

Appendix 1: Detox Resources

Updated List of current available Detoxification and Treatment Resources and Sober Living Environments

The following updated documents are provided for a list of the current available detoxification and treatment resources and sober living environments, both in San Luis Obispo County and outside of the County.

Document 1 is the San Luis Obispo County Substance Abuse Treatment and Recovery Grid. This document is a visual diagram of the available resources in the following categories: Community Based Recovery, Youth Prevention, Fee for Service Mandated Programs, Detoxification, Outpatient Treatment, Sober Living Environments, and Inpatient/Residential. The County continues to maintain a contractual relationship with Good Samaritan in Santa Maria and Lompoc for residential and detoxification services even though they are not listed on this diagram.

Document 2 is the San Luis Obispo County Residential and Sober Living Environment Capacity as of July 2013. Over the past year, many gains have been made to increase both the number of beds available and the capacity of the providers. As such, we have two significant facilities opening up in the near future: House of Serenity and Bryan's House. House of Serenity will be located in Los Osos and is a six bed facility for women staffed with certified alcohol and drug counselors as well as having medical oversight by Dr. Ken Starr. He can also provide detoxification services. Bryan's House is anticipated to be opened in Paso Robles in September 2013 and will provide residential services to Women with Children staffed by certified alcohol and drug counselors. The longer term vision is that many of the current locally operated Sober Living Environments will choose to raise up to the level of State certified and/or licensed residential programs.

Document 3 is SLO COUNTY SOBER LIVING ENVIRONMENTS, RESIDENTIAL TREATMENT and OUTPATIENT SERVICES (October 2012). This list is available, maintained and provided to all citizens seeking treatment services as requested by County Drug and Alcohol Services. (Disclaimer): This list is provided as a resource only. No endorsement or referral to any particular program should be assumed. Be a careful consumer and ask questions.

Document 4 is the brochure for the County's Outpatient Detoxifications Program. This brochure is available for distribution. The County provides outpatient detoxification for opiates and alcohol, and methamphetamine withdrawal symptom management. Detoxification for benzodiazepines and legally prescribed pain management medications are not currently provided by the County's program.

Document 5 is the Detoxification and Medication Assisted Treatment referral list for the county's providers of suboxone medication (used in the detoxification from opiates). This flyer is available for distribution. There is also a website maintained at www.suboxone.com to locate physicians.

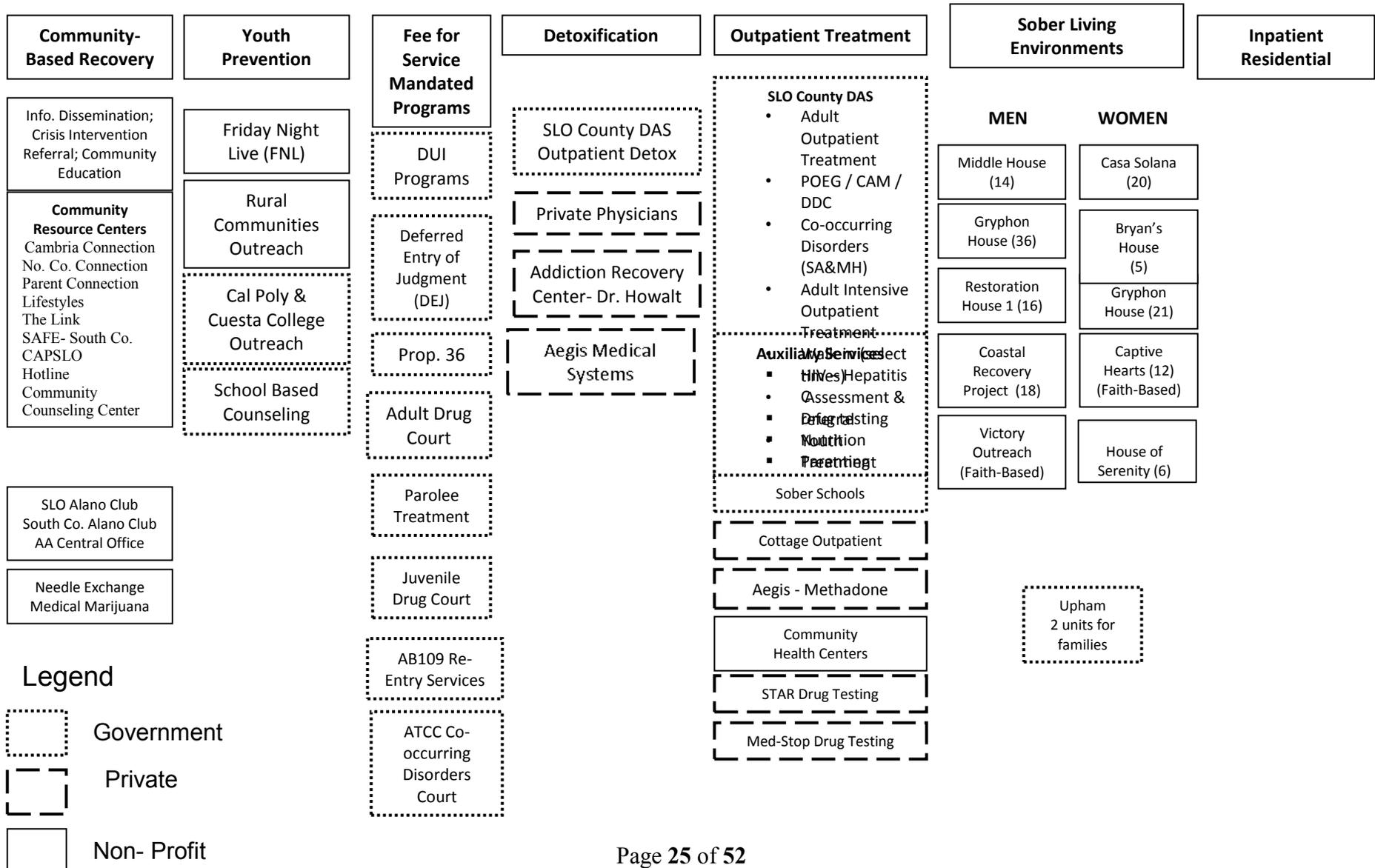
Document 6 is the Suboxone-Buprenorphine Medical Providers in San Luis Obispo and Santa Barbara Counties. Only in the recent past, have private medical providers in their private offices been able to prescribe suboxone, buprenorphine and other substance use disorder medications. This flyer is available for distribution.

