

Suicide Loss Support Group

Open Peer to Peer Suicide Loss, Healing & Empowerment Support Group

~Our suicide loss, healing and empowerment peer to peer support groups are for individuals and families, 18 & over, brought together by the common experience of surviving the loss of a loved one to suicide individuals who want to be a part of an ongoing healing, positive and uplifting group energy.

- ~Sharing our experiences and unique stories, while supporting others who've experienced a similar loss to our own can be a very powerful part of the healing process.
- ~We ask that you support and respect your fellow survivor in their authentic individual beliefs and healing practices.
 - ~Bring yourself & an open heart to experience deep healing through peer to peer experiences, healing, empowerment, forgiveness, and love.
 - ~Feel free to bring a notebook and pen to take notes and write down your thoughts.
 - ~Please arrive 15 minutes early to sign in, receive your Welcome Package and fill our information sheet.
- ~This group is facilitated by a Certified Bereavement Peer to Peer Suicide Support Group Facilitator and Fellow Loss Survivor and Co-Facilitated by a Fellow Loss Survivor.
- ~We honor all religious and spiritual beliefs. We ask that you support and respect your fellow survivor in their authentic individual beliefs and healing practices. Anyone not honoring this practice will be asked to leave the group.

~RSVP preferred but not necessary~

Our current Group dates

1st & 4th Saturday of the month unless otherwise noted ^ due to Library scheduling.

March 9, 2019 10:30am-1:00pm

March 23, 2019 12:00pm-1:30pm

April 13, 2019 12:00pm-1:30pm April 27, 2019 10:30am - 12:00pm

We strongly encourage anyone seeking Peer to Peer Support to also be engaged with some form of therapy, counseling and/or spiritual healing practices, to create a well rounded healing support system

| www.Transformational Abundance.com |
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