SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



Tuesday February 5, 2019 4:00pm-5:00pm Veteran's Hall

# **Meeting Minutes**

1. Nestor Veloz-Passalacqua welcomed the stakeholder group at 4:00 pm. All participants introduced themselves and Nestor presented the goals for the meeting. Nestor also reviewed the Stakeholder Process, format, and rules for the meeting (e.g. consensus voting, no rules of order, etc.). This meeting will focus on the three new Innovation Round Proposals.

### 2. Budget:

- Innovation Round 2019-2023
- Our estimated budget for all four-years of Innovation is about \$1.5M
- Equals roughly \$375K per year (for all approved projects)

#### **3.** Steps to Innovation:

- Approval by the Behavioral Health Board
- Approval by the Board of Supervisors
- Approval by the Mental Health Services Oversight and Accountability Commission
  - a. Technical Assistance provided by OAC staff
  - b. Presentation to Commission
- Request for Proposal/Non-Competitive Bid for Services
- Contract development and Board of Supervisors Approval

#### 4. Innovation Proposal: Swiss Army Knife

This Innovation idea was presented by Yvonne Reiter-Brown a community member and Juvenile Hall volunteer. The problem definition is transition aged and at-risk youth lack a comprehensive transition plan integrating mental health and wellness, milestone achievements and access to resources. The Innovation Proposal is to design and develop a transitional plan provided on a mobile phone for youth to continue to have access to a support system that includes mental health resources, contacts, and commitments created specifically for each youth's needs.

This would include partnership with Amazon Web Services and Cal Poly (HUB) for alignment and creation of new digital solution which includes mobile phones with each youth's unique schedules, commitments, physical and behavioral support, encouragement and contacts. The program could enroll up to 100 youth aged 16-25 referred from Probation and Juvenile hall. This would be a volunteer project and incentives would be offered. The outcomes and objectives would include what technological methods increase youth access to community resources, increase County agencies collaboration around recovery path and success.

- 5. Innovation Proposal: San Luis Obispo Threat Assessment Program (SLO-TAP)
  - This Innovation idea was presented by Joseph Holifield, PhD. and member of the Association of Threat Assessment Professionals. The problem definition is that San Luis Obispo County lacks a coordinated and collaborative training model and system to assess and intervene as necessary with school-based threats. The Innovation Proposal is to Develop a coordinated, collaborative training model and system to: assess, intervene, and provide care as a threat becomes apparent or imminent. The Innovation Implementation would include a stakeholder threat team training to improve clinical skills from a clinical expert in threat assessment, develop a community-based threat assessment system, educate parents, students, faculty and teachers in the threat assessment process. And educate mental health professionals on the threat assessment process. The outcomes and objectives would include state of the art clinical knowledge of threat assessment principles and best practices, interagency cooperation, community knowledge of the threat assessment process and trained mental health professionals in threat assessment.
- 6. Innovation Proposal: Holistic Adolescent Health, Empowering Youth Through a Comprehensive Teen Health Approach.

This Innovation idea was presented by CAPSLO's Joanne Benham, Jenna Miller and Charley Newel. The problem definition is that Teen stress and anxiety interferes with students' abilities to maintain good mental and physical health. San Luis Obispo County lacks a comprehensive health education model that gives students the help and support they need to maintain all aspects of their physical and social/emotional health. The Innovation proposal would address teen stress and anxiety and help students find balance in life through a holistic approach which includes instruction and coaching as well as assessing students' need for additional mental health resources and direct them accordingly. The Innovation Implementation would include Health Educators partnering with staff at Morro Bay High School and Lopez Continuation High School to offer the curriculum in health classes over two semesters reaching 120 students per year with 40 of those students receiving one-on-one health coaching. The outcomes and objectives would include Increasing the mood stability and overall feelings of well-being of the participating students as well as Increasing the

student's ability to identify and cope with feelings, especially negative emotions such as depression and/or anxiety and Establish a referral process for youth who may need additional support.

# **7.** Ranking Process:

- The ranking process is anonymous
- Stakeholders will receive an e-mail with a link with each proposal information (hard copies of the
  proposals and ranking sheets will also be available for the stakeholders). This PowerPoint
  presentation will also be made available to stakeholders/
- Stakeholders will have seven (7) days to complete the ranking process (the e-mail will provide more detail information. The deadline can also be extended if needed)
- Ranking scores will be added and final results sent to stakeholder and the Innovation Presenters
- Any questions or concerns, please feel free to contact the Innovation Coordinator.

#### 8. Innovator Deadlines:

- Continue revising proposals and have a final draft by the end of the month.
- You will be notified of the ranking on Thursday, February 14th by the end of business day (unless extensions are requested)
- Once prioritization is released, we will then work the Oversight & Accountability Commission team to finalize the narrative of the proposal and address any questions/concerns.

# 9. The meeting concluded at 5:25pm

### **10.** Attendees:

Patti Fox, Barry Johnson, David Riester, Bonita Thomas, Kendra Williams, Rebecca Redman Nestor Veloz-Passalacqua, Frank warren, Caroline Johnson, Joseph Holifield, Yvonne Reiter-Brown, Joanne Benham, Lauren Davis, Jessica Husband, Elissa Feld, Jenna Miller, Charley Newel