

## San Luis Obispo Suicide Prevention Council Meeting May 26, 2021 3:00pm

## Zoom Link:

https://slohealth.zoom.us/j/94780566296?pwd=UnIzZUthMVhGMFQxTWd1Q0hGcmZ3QT09

- I. Welcome & Announcements
- II. Poster Updates
- III. Mental Health & Suicide Prevention Resources
- IV. Suicide Loss Survivor Outreach Team
- V. Suicide Prevention Support from Law Enforcement
  - a. Loss Team referrals
  - b. How can we provide resources to Law Enforcement who are at risk of suicide?
- VI. Firearm Safety for Suicide Prevention
  - a. Outreach event @ firearm ranges
  - b. Dates/Locations
  - c. Supplies to hand out:
    - i. AFSP Brochures
    - ii. Gun Locks
    - iii. Suicide Prevention Resources
- VII. Breakout Groups:
  - a. Brainstorm for Suicide Prevention Forum 2021
    - i. Local or national speaker?
    - ii. Community art event
      - 1. "Chalk the Walk and Have the Talk"
  - b. Past Forums:
    - i. 2018: Nate Cannon (LGBTQ+ advocate) and Local Speakers
    - ii. 2019: The S Word with Director Lisa Klein
    - iii. 2020: Live Through This: A Lifetime with Suicidal Thoughts & Art as Social Justice
    - iv. Past forum included voices of folks with lived experience (loss survivors, attempt survivors)

## **Council Membership**

Access Support Network

Adult Protective Services

AFSP

Area Agency on Aging Aspire Counseling

Cal Poly

Central Coast Hotline

County Behavioral Health

Cuesta College Health Services

Family Care Network

Gala Pride & Diversity Center

Home Instead Senior Care

Hospice of SLO County

LGBTQ+ Mental Health Task Force of SLO County

NAMI

RISE

Sierra Mental Wellness Group

Stand Strong

Suicide Loss, Health, and Empowerment Support Group

**TMHA** 

VA Vet Center

Veteran Services Collaborative

Veteran Services Office

Wilshire Hospice Bereavement