

**Behavioral Health Board Minutes
San Luis Obispo County
February 17, 2021
3:00p.m.**

MEMBERS PRESENT:

Clint Weirick
Barbara Levenson
Robert Reyes
Marshall Hamilton
Nicole Bennett
Amber Gallagher
Joseph Kurtzman
DAVID RIESTER
MELISSA CUMMINS
STEPHANIE LANDGRAF (FOR SHERIFF PARKINSON)
JOHNNY RODRIGUEZ
ROSE FOWLER PLUMMER
MARY BIANCHI
AIDAN BEALS (FOR SUP. ORTIZ-LEGG)

MEMBERS ABSENT:

EULALIA APOLINAR
Joyce Heddleson
Pamela Zweifel
MARCELLA PARIC

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate
Frank Warren
Dr. Star Graber
Katie Dolezal
Timothy Siler
Jessica Yates

GUESTS:

Jim Roberts
Clint Weirick

1. **Barbara Levenson called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**
Round-table introductions.
3. **Public Comments-**
 - None
4. **Approval of Minutes:** Minutes from January 20, 2021 approved with one correction: M/S/C:
Riester/Hamilton Abstain: None.
5. **Ongoing Business:**
 - **PROPOSED PRESENTATION CALENDAR FOR 2021:**
 - **MEDICATION ASSISTED TX**
 - **RECOVERY RESIDENCES- HOUSING FOR DAS CLIENTS**
 - **CEN-CAL/MEDI-CAL**
 - **THE REST OF THE MONTHS WE HAVE STANDING BUSINESS/PRESENTATIONS (MHSA)**

THERE MAY BE SOME CALENDAR CHANGES DEPENDING ON AVAILABILITY FOR PRESENTATIONS.

 - **CHAIRING DISCUSSION: BARBARA LEVENSON TO COVER FOR CHAIR –**
BARBARA WILL CONTINUE CHAIRING AS VICE-CHAIR. WE WILL PRESENT THE SLATE OF OFFICERS IN APRIL. IF YOU'RE THINKING YOU WOULD LIKE TO BE A PART OF THE SLATE, PLEASE SAY SO IN APRIL'S MEETING.

6. **New Business:**

- PRESENT RENEWALS DUE FOR RE-APPOINTMENT 6/30/21:
 - EULALIA APOLINAR
 - PAM ZWEIFEL
 - JOYCE HEDDLESON
 - NICOLE BENNETT
 - ROBERT REYES

THIS WILL BE AN ACTION ITEM TO VOTE ON NEXT MONTH FOR THOSE THAT WOULD LIKE TO CONTINUE ON THIS BOARD.

- INNOVATION DRAFT PLAN: FRANK WARREN

REQUIRES A 30-DAY PUBLIC REVIEW. PUBLIC HEARING WILL THEN BE HELD IN OUR APRIL MEETING. FRANK AND TIM REVIEWED THE TWO PROJECTS IN THE INNOVATION PLAN. INNOVATION IS 5% OF YOUR COMMUNITY EARLY INTERVENTION FUND. WE HAVE ABOUT A MILLION DOLLARS TO SPEND OVER THE NEXT 4-YEARS.

THE TWO PROJECTS ARE:

 1. BEHAVIORAL HEALTH EDUCATION AND ENGAGEMENT TEAM (BHEET): DESIGNED TO TEST THE EFFICACY OF ADOPTING A PEER-BASED OUTREACH AND ENGAGEMENT MODEL WITHIN THE COMMUNITY MENTAL HEALTH SYSTEM. BEET WILL EMBED PEER SYSTEM NAVIGATORS WITHIN THE COUNTY'S LOCAL MEDI-CAL HEALTH PLAN PROVIDER TO OFFER MENTORSHIP, ENGAGEMENT CASE MANAGEMENT NAVIGATION WITH COMMUNITY RESOURCES AND EDUCATIONAL PRESENTATION AND ACTIVITIES FOR INDIVIDUALS WHO ARE OUTSIDE THE SERVICE RANGE OF SLO BEHAVIORAL HEALTH.
 2. SOUL WOMB: THIS PROJECT CAME TO US FROM A STAKE HOLDER FROM ANOTHER COUNTY. SOUL WOMB IS A BOOTH WHERE AN INDIVIDUAL SITS IN AND IS SURROUNDED WITH PROGRAM SOUNDS THAT AID IN MEDITATION. TAPS INTO INDIVIDUAL NEEDS FOR STRESS-REDUCTION, RESILIENCE RECOVERY-BASED NEEDS THAT AN INDIVIDUAL CAN DICTATE WHAT THAT EXPERIENCE IS GOING TO BE. WE WOULD EMBED ONE UNIT INSTALLED IN OUR JUSTICE DIVISION DEPARTMENT.

BOTH PROJECTS WOULD COST ABOUT 125,000 PER YEAR. LAURA TO SEND OUT THIS DRAFT PLAN TO YOU AFTER MARCH 15, 2021 FOR REVIEW.

7. **Membership Committee Report- Update:**

- BHB should have received a new BHB Application. Please do fill out and send back to Laura Zarate to archive.
- Vacancies: 4 vacancies on the BHB. If you know of someone who has an interest, please contact Mary Bianchi.

8. **Member Highlight- Barbara Levenson**

Barbara Levenson shared his educational, vocational, and some of her personal history.

9. **Director's Report- Legislative Update, Anne Robin:**

Budget:

- Grants: 737 Million Dollar budget item in the Governor's Budget for Behavioral Health Infrastructure Grant- we will be tracking that. It will be for building and it will require a 25% local match. We will be looking out for more details on this.
- Continue to seek Grant opportunities.

10. **Presentation: MEDICATION ASSISTED TREATMENT DR. STAR GRABER AND KATIE DOLEZAL, NP**

Katie Dolezal is an expert on Medication Assisted Treatment (MAT) in the USA and has given National Webinars. Katie Dolezal works for Drug and Alcohol Services.

(will add hyperlink as I receive the presentation)

- We have a 3-year Federal Grant starting to target population needing Medication Assisted Treatment plus a Stimulant Treatment Program as well. We have a Clinician coming on board

and a Peer Recovery Support person, to work with the hospitals and work with the jail. We have done great strides in keeping the connection.

- 40 Prado Residential Treatment Withdrawal Management Center: 9 bed co-ed facility at 40 Prado in San Luis Obispo. Residential treatment up to 90 days including withdrawal management. Medications will be allowed. Referrals must come from the County. We will be targeting Medi-Cal reimbursement clients. Will be operational August 6, 2021.

11. Adjourn BHB Meeting: 5:00pm