

*Did you know that we offer
Detoxification Services?*



**The County of San Luis Obispo
Department of Behavioral Health**

Drug and Alcohol Services

2180 Johnson Avenue
San Luis Obispo, CA 93401
(805) 781-4753

DETOXIFICATION SERVICES

We provide interventions aimed at managing acute withdrawal as part of caring for substance-related disorders:

- 1 . Evaluation:** Screening for mental and physical conditions.
- 2 . Stabilization:** Medical and psychosocial patient support often with assistance of medications.
- 3 . Fostering:** Supporting patient through a complete substance abuse treatment continuum of care.

SAN LUIS OBISPO
COUNTY

DEPARTMENT OF
BEHAVIORAL
HEALTH

DRUG AND ALCOHOL
SERVICES

Facts and Information

Detoxification



ALCOHOL WITHDRAWAL TREATMENT

SERVICES

To assist with the process of **alcohol withdrawal**, we provide screening, assessment, treatment or referrals for individuals at risk of physical harm with the cessation of alcohol use.

TREATMENT

For those at risk for harm from alcohol cessation, detoxification includes use of **Librium** or other appropriate **benzodiazepine**. The medication may be prescribed in conjunction with the person's primary care physician or by the medical staff at Drug and Alcohol Services. The length of treatment may vary from three days or more depending on individual severity.

OUTCOME

At the end of the detoxification process, the person will be encouraged to participate in recovery services including, but not limited to DAS outpatient treatment services, NA/AA, and/or a recovery maintenance facility.

OPIATE WITHDRAWAL TREATMENT

SERVICES

To assist with the process of withdrawal from opiates (oxycontin/heroin/pain medication) we use a medication called **Suboxone** (buprenorphine/naloxone).

Suboxone is a synthetic opiate prescribed for the treatment of opioid dependence to:

1. **Suppresses symptoms of opiate withdrawal**
2. **Decreases craving for opiates**

TREATMENT

The outpatient treatment course for detoxification is approximately 30 days (excluding weekends). **The treatment takes place in the San Luis Obispo clinic only.** The client will also be expected to participate in DAS outpatient treatment services, at the clinic of their choice, while in detox services.

Payment for the detoxification services include: Cen-Cal (Medi-Cal), \$242.

OUTCOME

At the end of the detoxification process, the person will be encouraged to continue in recovery services including, but not limited to DAS treatment services, NA/AA, a recovery maintenance facility, or Suboxone maintenance.

METHAMPHETAMINE WITHDRAWAL SUPPORT

SERVICES

Methamphetamine withdrawal rarely requires medical intervention. Individuals who are struggling with specific methamphetamine withdrawal symptoms may be assessed by the medical staff while in outpatient treatment services.

TREATMENT

Medical treatment services for protracted methamphetamine withdrawal are based on individual need.

OUTCOME

Any medical assistance for methamphetamine withdrawal will be provided in conjunction with outpatient treatment services and will support continued treatment.