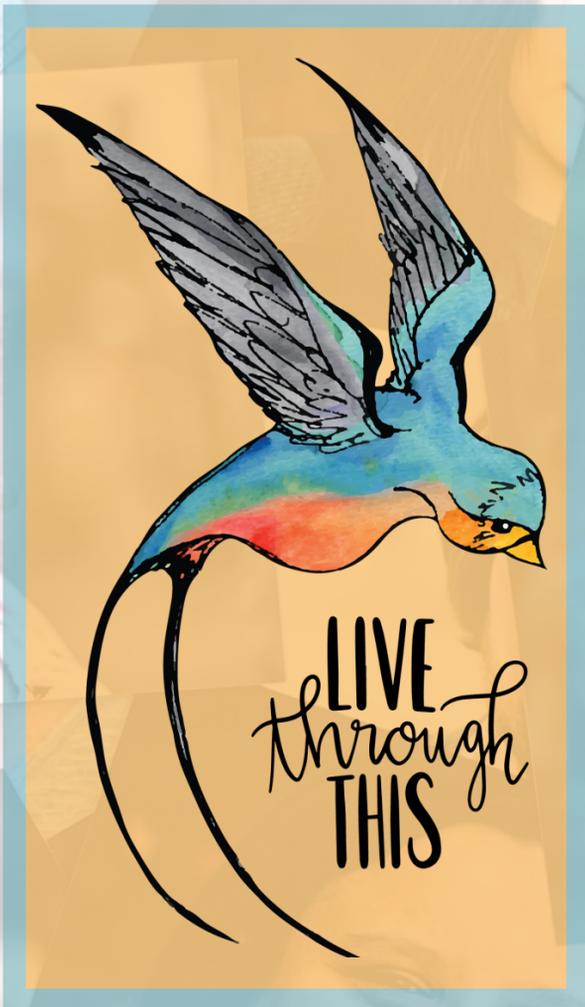


Suicide Prevention Forum 2020

Featuring

Live Through This: A Lifetime with Suicidal Thoughts & Art as Social Justice



Join us for a Virtual Event on

Tuesday September 8, 2020

6:00pm

RSVP Required

To RSVP, please visit the website below

or scan the QR Code:

slocounty.ca.gov/SP-Forum-2020-RSVP



For questions, please email or call:

Alysia Hendry, Suicide Prevention Coordinator
aahendry@co.slo.ca.us, 805-781-1357

In a series of "snapshots," Dese'Rae L. Stage shares her experiences with suicidal thoughts (and sometimes more) over the course of her lifetime. She covers family dynamics and the teenage years--the difficult transition from middle to high school; questioning her sexuality; an abusive relationship; divorce; infertility; and how suicidal thoughts cropped up in each. She shows the audience a living portrait reflecting CDC findings indicating that suicide is a response to adversity, rather than mental illness as a singular cause. She walks us down the path that led her to Live Through This and brings the voices of attempt survivors with her through portraits and quotations, and takes the audience into an interview with her via video. She discusses major themes that crop up in the stories of survivors, along with the impact the project has made in a number of contexts. Stage implores listeners to open their hearts and their minds to those who have literally lived through it, and provides evidence that suicide affects *all* of us. Audiences can expect a talk that will be revealing, often touching, always honest and, ultimately, hopeful. (Funny, too!)



Brought to you in partnership by:

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COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT

