

**Behavioral Health Board Minutes**  
**San Luis Obispo County**  
**October 16, 2019**  
**3:00p.m.**  
**2180 Johnson Ave, 2nd Floor, Library Conference Room**  
**San Luis Obispo, CA 93401**

**MEMBERS PRESENT:**

David Riester  
Clint Weirick  
Eulalia Apolinar  
Barbara Levenson  
Nicole Nix (for Supervisor Adam Hill)  
Mary Bianchi  
Rose Fowler Plummer  
Joyce Heddleson  
Joseph Kurtzman  
Theresa Scott  
Christy Mulkerin, MD (for Sheriff Parkinson)  
Robert Reyes (for Jim Salio)

**MEMBERS ABSENT:**

Marcella Paric  
Pamela Zweifel  
Bill McQuilkin  
TeaEster Higgins  
Marshall Hamilton  
Elizabeth (Liz) Smith

**HEALTH AGENCY STAFF PRESENT:**

Anne Robin  
Laura Zarate  
Frank Warren  
Nestor Veloz-Passalacqua

**GUESTS:**

Joe Madsen

1. **Clint Weirick called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**  
Round-table introductions. No announcements.
3. **Public Comments-** None
4. **Approval of Minutes:** Minutes from September 18, 2019 approved with one correction.  
M/S/C: Nix/Riester Abstain: None.
5. **Board Member Reports:**
  - Joyce Heddleson - Quality Support Team: Behavioral Health is doing Tele-Psychiatry. Started with Youth Services Department and now the Adult Services is doing it as well. Psychiatrist comes in person once a month.
  - David Riester- The local newspaper this week presented on the Behavioral Health 24-hour unit as a success.
  - Joe Madsen- THMA Bishop Street Apartments. First 24 of the 33 tenants moved-in and expect the rest to move-in on November 1<sup>st</sup> to the 4<sup>th</sup>. 33 residents and 1 staff member will live there.
  - Joseph Kurtzman- Spoke with Parole, they are interested in offering services to folks who meet Mental Health criteria and who are interested on receiving services in this County.

- Mary Bianchi- Model of Care Partners Committee (MOC POC) – a long standing Community-based organization that is supportive of Martha’s Place Children’s Assessment Center, meets on a quarterly basis and it is represented by Bruce Gibson. Martha’s Place treats kids early to have a better chance of succeeding in life. Currently coordinating with Help Me Grow thru the First 5 Commission to be able to triage and make referrals for treatment in SLO County.
- Clint Weirick –
  - Came back from the California Future Health Workforce Commission at French Pavilion. One thing that was brought up was Behavioral Health related jobs. They did mention updates on legislation as well.
  - Had the Out of Darkness walk this past Saturday. Supervisor Hill attended. Great turnout!
  - By-Laws- CALBHB sent update with new legislation. We will need to update our By-Laws again to reflect new statute that relates to Behavioral Health Board.
- Robert Reyes- The County was awarded a 3-year Federal Grant that’s administered by the California State Board of Corrections for 2.145 million dollars to expand Mental Health Diversion Court. We will go to the Board on November 19<sup>th</sup> to ask to accept this Grant. This will add a Clinician and a Behavioral Health Specialist. We’re trying to coordinate the releasing of jail inmates into a safe place to meet their needs. This is great news.

**Ongoing Business:**

- **Membership Committee Report- Update: Two New Applications:**

- Grace Arthur- Scheduled Cal-Poly class during Behavioral Health Board meeting time. Will keep working with her.
- Melissa Cummins was interviewed. Has interest on Adult services and wants to better understand services that are available outside of MHSA. 30 year as a continuation schoolteacher, Law Degree and has an adult son with mental health issues. We believe she will be a good addition to our Board. David Riester makes motion to recommend Board of Supervisors the approval of Melissa Cummins to the Behavioral Health Board.  
M/S/C: Riester/Heddleson

- **Committee Liaison: Clarify Notification and committee Representation- EQRO, QI:**

QST meetings:

We have monthly meetings, alternating between PHF and Outpatient. This week was outpatient, so November is PHF. Then we skip Outpatient in December (because of EQRO), PHF in January, Outpatient in February. Sara sends a calendar invitation and sets up frequent reminders that go out electronically, too. Joyce has had difficulty getting invitations, but we think the problem is her computer. Marci used to attend, but not in her BHB capacity – she still gets an invitation unless her email changed.

We welcome any board members who wish to attend! The 2019 meeting schedule s posted here – feel free to share. Sara will be posting the 2020 schedule soon.

<http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Forms-Documents/Quality-Support-Team/Meetings.aspx>

EQRO:

EQRO has an opening session and a closing session that we would invite BHB reps to, but most of the other sessions have a restricted attendee list. Joyce will be on the list for sure and we could add anyone else that wants to attend...limited by the size of the Library or the Red Room if we can get it.

- Under “Board Member Reports” you may provide a summary and share a discussion.
  - Our By-Laws, relative to other Boards and Committees state that the Board shall maintain linkage thru members authorized by the Board.
  - If you are the identified authorized member representing the Behavioral Health Board, you’re speaking for this Board and not necessarily your own personal opinion or you would need to identify yourself as your own, not as a Behavioral Health Member.
- **AD-HOC Committee for Spanish Language Services- Update:**

Hoped to bring draft report today, not there yet. What we’re trying to do with the project is review and evaluate Spanish language services thru County Behavioral Health and contractors and eventually develop a report for the Health Agency and the Board of Supervisors to take a look at the Spanish language services that are effective in the community and identify any gaps. We have set up a group of questions that are being asked at every group in the same way. We have plan to meet with:

- County MH Adult Services
- County Youth Services
- Latino Outreach Program
- Drug and Alcohol Services
- Promotoras Collaborative
- Transition Mental Health
- Family Resource Centers
- Kinship Center
- Family Care Network
- Sierra Mental Wellness Group

Everyone has been interested in what we are trying to do, their commitment to trying to reach out to the Spanish-speaking Community and the excitement about new ideas that might come out of this effort, has been a real pleasure.

Will create report for next meeting.

**6. New Business: None.**

**7. Behavioral Health Administrator’s Report:**

- Housing Services Oversight Committee will be getting approximately 2.7 million dollars for the Homeless Housing Assistance and Prevention Program (HAPP) will be ran by DSS under Laurel Weir and will be an RFP to apply for those funds. There will also be a second meeting on California

Emergency Solutions in Housing at Planning Department around \$380,000. Will run both RFPs together.

- Toured Prado Day Center with Supervisor Hill and showed him all the great progress. Got to see the programs, talked about what Community Health Center is doing, got to meet the Nurse Practitioner. I believe he was impressed and encouraged that we have a stellar homeless center here in the city. All work very closely together to ensure homelessness delivery happens in a way that is collaborative.

**8. Presentation: Presentation: MHSA Annual Update Report- Frank Warren:**

[http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Forms-Documents/Mental-Health-Services-Act-\(MHSA\)/MHSA-Annual-Updates/SLO-County-Annual-Update-19-20\\_DRAFT\\_30-Day.aspx](http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Forms-Documents/Mental-Health-Services-Act-(MHSA)/MHSA-Annual-Updates/SLO-County-Annual-Update-19-20_DRAFT_30-Day.aspx)

**9. Adjourn the BHB Meeting at 5:04pm.**