

# ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones  
**Immediate Past Chair: Laura DeLoye**  
First Vice Chair: Paulina Flores Jimenez  
**Second Vice Chair: April Lewallen**

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## Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council  
Behavioral Health Board  
Commission on Aging  
County Board of Supervisors  
Health Commission  
SLO Supportive Housing Consortium

## Elected Officials

CA Senator John Laird, 17<sup>th</sup> District  
U.S. Congressman Salud Carbajal, 24<sup>th</sup> District

## Non-Profit Agencies

Access Support Network  
Alzheimer's Association  
Area Agency on Aging  
CenCal Health  
Central Coast Hospice  
Coast Caregiver Resource Center  
Community Action Partnership of SLO (CAPSLO)  
Community Health Centers (CHC)  
Dignity Health-French Hospital Medical Center  
Gala Pride and Diversity Center Senior Advocacy  
Hospice of SLO County  
Independent Living Resource Center  
Lifesteps Foundation  
Los Osos Cares  
LTC Ombudsman Services of SLO County  
North County Connection  
PathPoint  
Peoples' Self Help Housing  
Ride-On Transportation  
San Luis Obispo Legal Assistance Foundation  
Senior Nutrition Program  
Senior Volunteer Services (RSVP/3CV/PLS)  
SLO Hep C Project  
SLO Hotline  
San Luis Obispo Legal Assistance Foundation  
SLO Village  
Transitions-Mental Health Association  
Tri-Counties Regional Center  
United Cerebral Palsy  
United Way of SLO County  
Wilshire Community Services

## Private Organizations

Amdal In-Home Care  
Bella Vista Transitional Care  
Home Instead Senior Care  
Mariposa Music Therapy/Arts for Living  
Maxim Healthcare Services  
Ridership Development Consultants  
Senior Living Consultants

## Public Agencies

San Luis Coastal Adult School  
San Luis Obispo Council of Governments

## San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services  
District Attorney / Victim Witness Assistance  
Public Health  
Probation Department  
Sheriff Department  
Social Services/Adult Services

## AGENDA

Friday, November 3<sup>rd</sup> 2023  
9:00 a.m. - 11:00 a.m.

### INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

### PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

### MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

- **April Lewallen - PathPoint**

### GUEST SPEAKERS: (45 Minutes)

- **Angelita Miranda, Founder - Senior Angels of the Central Coast**
- **Daniel Robles, Home Instead Seniors – Be a Santa to A Senior Program**

### CORRECTIONS / ADDITIONS TO THE SYNOPSIS

### ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

### COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Strategic Planning Ad Hoc Group**
- **Healthy Brain Initiative Needs Assessment**

### MEETING LOCATION:

**Social Services - Third Floor, Room 358**  
**3433 S. Higuera St, San Luis Obispo**

**NEXT MEETING:**  
**December 8<sup>th</sup>, 2023**

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of \_\_\_\_\_  
adults and seniors. Our vision is safe and supported adults and seniors with  
access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones  
 Facilitator: Karen Jones  
 Recorder: Danielle Raiss

Meeting Called By: Karen Jones  
 Time: From: 9:00 AM To: 11:00 AM  
 Date: November 3<sup>rd</sup>, 2023

Location: 3433 Empleo St, SLO

### Members Present:

Becca Carsel – Public Health	Laura DeLoye – Alzheimer’s Association
April Lewallen – Pathpoint	Jean Raymond – SLO Health Counts / Dignity
Jessica Devereaux – Wilshire Community Services	Karen Jones – LTW
Laura DeHaven – Wilshire Hospice	Nicki Edwards – SLO Village
Paige Anderson – SLOCOG	Danielle Raiss – DSS
Rod Brown – GCM	Linda Beck – LADPG
Karen Florian – Cottage CCRC	Jerry Mihaic – ILRC
Paul Garth – VASH	Daniel Robles – Home Instead
Jen Miller – SLOPHD	Paulina Flores Jimenez – SLOPHD
Sally Kruger – SLO Village	Aaron Pankratz – AAA CCCSC
Tonya DeRose – THMA	Kim Chartrand – Hospice SLO
Angie Miranda – Senior Angels	Andrea Keisler – SLO Food Bank
Sue Gibson – SLG Senior Care	Betty Purify - PSHHC