Document 7 is looking at the surrounding 100 miles to San Luis Obispo County and the State recognized clinics and facilities for detoxification. This information comes from www.adp.ca.gov and is continually updated. (Note ADP website will become DHCS (www.dhcs.ca.gov) soon). There are 18 providers within 100 miles currently providing detoxification services. At this website, you can sort by service (such as detoxification) and various other variables (such as population, gender, cost, etc).

Documents 8 and 9 are provided by the Department of Alcohol and Drug Programs, Licensing and Certification Division. The first document illustrates, throughout the State of California by County, the number of licensed treatment facilities, certified residential programs, and certified nonresidential programs (profit and non-profit). The second document illustrates the licensed residential capacity (number of facilities and number of beds) available by County. While this data is not specific to detoxification, many residential facilities provide detoxification as the first part of a residential stay.

Document 10 is a listing of all of the non-profit Salvation Army residential facilities. These facilities are not restricted by geographic residency requirements and they are free of charge. These facilities are partially funded by the Holiday Bell Ringing campaigns.

**Substance Abuse Treatment & Recovery Resources of San Luis Obispo
Document 1 – Recovery Resources County revised 7/2013**



Document 2 – Sober Living Environments

**Sober Living Environments
in San Luis Obispo County
(revised July 2013)**

Provider (Location)	Target population	# of beds	Comment
Middle House (SLO)	Men (no children)	14	Not interested in expansion
Gryphon Society (SLO)	Men (no children)	8	
Gryphon Society (AT)	Men (no children)	15	
Gryphon Society (GB)	Men (no children)	13	
Coastal Recovery Project (GB)	Men (no children)	9	
Coastal Recovery Project (SLO)	Men (no children)	9	
Restoration House 1 & 2 (So Co)	Men (no children)	16	
Captive Hearts (Oceano)	Women (no children)	4	Not interested in expansion
Captive Hearts (AG)	Women (no children)	8	Not interested in expansion
Gryphon Society (PR)	Women (no children)	11	
Gryphon Society (SLO)	Women (no children)	10	2 different houses
Casa Solana (GB)	Women (no children)	12	Not interested in expansion
Casa Solana II (GB)	Women (no children)	8	Not interested in expansion
House of Serenity (SLO)	Women (no children)	9	New facility 7-15-13
Bryan's House (PR)	Women with Children	5	New facility 9-1-13
Upham Apts (SLO)	Families	2 units	County operated
Total Capacity		153	

Document 3 – Sober Living, Residential and Outpatient Treatment**SLO COUNTY SOBER LIVING ENVIRONMENTS, RESIDENTIAL
TREATMENT and OUTPATIENT SERVICES October 2012**

(Disclaimer): This list is provided as a resource only. No endorsement or referral to any particular program should be assumed. Be a careful consumer and ask questions.

***Alano Club 1814 Osos Street San Luis Obispo, CA 93401 805-704-6483	Shon Hand, Manager Has sober living quarters above the Alano Club
***Cambria Connection 870 Main Street Cambria, CA 93428 805-927-1654	Self help groups, early intervention, treatment, prevention, and referrals service (Drop In Prevention Center)
***Captive Hearts 882 West Grand Avenue Grover Beach, Ca 93433 805-481-4500	Faith-based facility for females aged 18+. Six beds Sober Living Environment
***Casa Solana I and II 383 S. 13 th Street Grover Beach, CA 93433 805-481-8555 805-481-8556	Ten-bed facility for females aged 18-72. (12 step based program – some dual diagnosed probationers). Initial program is 90-days. Follow up can be six months in second transition house if space available. Random drug testing & full time manager. Sober Living Facility.
***Coastal Recovery Project 941 Nice Street Grover Beach, CA 93433	Sober Living Facility for men, ages 18+
*Cottage Care Outpatient 1035 Peach Street San Luis Obispo, CA 93401 805-541-9113	Adults only/\$4790 for program may take up to a year. Three phases of the program: 1. 4 meetings per week for 20 weeks 2. 2 meetings per week for 16 weeks 3. 1 year of follow up (no charge for longer) Must also attend 2 AA meetings per week & have an AA sponsor. Outpatient treatment.
*Drug and Alcohol Services 2180 Johnson Avenue San Luis Obispo, CA 93401 San Luis Obispo 805-781-4275 Grover Beach 805-473-7080 Atascadero 805-461-6080 South Street 805-781-4861	Outpatient treatment programs : Adult, perinatal moms, parenting for dads ; youth and family ; Dependency Drug Court ; Prop 36 ; Family counseling and support ; education and didactic groups ; UA testing ; licensed and/or certified staff. State certified outpatient, daycare, and outpatient detoxification treatment services.
***Gryphon Society P.O. Box 13921, SLO-93406 805-550-8140 men-Fredrick Chaney (Bull) 805-550-7928 SLO 805-459-8735 Atas. men's house 805-473-3255 (South County house) 805-458-2277 G.B.	7 Sober living homes for adult males, 2 for adult females 18-72 addicted to alcohol or drugs. Must stay 90 days. No serious mental disorders. Initial phone interview and then a face-to-face interview. \$700 per month- includes room & board. SSI Discounted.
***Lifestyles 715 24 th Street Paso Robles, CA 93446	Recorded Information Drop in and prevention services for the underserved population

805- 238-2290	Various classes and 12-Step and Recovery meetings/groups
*Mental Health Services – SLO County 2178 Johnson Avenue San Luis Obispo, CA 93401 San Luis Obispo 805- 781-4700 Arroyo Grande 805- 473-7060 Atascadero 805- 461-6060 South Street	Community Mental Health Outpatient Treatment Services
***Middle House 2939 Augusta San Luis Obispo, CA 93401 805- 544-8328	Men’s Sober Living House – approx. \$130/ week – needs to have a job. No serious mental disorders.
***North County Connection 8600 Atascadero Avenue Atascadero, CA 93442 805- 462-8600	Self help groups, early intervention and prevention referral service. Information clearinghouse.
***Restoration House South County	Rick Harvey, Manager at 805-710-3032 Larry, House Manager at 805-459-0748

- * Licensed Facility
- ** State Certified
- *** Registered House
- **** Non-registered house/program

IN PATIENT AND RESIDENTIAL PROGRAMS – OUT OF SLO COUNTY
(Not all are certified or licensed)

(Disclaimer): This list is provided as a resource only. No endorsement or referral to any particular program should be assumed. Be a careful consumer and ask questions.

