



San Luis Obispo County Suicide Prevention Council

County of San Luis Obispo Behavioral Health, Prevention and Outreach Division
277 South Street Suite T, San Luis Obispo, CA

Transitions Mental Health Association
784 High Street, San Luis Obispo, CA

June 26, 2019

County of SLO Behavioral Health Department

- I. Welcome!**
- II. Sherriff/Coroner One-Page Postvention Sheet**
 - a. What to include:
 - i. Grief Counseling Contact
 - ii. Community Support Resources
 - iii. Meal Train?
 - iv. *TBD Postvention Crisis Support Team (Franklin Cook Model)*
 - b. Languages:
 - i. English
 - ii. Spanish
 - iii. Filipino
 - iv. Azteco
 - v. Others?
 - vi. *identify key stakeholders to help translate*
- III. Strategic Plan Updates**
 - a. Review notes on Solano, Santa Cruz, and Fresno Counties SP Plans
 - i. What identifies with our county?
 - ii. What is missing for our county?
 - b. Review Data Set to identify key groups/stakeholders to include in planning
 - c. County Behavioral Health July 10th meeting with CALMHSA suicide prevention consultants
- IV. Senior and Family Caregiver Wellness Day**
 - a. August 3rd, 2019 9am-12noon
 - b. All community members are welcome
 - c. Resource Fair & Workshops
- V. Suicide Prevention Forum**
 - a. Looking at the Park Cinemas to host the S Word
 - i. Any other theatre ideas/connections?

Strengthen Your Role
In Suicide Prevention





- b. October 2nd at 6pm
- c. Partnering with TMHA's PAAT Team
- d. Any other partnering organizations?

VI. Partner Updates/Notes

- a. *Free Trainings at TMHA*
 - i. Free Adult MHFA July 22 (SLO) 8am-5pm & August 22 (Paso) 8am-5pm
 - ii. Contact Victoria Meredith vmeredith@t-mha.org to register
- b. Other partner updates/events?

VII. Community Need

- a. From our previous meeting:
 - i. Suicide Ideation Support Group
 - 1. Youth and/or all ages
 - ii. Suicide Postvention Strategy
 - 1. Franklin Cook

Suicide Prevention of SLO County Mission Statement: To prevent suicide and respond to the consequences in a culturally sensitive way through community collaboration between agencies, organizations, and citizens by means of public education, training, and the sharing of resources.

- To advocate for a stronger support system for those struggling with suicide and its consequences
- TO challenge misconceptions regarding mental illness and suicide through community collaboration.
- To work together to create lasting change and support for those struggling with suicide and its consequences.
- To create a community that supports and embraces those who struggle with suicide.
- To create an environment of HOPE.

Strengthen Your Role
In Suicide Prevention

