
Community Health Status Report

San Luis Obispo County
Public Health Department

2013-14

Executive Summary

San Luis Obispo County Public Health Department is pleased to present this Community Health Status Indicator Report for San Luis Obispo County. The mission of the Public Health Department is to promote, preserve and protect the health of all San Luis Obispo County residents through disease surveillance, health education, direct services and health policy development. With an understanding of the health of the population through the collection and analysis of data, we can develop better policies and services to improve the health of our community. By disseminating data to the community, we can help support community-driven health improvement strategies. This report contains information that can be used by health care providers, policy-makers, educators and other community members.

This report gives an overview of the demographics of the population, as well as key health indicators. As much as possible, we have compared our local health status with that of the State, and when available, to the national Healthy People 2020 objectives. In addition to health or medically related indicators, we have also included some socio-economic factors that may influence the health status of populations.

We believe that the community is our most valuable partner in public health; therefore, we especially value your comments, questions and suggestions about the Community Health Status Report. Please send them to:

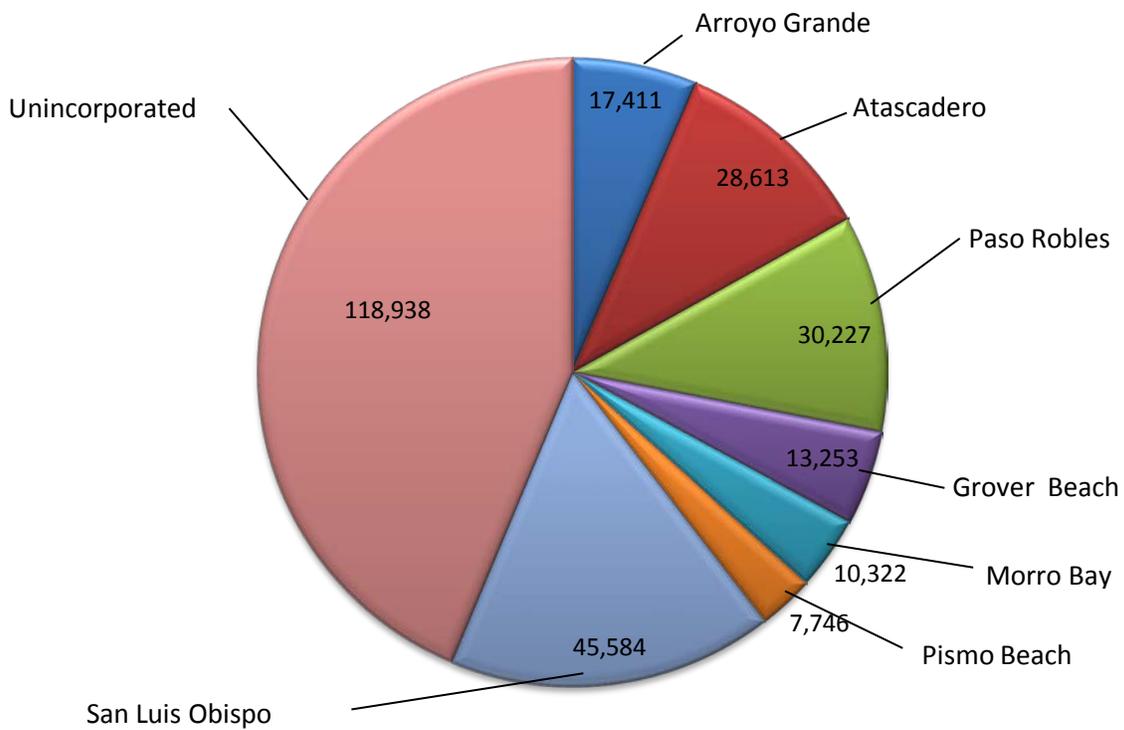
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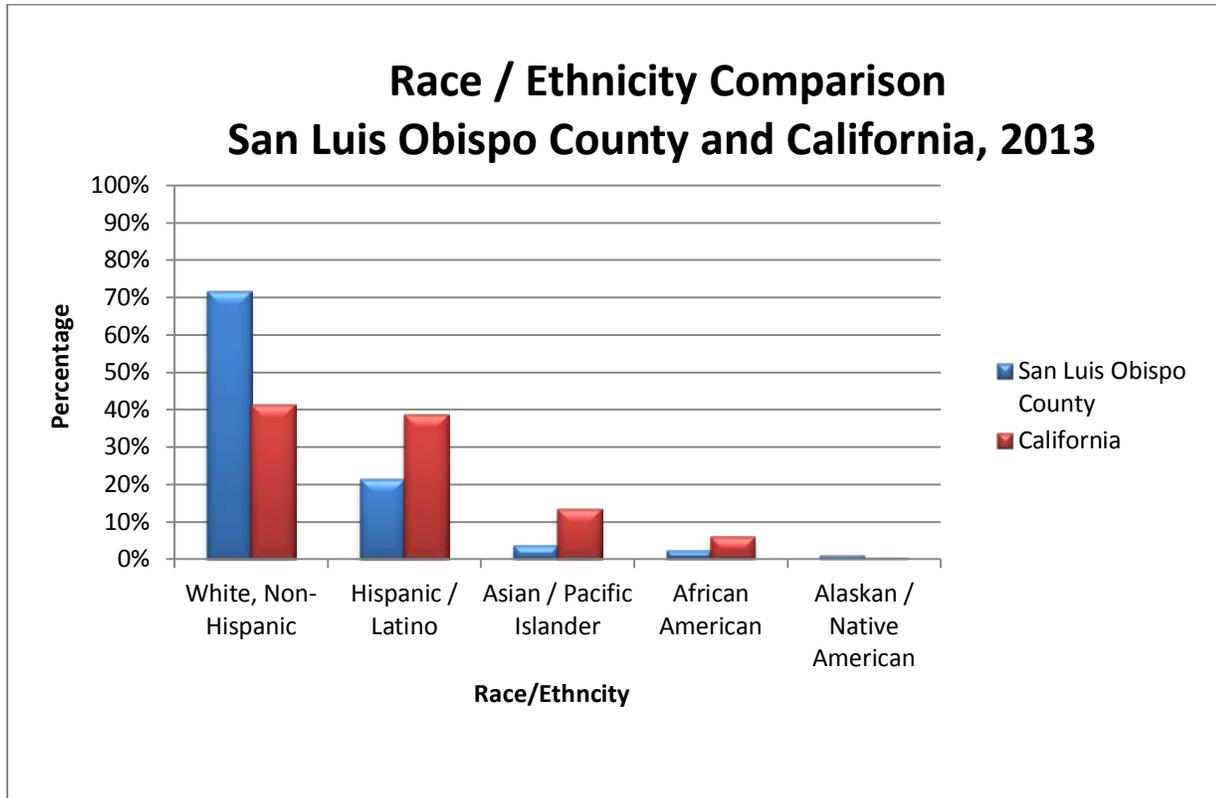
Community Profile