Adult Rehabilitation Center (Salvation Army) 120 19th Street Bakersfield, CA 93301 661-325-8626 (see separate handout for more locations)	Men & Women 6 months
ASA- A Spiritual Abode 830 West Church Street Santa Maria, CA 93456 805-925-1352	Licensed/Certified Non-profit Facility Structured Sober Living Non-medical can bring Rx to take Males/Females 1yr. Residential
Beacon House 468 Pine Avenue Pacific Grove, CA 93950 831-372-2334 www.beaconhouse.org	Private Pay/Insurance \$21,450 1 st 30 days 30-90 day + program 18yrs and up Sober living aftercare Outpatient Services
Bethel House Santa Barbara Rescue Mission 535 East Yanonali Santa Barbara, CA 93105 805-966-1316	Clients must fill out app. Employee will call to set up initial appt. after app. has been received Females only

Betty Ford Center 39000 Bob Hope Drive Rancho Mirage, CA 92270 (760) 773-4100	30 day hospital based program (\$24,000) Detox. Services available No Insurance Accepted
The Camp 3192 Glen Canyon Road P.O. Box 66569 Scotts Valley, CA 95067 800-924-2879/831-438-1868 camprecovery.com	30 Day in house detox. Treatment (\$15,500 min.) Residential services for adults
Casa Latina 1430 Junewood Way Oxnard, CA 93030 805-988-1560	90 day to six month program for women and children 12 Step Based Sliding-scale fee
Casa Seca (SLE) 1613 North Broadway Santa Maria, CA 93458	Recovery home for men Min 6 month stay (\$515 per month) 12 Step Based Client must call for initial interview
Casa Serena 1515 Bath Street Santa Barbara, CA 93101 805-966-1260	90 day program for women (\$2,400 per month) 12 step sober living Scholarships available depending on income
Oliver House (Casa Serena Afiliate)	Client must call for brief phone interview and to schedule on-site interview. Clinical program manager is an LMFT, staffed by interns, trainees, and DAS staff. Prefer that Casa Serena program in done first Antidepressants are okay No pain, sleep, or muscle relaxer medications Women with children
Centerpoint 1601 Second Street Suite 104 San Rafael, CA 94901 415-456-6655	Men's residential Women's residential (allows children 5 and under) Outpatient services County funded
Cottage Care Hospital 320 West Pueblo Street P.O. Box 689 Santa Barbara, CA 93101 805-682-7111	In-patient setting 28 day program (\$14600) Outpatient program also available
Delancy Street 600 The Embarcadero San Francisco, CA 94107 415-512-5104	Hardcore program for those strongly motivated to make lifestyle changes. 2 year program No fee 24/7 intake
MHS Family Recovery Center 1100 Sportfisher Drive Oceanside, Ca 92054 760-439-6702	Residential, day treatment and next step programs with many services including drug testing, drug counseling and education, prenatal care Sliding scale

Eleventh Hour Residential Program 5639 East Park Circle Fresno, CA 93727 559-454-1819	Day Treatment: \$325/day - Intensive Outpatient: \$170 per session Transitional Living: \$100/day Private pay/Insurance Scholarships may be available Male/Female
Good Samaritan Programs 401 West Morrison Avenue Santa Maria, Ca 93458 805-347-3338	Overnight housing Meals for men, women, and children Women and Children preferred Maximum 30 day stay
Impact 1680 North Fair Oaks Pasadena, Ca 91103 323-681-2575	Long Term Residential (4-6 months) Adult men and women Extensive group counseling component Individual counseling carried out in three phases Sliding scale fee
Jelani Inc. 1601 Quesada Avenue San Francisco, CA 94124 415-822-5977	6-9 month residential program for women who are pregnant or parenting Up to two children age 5 and up as well as babies
Newhall Manor 415-822-5977 Fax: 415-822-5943 Intake Coordinator: 415-822-5945 Program Supervisor: 415-970-9145	6-9month family program Serves one or two parent families with children, including single fathers.
Janus of Santa Cruz 516 Chestnut Santa Cruz, Ca 95060 831-423-9015	Residential drug and alcohol treatment program for AA meetings, education, and counseling Serves Santa Cruz county Non-medical facility for women and children, and dual diagnosis. \$6,000 per month
New House II 227 West Hayley Street Santa Barbara, Ca 93101 805-962-8248	Men's Sober Living homes \$24/day Client must call to schedule interview Treatment program, and Sober living environment only (Social model)
New House III 2434 Bath, Santa Barbara, CA 93101 805 563-6050	Men's Sober Living homes \$30/day 3 meals included
New Life Community Services 707 Fair Avenue Santa Cruz, CA 95060 831-427-1007/831-458-1668	Residential, outpatient treatment for 6 months 12 Step social model recovery for men, women and children Sliding fee scale starting at \$28 per day
Phoenix of Santa Barbara 107 East Micheltorena Street Santa Barbara, CA 93101 805-965-3434	Dual diagnosis program Psychiatric evaluations, drug and alcohol treatment, and support groups Non-profit Serves Santa Barbara county Accepts Medi-Cal
Progress House, Inc. 838 Beach Court Coloma, CA 95613 530-626-9240 Ask For Sean	Men's Residential Program 1-3 months \$4,500 per month for 30 days VA eligible
Progress House II 5607 Mount Murphy Garden Valley, CA 95633 530-626-9240 Ask For Sean	Women's Recovery Children's Recovery