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<p>LAURA DELOYE</p> <ul style="list-style-type: none"> <li>• REMINDER THAT IN PERSON SUPPORT GROUPS AND ONLINE SUPPORT GROUPS ARE AVAILABLE</li> </ul> <p>AARON PANKRATZ</p> <ul style="list-style-type: none"> <li>• CCCSC NOW HAS AN ONLINE, FUNCTIONING DATABASE FOR REFERENCE</li> </ul> <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> <li>• ILRC IS EXPANDING OIB PROGRAM TO LARGER CLIENT BASE</li> </ul>
Member Spotlight	<p>APRIL LEWALLEN – PATHPOINT</p> <ul style="list-style-type: none"> <li>• PATHPOINT IS A PERSON-CENTERED ORGANIZATION THAT PROVIDES SERVICES FOR ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES.</li> <li>• APRIL TAUGHT PRESCHOOL AND DAYCARE FOR THIRTEEN YEARS THEN WORKED FOR YMCA FOR TWENTY-THREE YEARS, BEFORE STARTING WITH PATHPOINT ABOUT FIVE YEARS AGO. SHE IS ALSO A VOLUNTEER AT SLO VILLAGE.</li> <li>• PATHPOINT SERVICES EXTEND SLO COUNTY DOWN INTO SB COUNTY. THREE LOCATIONS: GROVER BEACH, LOMPOC, AND SAN LUIS OBISPO. THE ORGANIZATION UTILIZES ONE-PAGE PROFILES. THE PROFILE COVERS THREE DIFFERENT AREAS: WHAT IS IMPORTANT TO THE INDIVIDUAL, WHAT DO PEOPLE LIKE/ADMIRE ABOUT THE INDIVIDUAL, AND WHAT DO PEOPLE TO NEED KNOW TO BEST SUPPORT THE INDIVIDUAL.</li> </ul>
Guest Speakers	<p>ANGELITA MIRANDA – SENIOR ANGELS OF THE CENTRAL COAST</p> <ul style="list-style-type: none"> <li>• THE GOAL OF SENIOR ANGELS IS TO PROVIDE ASSISTANCE FOR EXISTING AGENCIES, AS WELL AS FOR SENIORS WHO ARE LACKING SUPPORT. FOR EXAMPLE, THEY MAY START DRIVES/DONATIONS FOR SENIORS OR PAIR THEM WITH FAMILIES OR DONORS. LAST YEAR THEY PROVIDED 200 GIFTS TO MEALS-THAT-CONNECT SO SENIORS COULD RECEIVE A GIFT WITH THEIR FOOD.</li> <li>• CURRENTLY SENIOR ANGELS IS A SEASONAL RESOURCE FOR THE HOLIDAYS, BUT THE GOAL IS TO MAKE IT A YEAR-ROUND RESOURCE</li> <li>• SENIOR ANGELS HAS GROWN OVER THE LAST COUPLE YEARS</li> <li>• MANY GIFTS FOR SENIORS TEND TO BE CLOTHES, BLANKETS, AND COSMETICS</li> <li>• THIS YEAR THEY ARE IMPLEMENTING A SENIOR WISH PROGRAM AND HOLIDAY DINNER ACROSS MULTIPLE CARE FACILITIES IN THE COUNTY</li> <li>• MORE INFO CAN BE FOUND ON SENIORANGELSOFTHECENTRALCOAST.ORG</li> </ul> <p>DANIEL ROBLES – HOME INSTEAD SENIORS</p> <ul style="list-style-type: none"> <li>• VERY SIMILAR TO SENIOR ANGELS, IN THAT THE GOAL IS TO PROVIDE GIFTS/NECESSITIES TO SENIORS IN NEED. THEY ALSO PARTICIPATE IN “HILARITY FOR CHARITY” TO HELP SUPPORT CAREGIVERS ARE ALSO LOOKING INTO STARTING A CONCIERGE SERVICE TO PROVIDE CAREGIVERS FOR WELLNESS CHECKS . THE ORGANIZATION HAS A WIDE REACH INCLUDING ISOLATED CLIENTELE IN CRESTON, ADELAIDE ETC.</li> </ul>
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> <li>• Synopsis accepted with noted corrections. Laura Edwards abstained.</li> </ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Action Items	<p><b>APPROVE</b></p> <ul style="list-style-type: none"> <li>• JEAN RAYMOND MOTIONS TO APPROVE APRIL LEWALLEN AS THE SECOND VICE CHAIR. PAULINA FLORES JIMENEZ SECONDS. ALL IN FAVOR. MOTION CARRIED.</li> </ul>
Committee Updates as Needed	<p>UPDATE ON HEALTHY BRAIN INITIATIVE:</p> <ul style="list-style-type: none"> <li>• BECCA CARSEL FEATURED AS CONSULTANT FOR HBI. QUESTIONS WERE PRESENTED REGARDING BRAIN HEALTH EDUCATION. THIS EDUCATION SPECIFICALLY TEACHES PEOPLE ABOUT HEALTHY HABITS THAT PROMOTE COGNITIVE ABILITY. TWO QUESTIONS WERE PRESENTED: WHAT LOCAL RESOURCES CURRENTLY EXIST TO EDUCATED THE COMMUNITY ABOUT BRAIN HEALTH AND DEMENTIA PREVENTION, AND WHAT MORE COULD WE BE DOING TO EDUCATE THE COMMUNITY?</li> </ul> <p>LOCAL AGING AND DISABILITY PLANNING GRANT ADVISORY COMMITTEE:</p> <ul style="list-style-type: none"> <li>• RECEIVED FOUR RESPONSES FOR REQUEST TO PROPOSAL FOR CONSULTANTS TO WORK ON THE UPFRONT DATA COLLECTION AND ASSESSMENT PORTION OF THE GRANT PROCESS. EXPECTATION IS THAT A CONSULTANT WILL BE ONBOARD BEFORE CALENDAR YEAR END.</li> <li>• THE SLO HEALTH COUNTS STEERING COMMITTEE IDENTIFIED THREE TOP NEEDS IDENTIFIED IN THE ASSESSMENT: ACCESS TO HEALTH CARE, AFFORDABLE HOUSING AND MENTAL HEALTH ISSUES. HEALTHY NEIGHBORHOODS WAS ALSO IDENTIFIED.</li> </ul>
	<ul style="list-style-type: none"> <li>•</li> </ul>

**The next meeting is: December 1st, 2023**

**Time: 9:00 AM**

**Location: Empleo St. Conference Room #1, San Luis Obispo**