



Meeting Minutes

1. Nestor Veloz-Passalacqua welcomed the stakeholder group at 3:00 pm. All participants introduced themselves and Nestor presented the goals for the meeting. Nestor went on to describe Innovation and its primary purposes: Increase access to underserved groups. Increase the quality of services, including better outcomes. Promote interagency collaboration. Increase access to services. The OAC, Oversight Accountability Commission is the panel that will have the final review of the Innovation proposals listed below.

2. Innovation Proposal: 3 by 3

Presenter: Wendy Wendt

A developmental screening partnership between parents and pediatric practices.

- Create a safe context for screening in partnership with local health providers
- Test multiple methods of implementation to identify optimal approach
- Use screening to integrate mental health into early primary care conversations

This would be a recurring developmental screening using the ASQ (Ages and Stages questionnaire). The Health Educator would facilitate the screening and testing would take place in both CHC and private Pediatric settings. It would relieve time constraints on Pediatrician and provide on-the-spot opportunity for further consultation with Pediatrician and/or referral as appropriate.

3. Innovation Proposal: Community Peer Mentoring Program

Presenter: David Drago

Mobility of Peer Partner: mobile peer partner(s) reaches the community or individuals at their location in need of support, connection, and navigation of mental health services. Reduces time spent for clients to be introduced to services, and offers a direct contact (mobile peer partner) as a success story.

Purpose:

Provide extended mental health services to individuals referred from MHET, PHF, local hospitals, the jail, SLO Hotline, and other sources.

Match a client with a mobile peer partner, with lived experience in:

- Navigating the mental health system
- Continued connection to services
- Personal driver of recovery

4. Innovation Proposal: SLOWRAP

Presenter: James Statler, Dr. Jay BetterGarcia

- Developing an “A-Team” of Mental Health Providers (MPH)
-Adaptation of a new, never tested LGBTQ Cultural Competency Model, Train the Gap, for a provincial/rural setting.
- Pair Doctoral Interns with Peer Counselors
-Innovative and Adaptive LGBTQ Cultural Competence Capacity Building Strategies for Doctoral Level Interns & Peer Counselors.

The intent of this project is to develop an A-Team of specialist therapists and peer counselors locally. Individuals interested would commit to a program of a length TBD, including group work, noted speakers and existing and developing curriculum. These would be the go-to therapists in the areas of sexual orientation and gender identity. Peer counselors would have an important role throughout.

5. Innovation Proposal: Neurofeedback therapy

Presenter: Alicia Dueck

A computer-aided skill-based training method in which selected parameters of the client’s own brain activity, which can normally not be perceived, are made visible to the client. Via monitor and/or headphones the brain is shown what it is doing at the moment (feedback).

Spend a small fraction of the cost of one year’s worth of psychiatric medication for 30 FSP clients, to purchase:

- Advanced Neurofeedback equipment and software
- Training for 4 T-MHA clinicians to operate the equipment and provide treatment
- Training for one T-MHA clinician to assess EEG results, create treatment plans, and mentor clinicians

- Leverage current FSP clinician's time/salaries to offer neurofeedback treatment to all current Adult FSP and Homeless Outreach FSP consumers (50 people).
- Utilize a designated Program Mentor to provide peer support and assist with explaining topics related to treatment; modeling NF equipment; relaying client concerns/feedback to clinicians; and travel coordination and completion.

6. Budget Brief:

FY 2018-19

Potential to add up to \$300K

FY 2019-20

Potential to add up to \$200K

7. STAKEHOLDERS

- You will receive an e-mail from Nestor Veloz-Passalacqua Wednesday, Jan. 24th by noon with:
- A link to prioritize projects, all projects descriptions will be listed in the link.
- The e-mail will also have this PowerPoint presentation so you can take the time to read any information you feel is pertinent to your prioritization.
- You will have until Sunday, January 28th at midnight to prioritize the projects (extension can be provided)

The meeting concluded at 5:30 pm

Next Meeting: TBD

ATTENDEES:

Dr. Jay Bettergarcia, Barry Johnson, Ellen Sturtz, Patty Ford, Briana Hansen, Rebecca Redman, Nestor Veloz-Passalacqua, Frank Warren, David Draggoo, Wendy Wendt, Dr. Nishe Abdul-Cader, Meghan Boaz- Alvarez, Alicia Dueck, Melinda Sokolowski, Bonita Thomas, James Statler, BriAnna Webb-Almanza, Becca Carsel, Doris Bell