Promises Treatment Center 3743 S. Barrington Avenue Los Angeles, Ca 90066 310-390-2340 866-783-4287 http://www.promises.com	Men and women 30 day IP Detox available
Prototypes 2150 North Victoria Oxnard, CA 93036 805-382-6296	Residential treatment for pregnant women Women with children up to 10 yrs old Sliding fee scale
Puente House- Main Office 444 West Badillo Covina, CA 91723 626-967-1819 800-494-9844 www.puentehouse.org	Sober living environment Two men's facilities and one women's facility Fees include gym and Alano club membership 12 step philosophy Work Required Random testing
Recovery Point/Good Samaritan Shelter 731 South Lincoln Santa Maria, CA 93454 805-346-8185	Accepts pregnant women and has residential programs for women and their children Medi-Cal accepted Will not be turned away for inability to pay
River Community 23701 East Fork Road Azusa, CA 91702 626-910-1202	Adult dual diagnosis treatment program Insurance and SSI accepted
Santa Barbara Rescue Mission 535 E. Yanonoli Street Santa Barbara, CA 93103 805-966-1316	Men's Treatment Facility Affiliated with Bethel House One year program
Serenity Knolls P.O. Box 640 145 Tamal Road Forrest Knolls, CA 94933 415-488-0400 Website: Serenity Knolls.com	Twenty miles north of SF 28 day program \$14,800 plus \$100 deposit for meds Specializing in dual diagnosis Medically supervised detox 12 step social model with integrated clinical psychotherapy
Spencer House 6956 Matilija Avenue Van Nuys, CA 91405 818-785-6639 310-998-3680	12 step safe and sober living environment for men
Teen Challenge: Men 650 Riverside Avenue Shafter, CA 93263 661-746-4917	Residential Christian life 1 year no charge No Psych meds and no sex offenders No 12step, No AOD classes
Teen Challenge: Women 301 East Roberts Lane Bakersfield, CaA90338 661-399-2273	Strictly Christian based program Intake every Tuesday Intake and enrollment on same day
Transitions Center 412 East Tunnel Santa Maria, CA 93454 805-925-0315/805-966-9668	Women and children Structured program with sliding fee scale School facilities during day Affiliated with Good Samaritan Shelter

<p>Touchstones P.O. Box 849 525 North Parker Street, Orange, CA 92856 714-639-5542 www.socialmodel.com</p>	<p>Adolescent program Dual diagnosis Sliding fee scale 9th grade to 18yrs old Voluntary program with school on site</p>
<p>Turning Point 1315 25th Street San Diego, CA 92102 619-233-0067</p>	<p>Recovery home for women 3months to one year (or longer) \$420 per month- room and board Primary focus: alcoholism</p>
<p>Vista del Mar 801 Seneca Street Ventura, CA 93001 805-653-6434</p>	<p>Medically supervised detox Clinical Psych evals. Dual diagnosis Specialty private insurance Not long term residential, but intense intake assessment</p>
<p>Walter Hoving Home 127 South El Molino avenue Pasadena, CA 91101 888-4hoving or collect 626-405-0950 Fax: 626-564-0952 www.walterhovinghome.com</p>	<p>Spiritually based non-profit drug and alcohol residential program for women ages 18 and over who have been involved in drug/alcohol/prostitution and other life controlling problems. Two programs offered 6-12 months Includes room and board for full program duration, classroom study in on campus learning center, individual/group counseling, structured work program and extra curricular activities. Funded through private donations Each student responsible for \$500 sponsorship</p>

Other possible resources:

Tarzana Treatment Center
 800-996-1051
www.tarzanatc.org

Licensed residential and outpatient services for substance abuse and mental health concerns. Past experience with opiate addiction.

Hazelden Treatment Centers
 800-257-7810
www.hazeldon.org

Licensed residential treatment programs in Oregon, Minnesota, Illinois and New York.

Document 4 – Detoxification Flyer

*Did you know that we offer
Detoxification Services?*

DETOXIFICATION SERVICES

We provide interventions aimed at managing acute intoxication withdrawal as part of caring for substance-related disorders:

1. **Evaluation:** Screening for mental and physical conditions.
2. **Stabilization:** Medical and psychosocial patient support often with assistance of medications.
3. **Fostering:** Supporting patient through a complete substance abuse treatment continuum of care.



The County of San Luis Obispo
Department of Behavioral Health
Drug and Alcohol Services
2180 Johnson Avenue
San Luis Obispo, CA 93401
(805) 781-4753

SAN LUIS OBISPO
COUNTY

DEPARTMENT OF
BEHAVIORAL
HEALTH

DRUG AND ALCOHOL
SERVICES

Facts and Information
Detoxification



ALCOHOL WITHDRAWAL TREATMENT

SERVICES

To assist with the process of **alcohol withdrawal**, we provide screening, assessment, treatment or referrals for individuals at risk of physical harm with the cessation of alcohol use.

TREATMENT

For those at risk for harm from alcohol cessation, detoxification includes use of **Librium** or other appropriate **benzodiazepine**. The medication may be prescribed in conjunction with the person's primary care physician or by the medical staff at Drug and Alcohol Services. The length of treatment may vary from three days or more depending on individual severity.

OUTCOME

At the end of the detoxification process, the person will be encouraged to participate in recovery services including, but not limited to DAS outpatient treatment services, NA/AA, and/or a recovery maintenance facility.

OPIATE WITHDRAWAL TREATMENT

SERVICES

To assist with the process of withdrawal from opiates (oxycontin/heroin/pain medication) we use a medication called **Suboxone** (buprenorphine/naloxone).

Suboxone is a synthetic opiate prescribed for the treatment of opioid dependence to:

1. **Suppresses symptoms of opiate withdrawal**
2. **Decreases craving for opiates**

TREATMENT

The outpatient treatment course for detoxification is approximately 30 days (excluding weekends). **The treatment takes place in the San Luis Obispo clinic only.** The client will also be expected to participate in DAS outpatient treatment services, at the clinic of their choice, while in detox services.

Payment for the detoxification services include: Cen-Cal (Medi-Cal), \$220, or General Relief (obtained from Department of Social Services by appointment only).

OUTCOME

At the end of the detoxification process, the person will be encouraged to continue in recovery services including, but not limited to DAS treatment services, NA/AA, a recovery maintenance facility, or Suboxone maintenance.

METHAMPHETAMINE WITHDRAWAL SUPPORT

SERVICES

Methamphetamine withdrawal rarely requires medical intervention. Individuals who are struggling with specific methamphetamine withdrawal symptoms may be assessed by the medical staff while in outpatient treatment services.

