**Behavioral Health Board Minutes San Luis Obispo County**

 **March 20, 2024**

 **3:00pm**

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| **Members Present** | **Members Absent** |
| Barbara Levenson  | Amanda Sherlock |
| Mary Bianchi | Joseph Kurtzman |
| Leslie Brown | Chris Emert |
| Amber Gallagher | Dana Ready-Hunt |
| Melissa Cummins | Hugo Castaneda |
| Rose Fowler- Plummer | Sup. Jimmy Paulding |
| Robert Reyes | Devon McClellan |
| Robert Crout (For Ian Parkinson) | **Guests** |
| **Health Agency Staff Present** | Jon Nibbio |
| Star Graber | Jill Bolster White |
| Allie Metcalf | Kyle May |
| Dr. Sid Puri | Marguritte Harris |
|  | Lindsey Tompkins |

1. **Barbara Levenson called meeting to order @ 3:09 pm**
2. **Introductions and Announcements:**
	* Round table introductions.
	* Dr. Sid Puri was introduced. He was the interim Behavioral Health Medical Director before and has now transitioned to the full-time Medical Director position. Dr. Puri described his experience and shared his vision and plans for the county. A few highlights of his vision are more integration between drug and alcohol services and mental health services, focused treatment around co-occurring disorders, widespread prescribing of naloxone and education and prevention services for youth around substances.
3. **Public Comments:**
	* No Public Comments
4. **Approval of Minutes:**

Minutes from February 21, 2024 M/S/C: Mary Bianchi /Rose Fowler- Plummer Abstain: 3

1. **Ongoing Business:**
	* January site visit: Devon and Amber visited Family Care Network Inc. on 1/29/24. Amber shared about her experience touring the building and learning about the work that Family Care Newtwork does. A few things that stood out on the visit were the utilization and flexibility of the space, the variety of programming in the community they provide, and the creative ways they access clients to provide support and resource connection in a safe way. Jon Nibbio (Family Care Network COO) added some successes and challenges Family Care Network has. One standout success is the number of bilingual staff they have to support the community.
	* Reminder next site visit: SAFE (Services Affirming Family Empowerment) April- Hugo and Barbara
2. **New Business:**
	* Star Graber gave a presentation on the Behavioral Health Strategic Plan and External Quality Review. The mission, vision and values were described and presented. There are five strategic areas, and they have four goals each. A few points about the first year of this plan for each of the strategic areas was presented. Along with the Strategic Plan, the External Quality Review was presented. A few strengths and areas of improvement were highlighted (see PowerPoint for more details).
3. **Membership Committee - Update:**
	* The board member terms of Leslie Brown and Dana Ready Hunt are expiring in June 2024. They have both requested reappointment to the board for another term. A motion was made to move the request for reappointment to the Board of Supervisors. M/S/C: Melissa Cummins/Amber Gallagher
4. **Committee Representatives- Update:**
	* No QST Meeting
5. **Presentations:**
	* **Topic of Juvenile Hall Support Services- Robert Reyes and Team:** The team at Juvenile Hall presented their facility wide framework: Positive Interventions and Support (PBIS). The fundamental purpose of PBIS is to make facilities and institutions more effective and equitable environments for all youth. The presentation went over how they implement the expectations, what interventions they use, and the response to positive and negative behavior. Highlights of this program are its innovative nature and the decrease of use of force since this program has been implemented. (see PowerPoint for more details).
	* **TMHA Presentation:** The Executive Director of Transitions Mental Health Association (TMHA) Jill Bolster-White presented on the organization. TMHA is a nonprofit organization focused on recovery and wellness for people with mental illness. This support comes in the form of work, housing, community support services and family support services. Highlighted programs include Growing Grounds Farm which employs TMHA program clients, The Central Coast Hotline, Forensic Reentry Services, the Homeless Outreach Team and the many housing units TMHA staff oversee. (see PowerPoint for more details).

Reminder: Next Month Presentation on CenCal vs Medicare BH Services

1. **Administrator’s Report**
	* Star Graber will present the Behavioral Health Board Website page at the next meeting.

**Adjourn at 5:01pm** Robert Reyes/Mary Bianchi

**Next Behavioral Health Board Meeting April 17th, 2024 at 3:00pm**