

**Behavioral Health Board Minutes**  
**San Luis Obispo County**  
**November 15, 2023 3:00 p.m.**

**Members Present:**

Barbara Levenson  
Febus (CenCal)  
Melissa Cummins  
LT Robert Crout (for Sheriff Parkinson)  
Chief Robert Reyes  
Amber Gallagher  
Mary Bianchi  
Leslie Brown  
Donna Klein  
Rose Fowler Plummer  
Hugo Balcazar  
Rose Fowler Plummer

**Members Absent:**

Joseph Kurtzman  
Dr. Dana Hunt

**Guests:**

Dr. Seth Stabinsky  
Devon McClellan  
Amanda Sherlock  
Karen Jones  
Mike Bossenberry  
Kristin Jones  
Jill Bolster-White  
Chloe Smith

**Health Agency Staff Present:**

Christy Haney  
Jessica Ybarra  
Dr. Star Graber  
Landon King  
Frank Warren  
Brita Connelly  
Andrew Harris  
Karina Silva Garcia

- 1. Barbara Levenson called meeting to order @3:06 pm**
- 2. Introductions and announcements:**
  - **Round table introductions**
- 3. Public Comments:**
  - Child Advocacy Center update- a location was found for both programs. Board of Supervisors agreed to help support that. Both programs will be housed at the same location. Awaiting notification for funding.
  - No email public comments.
  - Psynergy is opening residential care facility for elderly. Grant funding was received. It will be a 54 bed unit located in Sacramento for co-occurring, whole person care model.

Another facility will be opening in Tulare County as well. Tours are available in Sacramento. For the moment, no dementia or oxygen dependent clients will be accepted. The criteria for the center, clients must be referred by the county, or over the age of 59 ½ years old. Clients under 59 ½ years old can be admitted if referred from a state hospital. All management positions have been filled.

- Breaking Barriers- multi-agency meeting held at the state with more updates to follow.

**4. Approval on Minutes:** Minutes from October 18, 2023 M/S/C: Robert Reyes/Leslie Bown  
Abstain: 0

**5. Ongoing Business:**

- MHSa Annual Report Draft Discussion
  - Defer
- Recruitment flyers for the Behavioral Health Board discussion
  - Flyer slideshow displayed. All wording is consistent within all flyers. Question regarding if some of the flyers will be going on social media? Will there be a more information link? A contact us link? Or a QR code? **Action item:** Webpage to be updated to add “more info”, it will mirror the MHSa page. **Suggestion:** Instead of 5 flyers in circulation maybe utilize 3 flyers. Once for general use, one for lived experience and one for social media.
- January Site Visit: Family Care Network- Devon and Amber
  - Amber to reach out to get the appropriate forms for the site visit.
- 2024 Presentation Calendar Discussion
  - Feb-March Open
  - Suggestions: Grief presentation, May is Mental Health Awareness month, September is Suicide Prevention Month, HMA presentation, Strategic Plan presentation, possibly in February.

**6. New Business:**

- New Health Agency Executive Assistant- Jessica Ybarra
- We are dark in December, we will reconvene on January 17, 2024
- Capstone Gap Report on Children and Youth Services
  - Youth report received and will prepare something in writing for the Behavioral Health Board. They are adding FSP spots and looking into implementing a FSP Lite Team. Frank Warren gave acknowledgment on all the good work that is being done. Suggestions will be carried through to the 5-year plan. Another listening report will be on Friday 11/17/23 at noon via zoom. Jessica will resend out the link after the board meeting.
- Snacks
  - Discussion: Is there a budget for snacks? Yes, there is a small unknown budget. Topic is deferred for now.
- Mask Recommendations
  - Mask requirements during site visits- per Dr. Borenstein masks are not required in Behavioral Health facilities but are always optional.

**7. Membership Committee- Update:**

- Amanda Sherlock’s position will be taken to the Board of Supervisors on November 28<sup>th</sup>

- Will be on the agenda.
- Board of Supervisors approved Devon McClellan's position which will be expiring June 30, 2024
  - Reapproval of position
  - How many more new members- we are currently at 16 with a max of 20 members. 6 agency positions, 13 community, family or consumer members. We are short on community and lived experience. Attending board meetings may be presented to employees as volunteer work.
  - **Suggestion**-Application process needs to be streamlined. **Action Item:** Make a google form and/or QR code to be submitted and filtered to Jessica Ybarra. Check for security issues. The probation executive coordinator makes QR Codes and can be utilized for help if needed.

**8. Committee Representatives- Update:**

- QST Meeting on November 9- Barbara Levenson
  - Cancelled

**9. Administrator's Report**

- Star Graber- Mobile Crisis plan submitted to the state. January 1<sup>st</sup> new law SB43 will change the definition of Gravely Disabled to include mental health AND/OR substance use disorders. 5270 also going into effect, that will move along the process to legal conservatorship. We are on track for the sobering center, and currently discussing remodeling. The sobering center will be a 10-bed co-ed sobering center with the anticipated opening date of March 2024. Question regarding the length of stay- It will be a 24hr at a time sobering center mainly for opioid and alcohol, this would be the first step before going into a detox center. MAT services will also be available to link clients to but will not be directly associated with the sobering center. The location of the Sobering Center will be on the Health Campus, red building. The Crisis Coordination team will also be located there.

**10. Adjourn at 4:03 pm**

**11. Public Hearing: MHSA Annual Update Report – Frank Warren**

The MHSA Fiscal Year 2022-2023 Annual Update to the Three-Year Plan for Fiscal Years 2020-2023 is available now for review and comment from October 18 through November 15, 2023. You can review the Annual Update here: [MHSA Annual Update \(ca.gov\)](https://www.mhsa.ca.gov/annual-update)

Feel free to reach out to the MHSA team if you have further comments or questions:

Frank Warren: [fwarren@co.slo.ca.us](mailto:fwarren@co.slo.ca.us)

Karina Silva Garcia: [ksilvagarcia@co.slo.ca.us](mailto:ksilvagarcia@co.slo.ca.us) Ph: 805-781-1104

A motion was made, seconded, and members voted to: Accept the Report and send to the Board of Supervisors. M/S/C: Robert Reyes, Mary Bianchi

**12. Adjourn at 4:51 pm**

**Next Behavioral Health Meeting January 17, 2024**

