

Behavioral Health Board Minutes
San Luis Obispo County
February 19, 2020
3:00p.m.
2180 Johnson Ave, 2nd Floor, Library Conference Room
San Luis Obispo, CA 93401

MEMBERS PRESENT:

David Riester
Clint Weirick
Eulalia Apolinar
Barbara Levenson
Mary Bianchi
Robert Reyes (for Jim Salio)
Marshall Hamilton
Melissa Cummins
Nicole Bennett
Pamela Zweifel
Liz Smith
Marcella Paric
Rose Fowler Plummer
Joyce Heddleson
Joseph Kurtzman

MEMBERS ABSENT:

Bill McQuilkin
TeaEster Higgins
Nicole Nix (for Supervisor Adam Hill)
John Armstrong (for Sheriff Parkinson)

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate

GUESTS:

Elissa Feld, Cal Poly
Joe Madsen, THMA

1. **Clint Weirick called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**
Round-table introductions.
3. **Public Comments-**
 - The SLO Out for Mental Health Task Force is a collaboration of over 20 different local agencies, working together to develop a mental health equity agenda and offer tools and resources to address disparities facing all individuals, including those who are a part of the LGBTQ community. SLO county is doing really well compared to other counties. Meeting information: 4th Friday of the month 1:30-3:30pm 784 High st., San Luis Obispo.
4. **Approval of Minutes:** Minutes from January 15, 2020 approved.

M/S/C: Zweifel/Hamilton Abstain: None.
5. **Board Member Reports:**

- Pam: NAMI Walk-A-Thon will be on 05/02/20 at the Mission Plaza
- Marci Paric: Stepping down as Vice-Chair. Anyone interested in this position contact Clint Weirick.
- Elizabeth Smith: Will be retiring in July. Someone from SELPA will represent at this meeting.

6. Ongoing Business:

- **Membership Committee Report- Update:**

- Mary Bianchi -Currently have 19 people. Nicole is our newest member representing Cencal/Agency. Will have an opportunity to choose an Alternate.
- Membership Highlights:

Marshall Hamilton: Started in Mental Health 66 years ago. First job at a Psychiatric Ward in 1956, there where straight jackets and drugs came out. Worked the graveyard shift while he was a student. Hard to believe the ethics back then. As a student, they would announce patients on a stage with their diagnosis. There was Electroshock and Insulin Therapy. Taught 6 years in Washington State University and 25 years as Children's Service Supervisor. After retiring, worked at Colinga State Hospital where all the sex offenders from Atascadero State Hospital went- very interesting treatment program. After two years contracting there, worked 3 years for the Community Counseling Center in the Cambria branch servicing youth and adults. Have participated in the Behavioral Health Board for 4 years. SLO Behavioral Health services have the most outstanding services.

Rose Fowler-Plummer: Graduated from Sacramento State with a BA in Psychology. Worked at Cal State Bakersfield as an online registrar. Had 5 children and took many parenting classes. Worked in SLO Coastal one-on-one play therapy. Got counseling credential, became an elementary school counselor in Morro Bay. Taught skills, started 9 hours a week and worked on increasing position to full-time. In dealing with teenagers, found NAMI, learned so much. Had a child diagnosed with bipolar, son was suicidal, checked into French Hospital, turned life around and graduated from Cal-Poly. Have a passion for early intervention for youth and skills in that area.

- **Committee Liaison: Update**

- QST met. Will ask Sara to send out schedule for meetings for the year.
- CALBHB- Clint attended in San Diego last month. Our mandates come from their planning counsel through their Data Notebook. One of the topics is Trauma Informed Care. Had different presentations and homelessness conversations.
- The County Coalition met last week and spoke about vaping. The County BOS will bring an ordinance. All cities passed bans on sales. Putting policy together banning vaping and sales. Paso Youth Coalition is looking at banning as well. No smoking in any public areas.
- The County Adult Services Counsel- we are allowed to have a formal representative there from BHB. Meet at the Vets Hall and Department of Social Services 9-11am.
- Adult Services, we need to approve a representative. They have speakers talking about elderly, they get legal reps and have many programs regarding senior services. They are

held the first Friday of the month 9-11am. Joseph Kurtzman volunteers to represent the BHB at this meeting.

- **AD-HOC Committee for Spanish Language Services- Accept Final Report:**

- Final Report is not quite ready for review/acceptance. Interviews have been completed and Final report is being worked on.

7. **New Business:**

a) **Membership renewals due for reappointment for 06/30/2020:**

PAM ZWEIFEL

MARSHALL HAMILTON PH.D.

MARY BIANCHI

MARCELLA PARIC

IAN PARKINSON

DAVID RIESTER

b) **New AD-HOC Committee: Study the need for Psychiatric Beds in the County- Joyce Heddleson**

Not ready for a formal ADHOC proposal at this time. Will meet with Anne Robin to talk about community needs.

8. **Presentation: Behavioral Health Overview- Anne Robin**

[Behavioral Health Overview \(2\).pptx](#)

8. **Adjourn the BHB Meeting at 4:56pm.**