



San Luis Obispo County Suicide Prevention Council

County of San Luis Obispo Behavioral Health, Prevention and Outreach Division
277 South Street Suite T, San Luis Obispo, CA

Transitions Mental Health Association
784 High Street, San Luis Obispo, CA

March 27, 2019

- I. Quick introduction of any new members**
- II. Sierra Mental Wellness Presentation**
 - a. Crisis Stabilization Unit (CSU)
 - b. Mental Health Evaluation Team (MHET)
 - c. Q&A
- III. Partner Updates**
 - a. TMHA QPR Training April 17th email jcreason@t-mha.org for more info
 - b. County Suicide Prevention now on [County Website](http://slocounty.ca.gov/suicideprevention)
<slocounty.ca.gov/suicideprevention>
 - i. Includes calendar of events
 - ii. Email aahendry@co.slo.ca.us to get any suicide prevention training, outreach, event onto county website
 - c. Senior Information Fair May 14th from 9:30-noon @ Sierra Vista Hospital Auditorium
 - d. April 5th Talk Saves Lives for Veterans at Vet's Center
 - e. May 4th, NAMI Beautiful Minds Walk
- IV. Suicide Prevention Forum**
 - a. October 2 & 3
 - b. The S Word with panel discussion
 - c. SLO and Paso Robles (or another North County location)
 - d. Who would like to join the planning committee?
- V. Suicide Prevention Strategic Planning**
 - a. Please review handout and bring to next meeting

Strengthen Your Role
In Suicide Prevention





Suicide Prevention of SLO County Mission Statement: To prevent suicide and respond to the consequences in a culturally sensitive way through community collaboration between agencies, organizations, and citizens by means of public education, training, and the sharing of resources.

- To advocate for a stronger support system for those struggling with suicide and its consequences
- TO challenge misconceptions regarding mental illness and suicide through community collaboration.
- To work together to create lasting change and support for those struggling with suicide and its consequences.
- To create a community that supports and embraces those who struggle with suicide.
- To create an environment of HOPE.

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