The County of San Luis Obispo is comprised of seven incorporated cities and a large area of unincorporated communities and agricultural land. The majority of the population in San Luis Obispo County lives in the unincorporated area. The largest city San Luis Obispo is the County seat. The second largest city is Paso Robles, which continues to have the highest rate of growth, 24.4% since 2000.

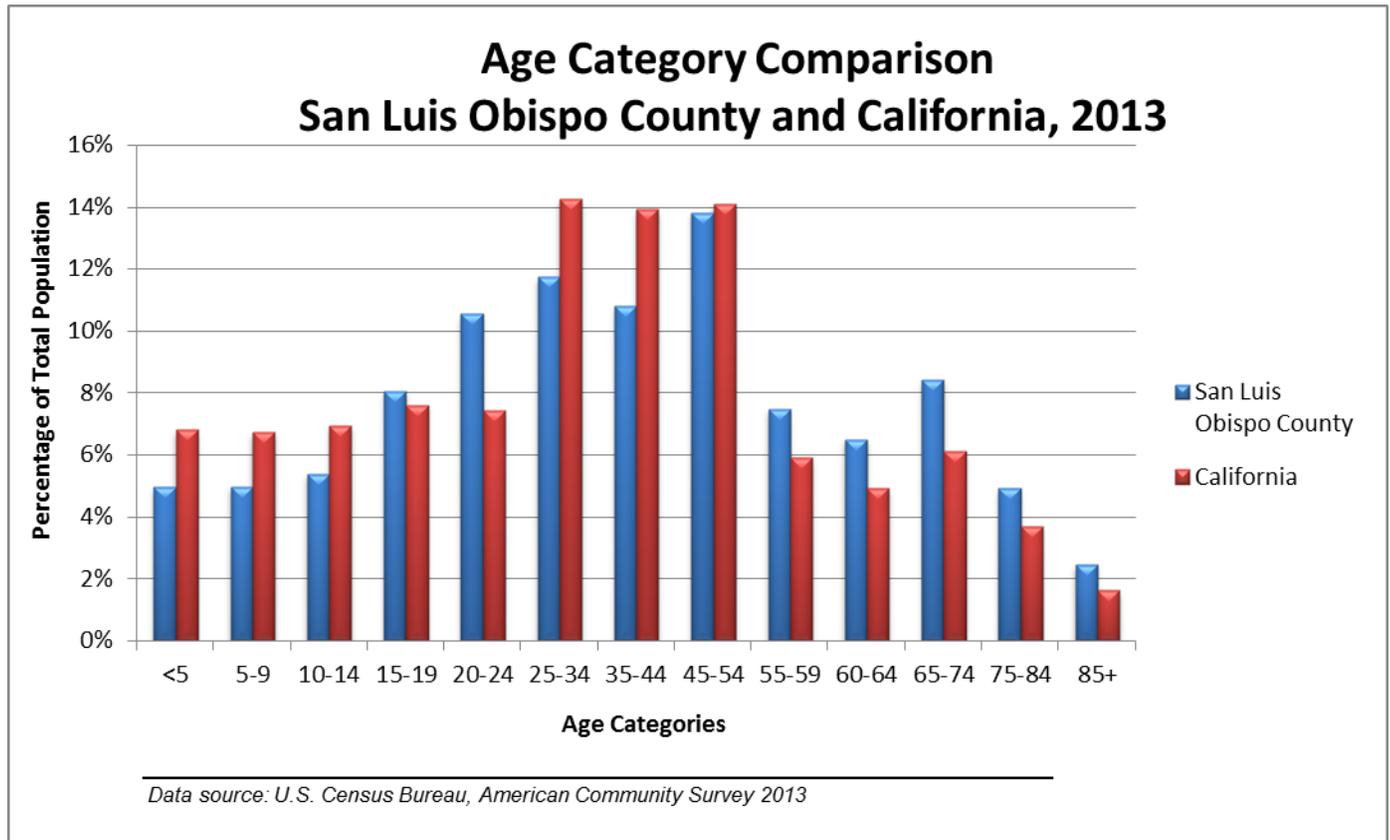
San Luis Obispo County Population by City



According to the 2013 American Community Survey, in a comparison of racial and ethnic make-up of stands apart from the State of California as a whole. San Luis Obispo County has a higher percentage of non-Hispanic whites, and also has a lower percentage of Hispanic/Latino, African American and Asian individuals in comparison to the State of California.



The age distribution of San Luis Obispo County residents varies from that of the State of California. Age demography can have a significant impact on demand for health services, as well as health status.



County Health Rankings

The Robert Wood Johnson Foundation publishes an annual County Health Ranking for all Counties in the United States. Among California counties, San Luis Obispo ranked 9th out of 57 counties for Health Outcomes. The overall category Health Outcomes is comprised of sub-categories, which are listed with their ranking in relation to other California counties below. Additional sub-categories are available for viewing at: <http://www.countyhealthrankings.org/app/california/2015/rankings/san-luis-obispo/county/outcomes/overall/snapshot>

County Rankings Measure	SLO County rank (out of 57)
Health Outcomes	9
Length of Life	22
Quality of Life	4
Health Factors	6
Health Behaviors	5
Clinical Care	6
Social and Economic Factors	5
Physical Environment	12

