

Behavioral Health Board Minutes
San Luis Obispo County
April 21, 2021
3:00p.m.

MEMBERS PRESENT:

DAVID RIESTER
Barbara Levenson
SARAH SARTAIN (FOR SUPERVISOR ORTIZ-LEGG)
Pamela Zweifel
Joseph Kurtzman
Amber Gallagher
MELISSA CUMMINS
MARY BIANCHI
ROSE FOWLER PLUMMER
Nicole Bennett
JOHNNY RODRIGUEZ
Marshall Hamilton

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate
Clark Guest
Kimberly Mott
Timothy Siler
Alysia Hendry

MEMBERS ABSENT:

EULALIA APOLINAR
Joyce Heddleson
Robert Reyes
JOSH PINTOR (FOR SHERIFF PARKINSON)
MARCELLA PARIC

GUESTS:

Renee Draga
Barry Johnson
Carlos Fernandez
Martin Battle
Jessica Yates
Clint Weirick

1. **Barbara Levenson called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**
 - Round-table introductions.
3. **Public Comments-**
 - Barry Johnson:
 - PAAT has been working with the State, the California Association Mental Health Peer-Run Organizations doing listening sessions and presentations. Held 3 listening sessions where community gave input on what is working and what they would like to see in our mental health system. We are hosting a Summit 4/28/21 and 4/29/21. It is an opportunity to connect and attend workshops. We will have a panel with local providers who will talk about the issues brought-up in the listening sessions. Also, some wonderful workshops including keynote speaker Joseph Kurtzman. For questions, contact Renee Draga at rdraga@tmha.org.
 - Journey of Hope: 5/6/21- virtual this year. Keynote Speaker: Frank Warren, author of Post Secret. based of millions of secrets received worldwide. Music, videos and resource fair with break-out rooms.
 - Kim Mott:

- April is Alcohol Awareness Month- FNL programs are hosting lots of activities and advocacy for reducing alcohol access for minors at different High Schools and Junior Highs.
 - April is FNL Month, doing outreach work all month County-wide. Shout out to the FNL Team-a strong, successful well recognized program in the State here in SLO County.
 - May is Mental Health Awareness Month. We start with Journey of Hope May 6th. TMHA and BH will host a Drive-thru outreach event on Friday, May 21st, 11:30am - 1:30pm at THMA. We have partnered with our local Food Bank at Distribution sites where we'll provide Mental Health education and outreach. Also, will provide Mental Health First Aid on four different occasions. Finally, Alycia Hendry has been instrumental in putting together our Town Hall on May 13th via Zoom and live-streamed. The topic for this is "Investing in Youth Mental Health".
 - All these flyers to be sent out to BHB members.
- Nicole Bennett: The Fifth Annual Bridges to Resilience Conference will be on June 9th. 8am-3pm. It is a virtual event focused on adverse childhood experiences and trauma informed care. CEUs will be available. This is paid for by a Grant, so it is free to the public. To register and for more information log on to: www.bridgestoresilience.com/
 - Barbara Levenson: Juneteenth this year is on June 19th and it will be a virtual event. Behavioral Health supports this event.
 - Anne Robin: We have a new Managed Care Program Supervisor, Kianna Shelton. She will be on the panel for NAACP Juneteenth.

4. **Approval of Minutes:** Minutes from March 17, 2021
M/S/C: Hamilton/Bianchi Abstain: None.

5. **Ongoing Business:**

- Action Item: Vote on Suicide Prevention Plan to go forth B.O.S.- Alycia Hendry
 - M/S/C: Hamilton/Cummins

6. **New Business:**

- **PRESENT SLATE OF OFFICERS**
 - **CHAIR: BARBARA LEVENSON**
 - **1ST VICE CHAIR: PAM ZWEIFEL**
 - **2ND VICE CHAIR: EULALIA APOLINAR**

Request any additional nominations. To vote in May.

7. **Membership Committee Report- Update:**

- Currently we have 4 vacancies on the BHB.
- Mary is working with Anne to produce a flyer that will go on our Behavioral Health social media page.

8. **Committee Representatives Update –** None to Update.

9. **Member Highlight- Anne Robin**

Anne Robin shared her educational, vocational, and some of her personal history.

10. **Director's Report- Legislative Update, Anne Robin:**

- Bill SB855 requires private insurance to cover MH services. The County will remain the primary provider for those with Medi-Cal but insurance companies have asked us. We do not have enough providers to take on private insurance.
- Enhanced Psychiatry consultation/ urgent Telepsychiatry services are services that will be billable to private insurance. To start early in May, 16 hours per day. Will include medication. Will offer evening and weekend hours.
- PHF has been low census. We will investigate why this is. The Crisis Stabilization Unit has had an increase on census.
- Governor's Budget and Infrastructure- looking for a few BHB members to do an ADHOC Committee to start getting input on how we get buildings/infrastructure without maintenance or operational cost. Please email Anne Robin if interested and copy Barbara Levenson.

11. **Presentation: RECOVERY RESIDENCES/HOUSING FOR DAS CLIENTS- CLARK GUEST:**
<I:\Admin-Fiscal\BOS Items\Behavioral Health Board\Presentations\Clark Guest Presentation BHB on RR's 4-21-21 final.pptx>

12. **Adjourn BHB Meeting:** 4:31pm

13. **Public Hearing- INNOVATION PLAN: TIMOTHY SYLER**

<https://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Department-News/Mental-Health-Services-Act-Draft-Innovation-Plan.aspx>

M/S/C: Zweifel/Riester Abstain: None.

14. **Adjourn 4:40pm**