

**COUNTY OF SAN LUIS OBISPO**

**HEALTH COMMISSION**

Minutes of Meeting

Monday, January 14, 2019 (County Board of Supervisors Chambers)

Members Present: Mary Jean Sage (Chair), Robert Campbell, Elisa Moylan, Catherine Shipp, Susan Warren, Candace Winstead, Jean Raymond, Tamar Sekayan

Members Absent: Jinah Byram

Staff Present: Penny Borenstein, MD, Theresa Miranda

Speakers: Elizabeth Merson, Michelle Shoresman, Joe Madsen, Donna Hayes, and Orlando Gallegos

Agenda Item	Discussion	Action	Who/When
1. Call to Order	Meeting called to order at 6:00 p.m. by Chair Sage.	<i>Call to Order</i>	<i>Chair Sage</i>
2. Approval of Minutes:	November 19, 2018 minutes were approved. December 10, 2018 minutes are to be revised to reflect no meeting will be held in February 2019.	<i>November minutes approved, December minutes revised</i>	<i>MS/JR / All</i>
3. Public Comment:	Chair Sage opened the floor to public comment with no response.		
4. Presentation: Spanish Flu	<p><b>Elizabeth Merson, Public Health Emergency Preparedness presented a 100 Year Commemoration of Spanish Flu Pandemic.</b></p> <p>One of the most important advances is something that many of us take for granted as an annual ritual: the flu shot. SLO Public Health works year-round with partners in the healthcare, emergency management, public safety, and social services to develop plans and procedures to respond to a pandemic.</p> <p>Monitor health impacts from a range of events, including infectious disease, wildfires, and adverse weather events. Maintain a system for information exchange and public health and medical resource coordination Conduct enhanced surveillance during flu season to assess the health impacts.</p> <p>Pandemic Flu remains one of SLO County’s top 3 identified health and medical hazards.</p> <p><b>Wash your hands.</b> Wash your hands with warm, soapy water for at least 20 seconds. If soap and water aren't available, use alcohol-based hand sanitizer.</p> <p><b>Avoid touching your eyes, nose, and mouth.</b> This helps prevent the spread of the virus.</p> <p><b>Avoid contact with people who are sick.</b> This might mean you need to delay a visit or meet by phone or video chat instead.</p> <p><b>Get the flu shot.</b> While the flu shot offers most protection if you get it early in the season, it's better now than never. The flu shot provides protection against multiple strains of flu, including those that may circulate later in the season. If you get a flu vaccine but still get the flu, you will most likely have more mild illness and less risk of serious complications. You can get your flu shot from your health care provider, at many local pharmacies, or at Public Health Department clinics.</p> <p><b>What should I do if I have the flu?</b></p> <p><b>Stay home.</b> If you get sick with flu symptoms, in most cases, you should stay home and avoid contact with other people as much as possible. Rest, stay hydrated, and take temperature-reducing medicines (such as Tylenol or ibuprofen) as needed.</p>	<i>A copy of the Power Point presentation is filed with the official record of the meeting.</i>	

	<p><b>Keep it to yourself.</b> Wash your hands often and use a tissue to cover your cough or sneeze. Avoid spending time with other people, especially those who are at risk for serious complications of the flu. This may mean you need to delay a visit or a meeting.</p> <p><b>Look out for signs that it may be more serious.</b> In most cases, you do not need medical care or prescription medicine to recover from the flu. However, some cases can be more serious. See the symptoms described below for signs that you may need to see a health care provider.</p>		
<p><b>5. Presentation: Care Coordination/ Continuum of Care/ Transitional Shelter and Food</b></p>	<p><b>Michelle Shoresman, Division Manager, Health Agency presented the following:</b> The Recuperative Care Program Concept specifically targets immediate needs of patients being discharged from an acute hospital setting or emergency room due to homelessness and requiring a variety of service needs with no placement options. Based upon the Boston Health Care for the Homeless Program model (<a href="https://www.bhchp.org/about-us">https://www.bhchp.org/about-us</a>), “whole person care”. Began on August 1, 2016 with new <u>24-hour services</u> located at the Maxine Lewis Memorial Shelter (overnight center) located in the City of San Luis Obispo. Low Income Health Program, Local Level Medi-Cal program, Affordable Car Act, Behavior Health Integration Program, and Transitional Mental Health Association are some of the programs available to the community. The many services of the Recuperative Care Program (RCP) are the following:</p> <ul style="list-style-type: none"> <li>• <b>24-hour supervision of patients, meals, beds, showers, clothing</b></li> <li>• <b>Transport/Accompany patient to <u>pharmacy</u> to obtain necessary medications and information - accuracy and response to denials.</b></li> <li>• <b>Transport/Accompany patient to <u>all medical appointments</u> – advocacy and ensuring all patient needs are addressed (beyond the “5 minute”)</b></li> <li>• <b>Nursing education/support (18 hours per week) including:</b> <ul style="list-style-type: none"> <li>✓ <b>Providing patient dosing instructions and set-up of patient medication regimen;</b></li> <li>✓ <b>Review medication compliance and health issues with patients to ensure patient understanding;</b></li> <li>✓ <b>Advocacy with healthcare professionals to ensure patient understanding</b></li> </ul> </li> </ul> <p><b>Donna Hayes, Behavioral Health Psychiatric Technician and Project Director for SLO-HIP, presents the following:</b> San Luis Obispo Health Integrated Programs (SLO-HIP), operates a once a week clinic. The clinic has a CHC nurse practitioner and medical assistant to assist the patients with learning how to take care of themselves. The clinic can draw labs and assist with nutrition. The program is only offered in SLO County and is a pilot program at this time. Funding for this program is from a federal grant from the Substance Use and Mental Health Services Administration (SAMHSA).</p> <p><b>Joe Madsen presented the following on SLO-HUB:</b> SLO-HUB offers counseling and recovery services for homeless individuals experiencing co-occurring mental health and substance abuse challenges. The program is a collaborative between CAPSLO, Transitions Mental Health Association, and Restorative Partners and is funded by Substance Abuse and Mental Health Services Administration. Onsite offices are</p>	<p><i>A copy of the Power Point presentation is filed with the official record of the meeting</i></p>	