TREATMENT

Medical treatment services for protracted methamphetamine withdrawal are based on individual need.

OUTCOME

Any medical assistance for methamphetamine withdrawal will be provided in conjunction with outpatient treatment services and will support continued treatment.

Document 5 – Referral List

Referral List:
Detoxification and Medication
Assisted Treatment



Treatment Providers

Dr. Atsuko Rees, M.D.
4251 S. Higuera St, Suite 401
San Luis Obispo, CA 93401
805-540-6010
www.reesfamilymedical.com
***Provides DAS Clients a \$50 discount if
from County detox program*

Dr. Mario San Bartolome
901 Oak Park Blvd., Suite 101
Pismo Beach, CA 93449
805-489-2205

Dr Ken Starr, M.D.
2115 10th Street
Los Osos, CA 93402
805-242-1360
www.kenstarrmd.com

Dr. Wendy Weiss, D.O.
575 Price St., Suite 101
Pismo Beach, CA 93449
805-773-0707

Physician provider locator at
www.suboxone.com

Treatment Facilities

Aegis Medical in Atascadero
Dr. George Girgis, Chief Medical Director
6500 Morro Road
Atascadero, CA 93422
(805) 461-5212
www.aegismed.com

Aegis Medical in Santa Maria
Dr. George Girgis, Chief Medical Director
115 East Fesler Street
Santa Maria, CA 93454
805-922-6597
www.aegismed.com

Good Samaritan/Recovery Point
245 East Inger Drive Suite 103-B
Santa Maria, CA 93454
Linda Penny, R.N., Regional Clinical Nurse
805-346-8185
www.goodsamshelter.net

San Luis Obispo Addiction Recovery Center
835 Aero Vista Pl., Suite 110
Dr. Dane Howalt, MD, Medical Director
San Luis Obispo, CA 93401
805-541-0632
www.sloarc.com

San Luis Obispo County
Drug & Alcohol Services
2180 Johnson Ave.
San Luis Obispo, CA 93401
Katie Dolezal, N.P.
805-781-4275
www.slocounty.ca.gov/health/DAS_Home

Last updated December 2012

Document 6 – Suboxone-Buprenorphine Medical Providers

Suboxone, a new medication designed to stop the cravings of opiate addiction without side effects. Unlike methadone, which is a liquid, it is a sublingual film. Patients get the prescription from a specifically licensed DEA physician.

Although the Drug Addiction Treatment Act of 2000 allowed physicians to prescribe certain classes of narcotics, like **buprenorphine**, from a private practice or hospital, it created the waiver and limited physicians to 30 opiate addiction therapy patients for the first year and then 100 patients per year thereafter.

San Luis Obispo County

Name	Address	Phone
Alan Brovar, M.D.	798 Arlington Street Cambria, CA 93428	(805) 927-1887
Wendy E. da Silva Weiss, D.O.	575 Price Street Unit 101 Pismo Beach, CA 93449	(805) 773-0707
Daniel Mark Gordon, M.D.	968 Toro San Luis Obispo, CA 93401	(805) 544-8709
Kristopher Dane Howalt, M.D.	1223 Higuera Street Suite 101 San Luis Obispo, CA 93401	(805) 541-5566
Mario San Bartholome, M.D.	901 Oak Park Blvd., Suite 101 Pismo Beach, CA 93401	(805) 489-2205
Ken Starr, M.D.	2115 10 th Street, Los Osos, CA 93402	(805) 242-1360

Santa Barbara County

Name	Address	Phone
Godfrey David Dyne, M.D.	319 North Milpas Street Santa Barbara, CA 93103	(805) 965-3011
Sherif Elasyouty, M.D.	3 West Carrillo Street Suite 217 Santa Barbara, CA 93101	(805) 884-4989
P. Joseph Frawley, M.D.	525 E. Michael Turria St. Santa Barbara, CA 93103	(805) 730-1580
Olga Kharitidi, M.D.	3 West Carrillo Street Suite 217 Santa Barbara, CA 93101	(805) 884-4989
Donald Slutzky, M.D.	2429 Bath Street Santa Barbara, CA 93105	(805) 687-5791
Kevin Neal Teehee, M.D.	4141 State Street Suite A-1 Santa Barbara, CA 93110	(805) 681-7144

Additional Note: Rapid Detox - How It Works

Rapid opiate detox involves anesthetizing addicts while they go through the worst stages of withdrawal from heroin, methadone or opiate-based prescription painkillers.

Proponents have dubbed the five- to eight-hour procedure the "Sleeping Beauty" therapy for opiate withdrawal, which otherwise is a painful five- to seven-day ordeal. Besides anesthesia, patients receive drugs to block opiate receptor sites in the brain, naltrexone to combat craving, and medications to fight nausea, diarrhea and muscle aches. Most insurers won't pay for the procedure, which costs between \$6,000 and \$15,000.

Document 7 – Detoxification within 100 miles

The following two pages are looking at the surrounding 100 miles to San Luis Obispo County and the State recognized clinics and facilities for detoxification. This information comes from www.adp.ca.gov and is continually updated. (Note ADP website will become DHCS (www.dhcs.ca.gov) soon). There are 18 providers within 100 miles currently providing detoxification services. At this website, you can sort by service (such as detoxification) and various other variables (such as population, gender, cost, etc.).

