

STC COURSE LESSON PLAN

Course Title: Expandable Baton

Course Hours: 4

Course Summary: *(Brief description of the course)*

This course will provide probation officers with the basic skills, training and knowledge to safely and effectively utilize the department issue, Monadnock Expandable Baton in the course of probation field work.

The course will review the department use of force policy, batons nomenclature, the Monadnock Baton Chart, stance and patterns of movement, baton grips and methods of carry, two handed blocks, one-handed strikes, two handed strikes, baton draws, and baton retention.

This course consists of lecture, instructor demonstration, student performance drills and scenarios, and a written and performance test.

Performance Objectives: *(What the trainees will be able to do at the conclusion of the course.)*

- Trainee will be able to describe the SLO County Probation Dept. policy regarding the use of department issued Monadnock batons and articulate tactical considerations to make before drawing their baton in probation field work.
- Trainee will be able to identify and demonstrate understanding of the baton's nomenclature and perform effective draws to any of the three carry positions.
- Trainees will be able to demonstrate safe and effective patterns of movement while effectively handling their batons in any of the three carry positions.
- Trainees will be able to identify effective zones and anatomical areas to target and perform accurate strikes, either one-handed or two-handed.
- Trainees will demonstrate the ability to perform effective blocks to avoid high, low, middle, support side, or strong side attacks.
- Trainees will be able to effectively maintain positive retention of their batons from any threats attempting to gain control of the baton, one or two handed grabs.

Testing Type(s) if Required: *(The type of test(s) to be given in the class or module; i.e., Multiple Choice Test (MCT), Job Knowledge Test (JKT), Behavior Skills Test (BST), and Written Skills Test (WST). Describe in writing each BST and WST to be completed in the class or module.)*

Pre-Post Test

Final Examination

Performance (Behavior Skills)

True/False

Multiple Choice (Job Knowledge) Written Skills (Essay)

Performance (BST): Trainees will be required to score an "Acceptable" rating on each technique listed on the Basic Expandable Baton Course Student Proficiency Test Check sheet. The tested areas include One-Hand Grip, Two-Handed Grip, Vertical Carry Position, Outside-the-Arm Carry Position, Two-Handed Carry Position, Cross Draw, Strong Side Draw, Strong-side Draw, the following Two-Handed Blocks: High, Low, Middle, Support-Side, and Strong Side, One Hand Forward Strike, One Hand Reverse Strike, Two-Handed Front Jab, Rear Jab, Strong-Side Horizontal Strike, Support-Side Horizontal Strike, Middle Strike, 1 or 2 Hand Defense for One-Handed Grip, and 1 or 2 Hand Defense for Two-Handed Grip

Multiple Choice Test (MCT): Trainees will be required to score a minimum of 70% on the POST Expandable Baton Basic Certification Written Test, correctly identifying the required nomenclature of the expandable baton, as well as the listed areas on the human body.

Instructor(s):

Instructor(s) Bio:

Max Class Size: **Class-Instructor ratio is 10-1**

Min Class Size:

Room Setup: (e.g., classroom style, small group, theater, etc.).

1. Either an enclosed or outdoor setting, large enough to accommodate the allotted class size, in conjunction with large and frequent patterns of movement of the number of trainees.
2. Tables and chairs for lecture and testing
- 3.

Materials / Equipment needed: (All material and equipment needed, including handouts and reference material for the class or module.)

1. Strike bags (ratio for students to bags is 2-1)
2. Pens – one per trainee
3. Batons – one per trainee
4. Trainees and Instructors: duty gear/vest, WITHOUT the presence of any other lethal/non-lethal weapons
5. First-aid kit

Outline:

Start Time	End Time	Subject Matter	Instructional Methodology: <i>Lecture Group /Discussion Demonstration Group Exercise Trainee Practice Evaluation</i>	Trainers Speaking Notes: <i>Any notes to remind the trainer of anything pertinent in that section. This may include key concepts, targeted responses, activity instructions, etc. This should be written to a level that a person that is familiar with the content and course could step in and complete the training.</i>	Instructor(s)
0800	0820	Introduction	Lecture	Agency Trainer Introduction, Objective of Expandable Baton Basic Course Certification, Equipment check – no lethal/non-lethal weapons, Use of Force Policy refresher regarding Use of Force Continuum	
0820	0830	Definitions and Baton Nomenclature	Lecture Demonstration	Trainer to review the different parts of the baton, proper foot placement in correlation to maintaining balance, and demonstrate opening and closing of the baton	
0830	0840	Monadnock Baton Chart	Lecture	Trainer will review the strike zones on the baton chart, explaining the reasoning behind all three zones	
0840	0855	Stance and Patterns of Movement	Lecture Demonstration Group Exercise	Trainer will demonstrate proper stance and balance, Forward and Rear Shuffle, Forward and Rear Pivot, Strong Side Sidestep and Support Side Sidestep; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
0855	0900	BREAK		BREAK	
0900	0915	Baton Grips and Methods of Carry	Demonstration Group Exercise Trainee Practice	Trainer will demonstrate one and two handed grips, a one handed carry, and a two handed carry; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
0915	0925	Baton Draws	Demonstration Group Exercise Trainee practice	Trainer will demonstrate cross draws and strong side draws; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
0925	0955	Two Handed Blocks	Demonstration Group Exercise Trainee Practice	Trainer will demonstrate High Block, Low Block, Middle Block, Strong Side Block, and Support Side Block; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
0955	1000	BREAK		BREAK	
1000	1020	One-Hand Strikes	Demonstration Group Exercise Trainee Practice	Trainer will demonstrate Forward Strikes and Reverse Strikes; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	

1020	1055	Two-Hand Strikes	Demonstration Group Exercise Trainee Practice	Trainer will Demonstrate Front Jab, Rear Jab, Support side Horizontal Strike, Strong Side Horizontal Strike, and Middle Strike; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
1055	1100	BREAK		BREAK	
1100	1120	Baton Retention	Demonstration Group Exercise Trainee Practice	Trainer will demonstrate 1 and 2 Hand Grab Defense for a One-Hand Grip, and the 1 and 2 Hand Grab Defense for a Two-Hand Grip; Trainees will follow along with Trainer through a step by step exercise; Trainees will practice a series of repetitions on their own	
1120	1140	Basic Course Written Test	Evaluation	Trainees will take POST Expandable Baton Basic Certification Written Test; passing score is at least 70%; Minimum number of questions is 10	
1140	1200	Basic Course Proficiency Test	Evaluation	Passing score is ACCEPTABLE rating on each technique listed on the Basic Expandable Baton Course Student Proficiency Test Check sheet	