



The National Alliance on Mental Illness is a grassroots, self-help, support, education and advocacy organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI was founded in 1979 by 254 people and now has more than 210,000 members in over 500 affiliate groups in all 50 states. An estimated 1 in 5 adults and 1 in 12 children are living with mental illness.

Individuals and their families are personally touched by brain disorders from major depression, bipolar disorder, schizophrenia and severe anxiety disorders such as panic disorder and obsessive compulsive disorder.

All proceeds from the Beautiful Minds Walk will be used to fund local programs of support, education, and advocacy

NAMI SLOCO is a charitable, public benefit, 501(c)(3) organization.

Visit NAMI SLOCO's website at www.namislo.org

Or Email namisanluisobispo@gmail.com

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SAN LUIS OBISPO COUNTY
ALLIANCE FOR THE MENTALLY ILL
P.O. BOX 3158
SAN LUIS OBISPO, CA 93403

SPONSORS
NAMI SLOCO

Behavioral Health Department - SLO County
Transitions Mental Health Association

Current Resident Or



National Alliance on Mental Illness

**San Luis Obispo
County**

BEAUTIFUL
MINDS RALLY &
WALKATHON



Saturday
May 4, 2019
8:30 A.M. Registration
9:00 A.M. Event Begins

Meadow Park
South Street
San Luis Obispo

Learn more about mental health and help stamp out stigma!

NAMI SLOCO
BEAUTIFUL MINDS RALLY
AND WALKATHON
MAY 4, 2019
MEADOW PARK
SAN LUIS OBISPO

REGISTRATION FORM
BEAUTIFUL MINDS RALLY AND WALKATHON 2019
ONE FORM PER WALKER

Join in Advocating
for Mental Health
Awareness

Name: (Print) _____

Address: _____ City: _____ Zip: _____

Telephone: _____ E-Mail: _____

Team Name: _____ Team Leader: _____

STEP 1: REGISTER

Gather friends and family to create your team. Have each member mail a registration form and indicate team name and leader. Forms may be reproduced.

STEP 2: FUNDRAISING

Set a goal for your team, find donors to sponsor your walk, and start collection donations. All donations will be used to support NAMI SLOCO programs in our county. Mail the funds you raise by May 1 or bring them to the registration table at the event.

STEP 3: WALK DAY

On event day, check in at the registration table. Enjoy the festivities and walk a mile with your team, along with hundreds of individuals, families, and friends whose lives have been touch by mental illness.

T-SHIRTS AVAILABLE WHILE SUPPLIES LAST!

I will walk

Enclosed is my donation of \$ _____. All of my donation will be used to support NAMI SLOCO programs in our community.

Informative Speakers,
Resource Fair, Entertainment
and Silent Auction

Make checks PAYABLE TO: NAMI SLOCO. Place donations in envelope along with registration form and mail to: NAMI SLOCO, Attn: Beautiful Minds Walk, P.O. Box 3158, San Luis Obispo, CA 93403. All donations are tax deductible.

Waiver of Responsibility: In consideration of this entry. I hereby waive and release any rights and claims for damages I may have against NAMI SLOCO, the city of San Luis Obispo, or any event sponsors or hosts for any injury I may incur. I understand that weather conditions may be a factor in any event and I accept personal responsibility for properly preparing myself. Further I understand that traffic control will be limited and I accept that as a condition of the event and will protect myself accordingly. I also give permission to the National Alliance on Mental Illness, San Luis Obispo County Chapter, to use my name and any photography taken of me during the event in any promotional materials.

Important: Participants under age 18 must have this form signed by a parent or gaurdian.

Signature: _____ Date: _____

MOVE FOR MENTAL HEALTH!