Organization	Mailing Address	City	State	Zipcode	Street Address	City2	State3	Zipcode	Zip+4	Phone Number	Website
Aegis Medical Systems Inc	7246 Remmet Avenue	Canoga Park	CA	91303	6500 Morro Road, Suite D	Atascadero	CA	93422		(805) 461-5212	www.aegismed.com
Aegis Medical Systems Inc	4129 State Street	Santa Barbara	CA	93110	4129 State Street	Santa Barbara	CA	93110		(805) 964-4795	www.aegismed.com
Aegis Medical Systems Inc	1019 Jefferson Street	Delano	CA	93215	1019 Jefferson Street	Delano	CA	93215		(661) 721-0463	www.aegismed.com
Aegis Medical Systems Inc	1018 21st Street	Bakersfield	CA	93301	1018 21st Street	Bakersfield	CA	93301		(661) 861-9967	www.aegismed.com
Aegis Medical Systems Inc	115 East Fesler Street	Santa Maria	CA	93454	115 East Fesler Street	Santa Maria	CA	93454		(805) 922-6597	www.aegismed.com/clinics/santa_maria.htm
American Health Services at	1010 1/2 South Union Avenue	Bakersfield	CA	93307	1010 1/2 South Union Avenue	Bakersfield	CA	93307		(661) 321-0234	www.americanhealthservices.org
Bakersfield Recovery Services	2000 Baker Street	Bakersfield	CA	93305	2000 Baker Street	Bakersfield	CA	93305		(661) 873-4927	www.jasonsretreat.comORBakersfieldrecovery services.weebly.com
Council on Alcoholism and Drug Abuse	P.O. Box 28	Santa Barbara	CA	93102	816 Cacique Street, Front Building	Santa Barbara	CA	93102		(805) 963-1836	www.cadasb.org
Good Samaritan Shelter	401 West Morrison Avenue	Santa Maria	CA	93458	401 West Morrison Avenue, Suite B	Santa Maria	CA	93458		(805) 347-3338x102	www.goodsamshelter.net
Good Samaritan Hospital Southwest	5201 White Lane	Bakersfield	CA	93309	5201 White Lane	Bakersfield	CA	93309		(661) 398-1800x5547	
Good Samaritan Services	113 South M Street	Lompoc	CA	93436	113 South M Street	Lompoc	CA	93436		(805) 736-0357	www.goodsamshelter.net
Kings View	P.O. Box 688	Tulare	CA	93275	559 East Bardsley Avenue	Tulare	CA	93274		(559) 688-7531	
San Luis Obispo Addiction Recovery Ctr	835 Aerovista Place	San Luis Obispo	CA	93401	835 Aerovista Place, Suite 110	San Luis Obispo	CA	93401		(805) 541-0632	www.sloarc.com
San Luis Obispo County	2180 Johnson Avenue	San Luis Obispo	CA	93401	3556 El Camino Real	Atascadero	CA	93422		(805) 461-6080	www.slodas.org
San Luis Obispo County	1523 Longbranch Street	Grover Beach	CA	93433	1523 Longbranch Street	Grover Beach	CA	93433		(805) 473-7080	www.slodas.org
San Luis Obispo County Office	2180 Johnson Avenue	San Luis Obispo	CA	93401	2180 Johnson Avenue	San Luis Obispo	CA	93401		(805) 781-4753	www.slodas.org
Santa Barbara Cottage Hospital	316 West Montecito Street	Santa Barbara	CA	93101	316 West Montecito Street	Santa Barbara	CA	93101		(805) 569-7422	www.cottagehealthsystem.org
Santa Barbara Cottage Hospital	Pueblo at Bath Street	Santa Barbara	CA	93102	Pueblo at Bath Street	Santa Barbara	CA	93102		(805) 569-8339	www.cottagehealthsystem.org

Organization	Service Area specifics	Facility Type	Individuals Served	Payment Methods	Sliding Fee/Assistance	ASL & Language Services
Aegis Medical Systems Inc	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient	Pregnant/postpartum women, Criminal justice clients	Self payment, Medicaid, Medicare, State financed insurance (other than Medicaid)	Sliding fee scale (fee is based on income and other factors)	ASL or other assistance for hearing impaired
Aegis Medical Systems Inc	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient, Partial hospitalization/day treatment	Pregnant/postpartum women	Self payment, Medicaid, Medicare, State financed insurance (other than Medicaid), Military insurance (e.g., VA, TRICARE), Access to Recovery	Sliding fee scale (fee is based on income and other factors)	Spanish
Aegis Medical Systems Inc	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient	Persons with co-occurring mental and substance abuse disorders, Persons with HIV/AIDS, Pregnant/postpartum women, Women	Self payment, Medicaid	Sliding fee scale (fee is based on income and other factors)	Spanish, Tagalog
Aegis Medical Systems Inc	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient	Persons with co-occurring mental and substance abuse disorders	Self payment, State financed insurance (other than Medicaid)	Sliding fee scale (fee is based on income and other factors)	Arabic, Chinese, Spanish, Tagalog
Aegis Medical Systems Inc	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient	Persons with co-occurring mental and substance abuse disorders, Pregnant/postpartum women	Self payment, Medicaid, State financed insurance (other than Medicaid)	Sliding fee scale (fee is based on income and other factors)	ASL or other assistance for hearing impaired, Spanish
American Health Services at	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification, Buprenorphine Services	Outpatient		Self payment, Medicare	Sliding fee scale (fee is based on income and other factors)	Spanish
Bakersfield Recovery Services	Substance abuse treatment, Detoxification, Buprenorphine Services	Residential short-term treatment (30 days or less), Residential long-term treatment (more than 30 days)	Pregnant/postpartum women, Women, Residential beds for clients' children, Criminal justice clients	Self payment, Private health insurance		
Council on Alcoholism and Drug Abuse	Substance abuse treatment, Detoxification	Residential short-term treatment (30 days or less)	Men	Self payment	Sliding fee scale (fee is based on income and other factors)	
Good Samaritan Shelter	Detoxification	Residential short-term treatment (30 days or less)		Self payment		
Good Samaritan Hospital Southwest	Substance abuse treatment, Detoxification, Buprenorphine Services	Hospital inpatient, Outpatient, Partial hospitalization/day treatment		Self payment, Medicaid, Medicare, Private health insurance, Military insurance (e.g., VA, TRICARE)		ASL or other assistance for hearing impaired
Good Samaritan Services	Detoxification	Residential short-term treatment (30 days or less)		Self payment, Medicaid		
Kings View	Substance abuse treatment, Detoxification, Methadone Maintenance, Methadone Detoxification	Outpatient	Adolescents	Self payment, Medicaid		Spanish
San Luis Obispo Addiction Recovery Ctr	Substance abuse treatment, Detoxification, Buprenorphine Services	Outpatient		Self payment, Medicare		
San Luis Obispo County	Substance abuse treatment, Detoxification, Buprenorphine Services	Outpatient	Adolescents, Pregnant/postpartum women, Women, DUI/DWI offenders, Criminal justice clients	Self payment, Medicaid, Medicare	Sliding fee scale (fee is based on income and other factors), Payment assistance (Check with facility for details)	ASL or other assistance for hearing impaired, Spanish
San Luis Obispo County	Substance abuse treatment, Detoxification, Buprenorphine Services	Outpatient	Adolescents, Pregnant/postpartum women, Women, DUI/DWI offenders, Criminal justice clients	Self payment, Medicaid, Medicare	Sliding fee scale (fee is based on income and other factors), Payment assistance (Check with facility for details)	ASL or other assistance for hearing impaired, Spanish
San Luis Obispo County Office	Substance abuse treatment, Detoxification, Buprenorphine Services	Outpatient	Persons with co-occurring mental and substance abuse disorders, Pregnant/postpartum women, DUI/DWI offenders, Criminal justice clients	Self payment, Medicaid, Medicare, State financed insurance (other than Medicaid)	Sliding fee scale (fee is based on income and other factors), Payment assistance (Check with facility for details)	ASL or other assistance for hearing impaired, Spanish
Santa Barbara Cottage Hospital	Substance abuse treatment, Buprenorphine Services	Residential short-term treatment (30 days or less)		Self payment, Private health insurance, Military insurance (e.g., VA, TRICARE)		Spanish
Santa Barbara Cottage Hospital	Substance abuse treatment, Detoxification, Buprenorphine Services	Hospital inpatient, Outpatient	Persons with co-occurring mental and substance abuse disorders	Self payment, Medicare, Private health insurance, Military insurance (e.g., VA, TRICARE)		Spanish

