



COUNTY OF SAN LUIS OBISPO HEALTH AGENCY
PUBLIC HEALTH DEPARTMENT

Michael Hill *Health Agency Director*
Penny Borenstein, MD, MPH *Health Officer/Public Health Director*

PROVIDER HEALTH ADVISORY

Date: March 13, 2020

Contact: Rick Rosen, MD, MPH
Deputy Health Officer
Phone: (805)781-5500, Email: frosen@co.slo.ca.us

Infection prevention and control recommendations for healthcare providers caring for patients with suspected or confirmed COVID-19

The County of San Luis Obispo Public Health Department (SLOPHD) recommends healthcare personnel follow infection prevention and control recommendations for care of patients with suspected or confirmed COVID-19. The following guidance outlines personal protective equipment (PPE) guidelines for healthcare providers caring for suspect and confirmed COVID-19 patients. This advisory also provides guidance for healthcare providers (HCP) exposed to a suspect or confirmed COVID-19 patient.

Minimum personal protective equipment (PPE) recommendations for healthcare providers caring for suspect or confirmed COVID-19 patients

Situation	Minimum PPE Recommendations
Performing Aerosol-Generating Procedures	<ul style="list-style-type: none"> • N95 or higher-level respirator, • eye protection, • gloves, and • gown
Prolonged close contact with a COVID-19 patient NOT wearing a facemask	<ul style="list-style-type: none"> • facemask, • eye protection • gloves and gown required only if extensive body contact with patient (e.g., rolling a patient)
Prolonged close contact with a COVID-19 patient wearing a facemask	<ul style="list-style-type: none"> • facemask

Healthcare providers who have been exposed to COVID-19

HCP who have been exposed to a suspect or confirmed COVID-19 patient without the minimum recommended PPE as outlined above should be excluded from work for 14 days

after exposure. However, if exposed HCP are asymptomatic, they may continue to work if options to improve staffing have been exhausted and their occupational health program has been consulted. In such a case, the post-exposure, asymptomatic HCP must wear a facemask while at work for 14 days after the exposure. If HCP develop even mild fever or respiratory symptoms, they must cease patient care activities and notify their supervisor or occupational health program.

This guidance is applicable in the near term and may be modified as conditions change—stay tuned. Please share this notice with all applicable staff. Previous provider advisories from Public Health are available here : <https://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/Forms-Documents/For-Healthcare-Providers/Provider-Notices.aspx>

Resources:

CDC Interim Infection Prevention and Control Recommendations for Patients with Suspected or Confirmed Coronavirus Disease 2019 (COVID-19) in Healthcare Settings: <https://www.cdc.gov/coronavirus/2019-ncov/infection-control/control-recommendations.html>

CDC Interim U.S. Guidance for Risk Assessment and Public Health Management of Healthcare Personnel with Potential Exposure in a Healthcare Setting to Patients with Coronavirus Disease (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assesment-hcp.html>