

# STC COURSE LESSON PLAN

**Course Title:** Level of Service – Case Management Inventory (LS CMI) Initial Training

**Length of Course:** 16 hours

**Recommended Maximum Number of Trainees:** 12

**Date Prepared:** 08/22/2019

**Course Summary:** *(Brief description of the course)*

Course designed to teach probation officers working with adult offenders, how to use the LS CMI Offender Assessment tool to identify risk of recidivism. Course taught by 2 to 3 LS CMI trained instructors. The publishers of the LS CMI, Multi-Health Systems, requires participants pass both a written and video test.

**Performance Objectives:** *(What the trainees will be able to do at the conclusion of the course.)*

- Define the LS CMI Key Terms: static and dynamic items, time frames, it/then rules, and protective factors
- Score a LS CMI interview with no more than six scoring disagreements with trainer
- Demonstrate consistent active listening skills throughout a full LS CMI assessment interview
- Convert the results of a scored LS CMI interview so the risk, need, and responsivity issues of the client are accurately identified and how they relate to case planning

**Testing Type(s) if Required:** *(The type of test(s) to be given in the class or module; i.e., Multiple Choice Test (MCT), Job Knowledge Test (JKT), Behavior Skills Test (BST), and Written Skills Test (WST). Describe in writing each BST and WST to be completed in the class or module.)*

WST: 50 item, true/false, matching, multiple choice test

BST: Scoring a one-hour offender assessment video within 15% (6 questions) rater reliability

**Room Setup:** *(e.g., classroom style, small group, theater, etc.).*

Conference Table or U shape table-top arrangement

**Materials:** *(All material and equipment needed, including handouts and reference material for the class or module.)*

Handouts: LS CMI training manual with color copies, LS CMI PowerPoint hand out, practice written cases, LS CMI assessment worksheets, assessment handouts

Writing Implements (e.g. pencils / erasers / highlighters / pens)

**Equipment needed:**

Computer connected to PowerPoint projector with screen (or comparable system)

Videos and PowerPoint

Markers

Dry Erase Board / Flip Charts

## **Day 1**

**8:00 - 8:30**

### **Welcome / Introduction**

- Introductions
- Training Guidelines
- Schedule
- Performance Objectives
- Parking Lot Explained
- Pre-Written Exam

**8:30 - 9:00**

### **Module 1. LS/CMI™ Tool Overview**

- About the LS/CMI™
- The Wall of Recidivism
- LS/CMI™ Sections Orientation
- Section 1 and the “Central Eight”

**9:00 - 9:45**

### **Module 2. LS/CMI™ Why We Use It**

- Social Learning Theory
- Evidence Based Practice
- Risk, Need, Responsivity (RNR)
- Personal, Interpersonal, and Community Reinforcement

**9:45 - 10:00**

### **Module 3. LS/CMI™ Research Behind It**

- Basic Research Language
- Meta-Analyses

**10:00 - 10:30**

### **Module 4. LS/CMI™ How We Use It**

- Static & Dynamic Factors
- Rater & non-rater items
- Time Frames
- If/Then Rules
- Strength/ Protective Factors
- Subcomponents and the “Central Eight” Revisited

**10:30 - 12:00**

### **Module 5. LS/CMI™ Walk-through**

- Scoring Guide Walk-through (Section 1)
- Scoring Guide Walk-through (Sections 2 through 11)

**12:00 - 1:00**

### **Lunch**

**1:00 - 2:15**

### **Module 6. Scoring Practice**

- Group Scoring Exercise
- Completing Sections 1, 2, 4, 5, 6, and 7
- Review and Discuss Scoring Exercise

**2:15 – 4:45**

### **Module 7. Scoring a (1 hr.) Videotaped Assessment Interview**

- Note-taking during a videotaped interview
- Individual Scoring of Interview
- Review and Discuss Scoring

**4:45 – 5:00 Closing, Parking Lot, and Next Steps**

## **Day 2**

- 8:00 - 8:30 Welcome Back**
- Day 1 Recap / Questions
  - Parking Lot
  - Day 2 Overview
- 8:30 - 9:00 Module 8. LS/CMI™ Be Prepared / Pre LS CMI Research**
- Case File Review
  - Data Gathering
- 9:00 - 10:15 Module 9. LS/CMI™ The Interview**
- Assessment Interview Stages
  - Interview Setup/Structure Statement
  - Funnel Approach
  - Interview Closeout
  - Active Listening Skills (OARS)
  - LS CMI Interview Guide
- 10:15 - 12:00 Module 10. LS/CMI™ LS CMI Putting It All Together**
- 1 hour simulated interview competency
- 12:00 - 1:00 LUNCH**
- 1:00 - 1:30 Module 11. LS/CMI™ What Is the End Game**
- Normative Feedback
  - Tying into Case Planning
  - Stages of Change
- 1:30 - 3:30 Module 12. LS/CMI™ Testing Your Skills**
- Written Exam
  - Written Exam Review
  - Video with Scoring Exam
- 3:30 - 4:30 Module 12. Continued**
- Scoring Review and Discussion
  - Computer Scoring
- 4:30 - 4:45 Module 13. Other Things to Know / What's Next**
- LSI-R vs. LS CMI
  - Coaching / Base Assessment
- 4:45 - 5:00 Closing, Parking Lot, Thank you**