Document 8 - State certified residential and nonresidential programs

Department of Alcohol and Drug Programs
Licensing and Certification Division

QUARTERLY REPORT
RESIDENTIAL AND NONRESIDENTIAL RECOVERY TREATMENT CAPACITY BY COUNTY
(PROFIT AND NON-PROFIT)
Quarter-Ending March 31, 2013

County	Licensed Facilities		Certified Residential Programs		Certified Nonresidential Programs	
	Profit	Non-Profit	Profit	Non-Profit	Profit	Non-Profit
Alameda	0	6	1	12	1	22
Alpine	0	0	0	0	0	0
Amador	0	0	0	0	0	1
Butte	0	1	1	2	2	5
Calaveras	0	0	0	1	0	0
Colusa	0	0	0	0	0	1
Contra Costa	0	9	1	17	2	14
Del Norte	0	3	0	0	0	1
El Dorado	0	1	0	6	0	8
Fresno	5	2	1	7	11	15
Glenn	0	0	0	0	0	2
Humboldt	0	1	1	5	0	3
Imperial	0	0	0	0	0	0
Inyo	0	0	0	0	1	1
Kern	0	0	0	5	1	8
Kings	0	1	0	0	0	4
Lake	0	0	0	2	0	2
Lassen	0	0	0	0	0	0
Los Angeles	56	32	31	88	77	225
Madera	0	0	0	0	0	0
Marin	6	2	4	6	2	7
Mariposa	0	0	0	0	0	1
Mendocino	0	0	0	1	0	4
Merced	0	0	0	2	0	3
Modoc	0	0	0	0	0	1
Mono	0	0	0	0	0	0
Monterey	0	0	0	5	0	5
Napa	2	2	1	1	0	3
Nevada	0	0	0	2	0	2
Orange	37	9	63	32	48	26
Placer	0	0	1	3	2	14
Plumas	0	0	0	0	0	1
Riverside	12	6	6	24	11	28
Sacramento	3	0	5	19	9	22
San Benito	0	0	0	0	0	1
San Bernardino	4	13	5	9	7	31
San Diego	5	15	6	28	7	43

Department of Alcohol and Drug Programs
Licensing and Certification Division

QUARTERLY REPORT
RESIDENTIAL AND NONRESIDENTIAL RECOVERY TREATMENT CAPACITY BY COUNTY
(PROFIT AND NON-PROFIT)
Quarter Ending March 31, 2013

County	Licensed Facilities		Certified Residential Programs		Certified Nonresidential Programs	
	Profit	Non-Profit	Profit	Non-Profit	Profit	Non-Profit
San Francisco	0	4	0	25	1	23
San Joaquin	0	1	1	5	0	10
San Luis Obispo	0	0	0	0	0	3
San Mateo	1	10	1	19	1	17
Santa Barbara	1	5	0	4	1	9
Santa Clara	4	2	3	7	4	20
Santa Cruz	1	1	1	5	2	4
Shasta	0	0	1	3	2	6
Sierra	0	0	0	0	0	1
Siskiyou	0	0	0	0	0	2
Solano	0	4	0	5	1	7
Sonoma	2	2	3	4	1	10
Stanislaus	0	1	1	4	2	6
Sutter	0	1	1	0	0	2
Tehama	0	0	0	1	0	2
Trinity	0	0	0	0	0	1
Tulare	0	1	0	7	6	8
Tuolumne	0	0	1	0	0	0
Ventura	3	8	3	1	12	6
Yolo	0	1	0	2	0	2
Yuba	0	0	0	1	0	4
Total	142	144	143	370	214	647

Licensed Programs: 286
Combined (License/Certification) Programs: 513
Total Non-Residential Programs: 861

Document 9 - Licensed Residential Capacity

Department of Alcohol and Drug Programs
Licensing and Certification Division

QUARTERLY REPORT
LICENSED RESIDENTIAL FACILITIES AND RECOVERY/TREATMENT CAPACITY
BY COUNTY AND SIZE OF FACILITY
Quarter Ending December 31, 2012

