

## Your Rights At a Glance

- a. The right to be treated with respect and with due consideration for your dignity and privacy.
- b. The right to receive information on available treatment options and alternatives, presented in a manner appropriate to your condition and ability to understand.
- c. The right to participate in decisions regarding your healthcare, including the right to refuse treatment.
- d. The right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience, or retaliation, as specified in federal regulations on the use of restraints and seclusion.
- e. The right to request and receive a copy of your medical records, and to request that they be amended or corrected.
- f. The right to be furnished healthcare services in accordance with Federal Regulation.
- g. The right to request a change in provider.

**We want you to know your rights regarding the services you receive at Mental Health. Here is a list at a glance. For more information, please refer to the Guide to Medi-Cal Mental Health Services Handbook or contact the Patient's Rights Advocate at (805) 781-4738**