Leading Causes of Death

Rank	California LCOD Years 2006-2010	SLO 2007	SLO 2008	SLO 2009	SLO 2010	SLO AVG 2011-2013	CA LCOD 2013
#1	Heart Disease	Heart Disease	Cancer	Cancer	Cancer	Cancer	Heart Disease
#2	Cancer	Cancer	Heart Disease	Heart Disease	Heart Disease	Heart Disease	Cancer
#3	Cerebro Vascular Disease						
#4	Chronic Lower Respiratory Disease	Accidents	Chronic Lower Respiratory Disease				
#5	Accidents	Chronic Lower Respiratory Disease	Accidents	Accidents	Accidents	Accidents	Alzheimer's
#6	Alzheimer's	Alzheimer's	Alzheimer's	Alzheimer's	Alzheimer's	Alzheimer's	Accidents
#7	Diabetes	Suicide	Influenza / Pneumonia	Influenza / Pneumonia	Suicide	Suicide	Diabetes
#8	Influenza / Pneumonia	Diabetes	Liver Disease	Diabetes	Diabetes	Diabetes	Influenza / Pneumonia
#9	Liver Disease	Influenza / Pneumonia	Diabetes	Suicide	Liver Disease	Liver Disease	Liver Disease
#10	Suicide	Liver Disease	Suicide	Liver Disease	Influenza / Pneumonia	Influenza / Pneumonia	Essential Hypertension and Hypertensive renal disease

Health Indicators

SAN LUIS OBISPO COUNTY HEALTH INDICATORS	SLO Rate	CA Rate	Healthy People 2020 goal	Measure improves or worsens since last report*
Maternal and Child Health				
Teen birth rate 15-19 year olds ¹ / 2011-2013	14.1	25.5	N/A	↓
% of live births born with low birth weight 2011-2013 ¹	6.0%	6.8%	7.8%	No Change
Prenatal care started in first trimester 2011-2013 ¹	79.7%	81.9%	77.9%	↓
Adequacy of prenatal care 2011-2013 ¹	86.6%	79.2%	77.6%	↑
Infant mortality < 1 year 2010-2012 ¹	6.4*	4.8	6	↑
% mothers initiating breastfeeding 2013	97.1%	93.0%	81.9%	↑
% of children fully vaccinated upon entry into Kindergarten 2014-15	87.16%	90.40%	95.0%	↑
Health Behaviors				
Smoking - % of adults and teens who are current smokers 2011-2012 ²	10.60%	12.70%	12% for adults, 16% for teens	No Change
Obesity - % of persons considered obese ²	12.60%	24.80%	30.60%	↓
% of persons considered overweight ²	35.60%	35.00%		↓
Alcohol % of people reporting binge drinking in past year ²	38.80%	31.10%	24.4% (past month)	No Change
Physical Activity- adults active at least one hour 3 days in past week ²	26.50%	14.60%	43.5 % with physical activity at least 150 min/ week	No Change
Morbidity				
HIV/AIDS	3.3**	8.1		N/A
Chlamydia 2012-2014 age adjusted average rate/100,000 ³	320.19	439.5	N/A	↑
Hepatitis C SLO 2012-2014 age adjusted rate /100,000 ³	219.62	88.3***		↑
Gonorrhea 2012-2014 age adjusted average rate/100,000 ³	37.1	100.4	n/a	↑
Syphilis	1.8*	9.3	n/a	N/A

* Green indicates an improvement in the measure. Red indicates a decline.

**Statistically unstable rate

*** Last data for California is 2011 Hep C rate. Cases in SLO increased in 2012

1 – California Department of Public Health 2015 Annual Health Status Report

2 – California Health Interview Survey

3 – San Luis Obispo County Public Health

Social Determinants of Health

SAN LUIS OBISPO COUNTY SOCIAL DETERMINANTS OF HEALTH		SLO Rate	CA Rate	Healthy People 2020 goal	Measure improves or worsens since last report*
Economic Indicators					
	% of population at or below poverty level 2013	14.3%	15.9%	N/A	
	% of persons under 18 years living in poverty 2013	14.3%	22.1%	N/A	
	Median Household income	\$58,697	\$61,094	N/A	↑
	Median Home Price Q1 2015	\$492,390	\$442,430	N/A	↑
	% of homes able to afford a median priced home	30.0%	34.0%	N/A	↓
	Annual Average rate of Unemployment 2014	5.60%	7.50%	N/A	↓
Education					
	% of persons over 25 with Associate degree	9.4%	7.8%	N/A	↓
	% of persons over 25 with Bachelor's degree	19.8%	19.4%	N/A	↑
	% of persons over 25 with advanced degree	11.7%	11.2%	N/A	↓
	High School graduation rates 2014-15	89.4%	80.4%	82.4%	↑
Access to Health Care					
	% of population without health insurance 2013	13.80%	17.80%	N/A	↓
	% of children 0-17 who are uninsured 2013	8.2%	8.3%	N/A	↓

* Green indicates an improvement in the measure. Red indicates a decline.

**Statistically unstable rate