

## **Complimentary Event**



Rick Grant-Coons, PsyD
Pronouns: He/Him/His
Clinical Psychologist PSY25285
LGBTQ+ Affirmative Therapist

Thursday May 16th, 2019 9:00 am - 11:00 am: Registration starts at 8:30 am General Public Welcome

Event Location

The Cliffs Hotel & Spa
2757 Shell Beach Road
Pismo Beach, CA 93449

Need Continuing Education credits?

Check out our (6)CE Event on May 17th

## Cultivating Empowerment Preventing Suicide in the LGBTQ+ Community

With a suicide death every 12.8 minutes and over a million attempts in the United States every year, suicide impacts every community. This is especially true for the Lesbian, Gay, Bisexual, Transgender, Queer and Questioning communities. Today, more research has shown elevated risk factors specific to these communities due to heterosexist & transphobic abuse that exists in society. LGBTQ Affirmative Therapy is an approach to psychotherapy that is based on the understanding that LGBTQ people are not just tolerated or accepted but instead celebrated for their value in any culture. This perspective is essential for effective therapy since it challenges many years of hostility inflicted by the dominate culture. Mental health clinicians trained in LGBTQ Affirmative Therapy and Suicide Prevention can improve their effectiveness for helping LGBTQ clients increase protective factors and resilience while decreasing risk of suicide attempts and death.

Register at eventbright.com and search
"Balance Treatment Center"



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