County	Size (Treatment Capacity) of Facility									
	6 or Less		7-20		21 - 50		Over 50		Total	
	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity
Alameda	4	23	7	92	6	176	2	144	19	437
Alpine	0	0	0	0	0	0	0	0	0	0
Amador	0	0	0	0	0	0	0	0	0	0
Butte	0	0	1	14	3	100	0	0	4	114
Calaveras	0	0	0	0	1	32	0	0	1	32
Colusa	0	0	0	0	0	0	0	0	0	0
Contra Costa	16	82	8	105	2	90	1	58	27	335
Del Norte	0	0	3	40	0	0	0	0	3	40
El Dorado	0	0	6	92	0	0	1	70	7	162
Fresno	1	6	3	38	2	52	5	585	11	681
Glenn	0	0	0	0	0	0	0	0	0	0
Humboldt	1	6	2	38	4	87	0	0	7	131
Imperial	0	0	0	0	0	0	0	0	0	0
Inyo	0	0	0	0	0	0	0	0	0	0
Kern	0	0	3	34	4	124	2	130	9	288
Kings	0	0	1	15	0	0	0	0	1	15
Lake	1	6	0	0	0	0	1	61	2	67
Lassen	0	0	0	0	0	0	0	0	0	0
Los Angeles	92	510	37	517	42	1453	35	3625	206	6105
Madera	0	0	0	0	0	0	0	0	0	0
Mariposa	9	54	4	52	5	170	0	0	18	276
Mariposa	0	0	0	0	0	0	0	0	0	0
Mendocino	0	0	0	0	1	43	0	0	1	43
Merced	0	0	0	0	2	67	0	0	2	67
Modoc	0	0	0	0	0	0	0	0	0	0
Mono	0	0	0	0	0	0	0	0	0	0
Monterey	1	6	1	14	2	58	1	54	5	132
Napa	2	12	1	13	2	79	1	55	6	159
Nevada	0	0	1	19	1	25	0	0	2	44
Orange	96	548	26	337	12	316	7	516	141	1717
Placer	2	12	1	10	1	25	0	0	4	47
Plumas	0	0	0	0	0	0	0	0	0	0
Riverside	23	116	9	124	11	371	4	272	47	883
Sacramento	7	42	9	129	10	302	1	55	27	528
San Benito	0	0	0	0	0	0	0	0	0	0
San Bernardino	18	107	7	84	4	138	3	256	32	583
San Diego	19	111	8	135	12	457	15	1582	54	2285
San Francisco	2	11	15	209	5	178	7	607	29	1005
San Joaquin	0	0	2	38	2	66	3	244	7	350
San Luis Obispo	0	0	0	0	0	0	0	0	0	0
San Mateo	19	110	10	110	2	60	0	0	31	280
Santa Barbara	3	16	4	50	3	97	0	0	10	165
Santa Clara	3	16	6	96	6	193	1	65	16	372
Santa Cruz	1	6	1	10	5	173	1	56	8	245
Shasta	1	6	1	10	2	66	0	0	4	82
Sierra	0	0	0	0	0	0	0	0	0	0
Siskiyou	0	0	0	0	0	0	0	0	0	0
Solano	1	4	7	84	1	22	0	0	9	110
Sonoma	1	6	2	36	7	212	1	99	11	355

Department of Alcohol and Drug Programs
Licensing and Certification Division

QUARTERLY REPORT
LICENSED RESIDENTIAL FACILITIES AND RECOVERY/TREATMENT CAPACITY
BY COUNTY AND SIZE OF FACILITY
Quarter Ending December 31, 2012

County	Size (Treatment Capacity) of Facility									
	6 or Less		7-20		21 - 50		Over 50		Total	
	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity	Facilities	Capacity
Stanislaus	3	18	0	0	2	70	1	52	6	140
Sutter	1	6	1	15	0	0	0	0	2	21
Tehama	0	0	1	8	0	0	0	0	1	8
Trinity	0	0	0	0	0	0	0	0	0	0
Tulare	2	12	3	34	3	95	0	0	8	141
Tuolumne	0	0	0	0	1	30	0	0	1	30
Ventura	10	58	1	10	1	22	2	146	14	236
Yolo	0	0	1	12	2	89	0	0	3	101
Yuba	0	0	0	0	1	23	0	0	1	23
Total	339	1,914	193	2,626	170	5,563	95	8,732	797	18,835

My Network Places\ALLLCD\Quarterly Report\FY 2012-2013 Qtrly Rpt\3rd Qtr - January - March\Lic & Cert Facilities, Res Fac by Bed Cap
4/8/2013

Document 10 – Non-Profit Salvation Army Residential Facilities

SALVATION ARMY ADULT REHABILITATION CENTERS

CITY	ADDRESS	PHONE #	FAX #	SEX	Intake Coordinator
Anaheim	1300 S. Lewis St., Anaheim, CA 92805	714-758-0414 XT 3427		M	Jin Kim jin.kim@usw.salvationarmy.org
Bakersfield	120 19th St., Bakersfield, CA 93301	661-325-8626 XT 9, 138	661-631-2814	M	Brian Austin
Canoga Park	21375 Roscoe Blvd., Canoga Park, CA 91304	818-883-6321		M	
Fresno	804 S Parallel Ave, Fresno, CA 93721	559-490-7020		Both	
Healdsburg	200 Lytton Springs Rd, Healdsburg, CA 95448	707-433-7404		M	
Long Beach	1334 Alamitos Ave., Long Beach, CA 90813	562-218-2355 xt 17		M	Craig Burroughs
Oakland	601 Webster St., Oakland, CA 94607	510-451-4514		M	
Pasadena	56 W. Del Mar Blvd., Pasadena, CA 91105	626-795-8075		Both	Bennie & Jeff Campbell jeffrey.campbell.usw.salvationarmy.org
Perris	24201 Orange Ave, Perris, CA 92570	951-943-8235		M	
Sacramento	1615 D St., Sacramento, CA 95814	916-441-5267		M	
San Bernardino	363 S. Doolittle Rd., San Bernardino, CA 92408	909-889-9605		Both	
San Diego	1335 Broadway, San Diego CA 92101	619-239-4037 XT 345		Both	Steve Self
San Francisco	1500 Valencia St, San Francisco, CA 94110	415-643-8000 XT 8028		Both	Patti Butterbredt patricia.butterbredt@usw.salvationarmy.org
San Jose	702 W. Taylor St., San Jose, CA 95126	408-298-7600		M	Mark
Santa Monica	1658 11th St, Santa Monica, CA 90404	310-450-7235 XT 1318		M	Jesse Wright
Stockton	1247 S. Wilson Way, Stockton, CA 95205	209-466-3871		M	
Van Nuys	14917 Victory Blvd., 91411, Van Nuys, CA	818-778-1177		M	