQUESTING TO CONTINUE TO MASK, BE VERY COGNIZANT OF RECOMMENDATIONS AND TO GET YOUR VACCINE AND BOOSTER IF YOU HAVE NOT GOTTEN IT ALREADY

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <ul style="list-style-type: none"> • JEAN RAYMOND MENTIONED THAT IF ANYONE IS INTERESTED IN JOINING THE GROUP CONTACT HERSELF OR KIM CHARTRAND • THERE HAS BEEN A GROUP SINCE THE BEGINNING OF THE COALITION FOR COMPASSIONATE CARE THROUGH SLO HOSPICE; JEAN RAYMOND IS A SUPPORTER THERE. GROUP WAS REAL ACTIVE IN THE BEGINNING GOING OUT THROUGH THE LIBRARIES AND GETTING OUT THE WORD, UNFORTUNATELY AFTER COVID EVERYTHING SHRUNK DOWN • A MEETING WILL BE HELD TO GET INPUT, GOING THROUGH WHO IS IN THE BOOKS

The next meeting is: Friday, February 4th, 2022 Time: 9:00 AM
Location: Via Zoom