	<p>available at 40 Prado which include Community Health Center nurse. The program has been operating for 15 months and is a 5-year grant.</p> <p><b>Michelle Shoresman, Division Manager, Health Agency presented the following:</b>  Recuperative Care Program Concept specifically targets immediate needs of patients being discharged from an acute hospital setting or emergency room due to homelessness, requiring a variety of service needs with no placement options. Project was originally a one-year pilot program and received funding for an additional year.</p> <p><b>Emilio Orlando, presented the following on Transitional Food and Shelter:</b>  Implements two complementary programs for the 80% of homeless that are the most vulnerable men, women, and family’s w/children in our community. The population is mostly single men and women, fragile elders and homeless. The St. Williams and Dove Creek Church serve dinner, breakfast and a bag lunch. 8,025 meals have been served to date. Transitional Food and Shelter provide tiny houses and motel rooms if there is overflow.</p> <p><b>S.A.F.E. System of Care:</b></p> <ul style="list-style-type: none"> <li>❖ Services Affirming Family Empowerment (S.A.F.E.), a System of Care (S.O.C.). A</li> <li>❖ community-based family-centered means of delivering and coordinating services for children and families in San Luis Obispo County.</li> <li>❖ The S.A.F.E. team is a means to access and coordinate intensive services and ensure case management.</li> <li>❖ It brings together the agencies that are relevant to a specific case, putting them together with the family that needs help, and talking about how they can all work together to provide the family with the support they need.</li> <li>❖ TFS currently has three families for which the S.A.F.E. System of Care provides support and direction and is an asset for these cases.</li> <li>❖ S.A.F.E does not serve the majority of Medically Fragile Homeless</li> </ul>		
<p><b>6. Health Agency / Public Health Report</b></p>	<p><b>Penny Borenstein, MD, MPH, Health Officer/Public Health Director, provided an update:</b></p> <ul style="list-style-type: none"> <li>• Community Health Improvement Plan (CHIP) a comprehensive and coordinated program which is organized into eight priorities.</li> <li>• Two new Dent-Cal providers just in the last three months who are now providing dental care for children.</li> <li>• Discussed the County budget. County government is forecasting a deficit for next year that is twice as big as the current year.</li> <li>• Expanding the healthcare umbrella to 26 year of age.</li> <li>• California Alliance for Prevention Funding is a prevention effort statewide to identify a means of sustainable ongoing funding for all health prevention work. The event will be on February 28, 2019 at the Veterans Hall.</li> </ul>		

<p><b>7. Health Commissioner Updates</b></p>	<p><b>Commissioner Warren</b></p> <ul style="list-style-type: none"> <li>Reported on the HEAP Grant which is a 4.3 million dollars grant from the State and will go towards very low-income housing. HSOC Committee meeting is set for tomorrow.</li> </ul> <p><b>Commissioner Campbell</b></p> <ul style="list-style-type: none"> <li>Reported the Oceano Dunes Particle Pollution Reduction Plan, APCD and State Parks will be coming up with a complete proposal for the next four years. The public will have the opportunity to review proposal in April and possibly finalization in the summer.</li> <li>FDA to finalize their recommendations. Waiting to see recommendations and possibly making comments once released.</li> </ul> <p><b>Commissioner Raymond</b></p> <ul style="list-style-type: none"> <li>Attended the Adult Services Policy Council Meeting and there was a speaker from the San Luis Obispo County Veteran Services Office. They can provide assistance for veterans who are in need of help.</li> </ul> <p><b>Commissioner Sage</b></p> <ul style="list-style-type: none"> <li>Reported that the Healthy Communities Work Group poured cement last week. County Planning was present and provided information regarding the updating of Agriculture Worker Housing Ordinance and the San Luis Obispo County Accessories Dwelling Ordinance.</li> <li>Tiny Homes will be discussed at the San Luis Obispo Library on January 23, 2019.</li> <li>Attended the Tobacco Coalition. Will provide public comment regarding expanded their smoking ordinance.</li> <li>Attended a Disaster Healthcare Coalition meeting last week, and a very interesting speaker spoke about her experience from the Camp Fire and Katrina. Should consider DHCC speaking at our Health Commission meeting.</li> <li>The Prevention Health Grant and the CBO grant are in the process of accept application and applications are due by the 15<sup>th</sup> of February. We will meet in March to review.</li> </ul>		
<p><b>8. Committee Reports</b></p>	<p><b>Nominating Committee:</b> Met with a possible candidate. We are still in the review process at this time. We have one vacancy for a committee member.</p>		
<p><b>9. Prospective Future Items</b></p>	<p><b>Chair Sage</b> reports a possible guest speaker regarding end of life and coordinating care. Requesting Theresa and Dr. Borenstein to put together presentation on what the Health Commissioner is and what they do.</p>		
<p><b>10. Meeting</b></p>	<p>No meeting in February. Next meeting is March 11, 2019.</p>		
<p><b>11. Adjournment</b></p>	<p>Meeting was adjourned at 7:54 p.m.</p>	<p><i>Adjournment</i></p>	<p><i>All</i></p>