

## Mission Statement

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The Coastal Valley Academy (CVA) is committed to influencing positive change in the lives of youthful offenders by engaging them in comprehensive residential treatment and education services in a safe and supportive environment

## Contact Information

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### San Luis Obispo County Probation Department

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## San Luis Obispo County Probation Department

# COASTAL VALLEY ACADEMY

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**Robert B. Reyes**  
Chief Probation Officer



## Program Overview

The Coastal Valley Academy (CVA) is a custody commitment program run by the San Luis Obispo County Probation Department that provides residential treatment programming for wards of the juvenile delinquency court who have been removed from the homes of their parent(s)/guardian(s)

- ◆ Serves female and male youth ranging in age from **14** to **17** years old who previously would likely have been sent to group home placements
- ◆ Program components include intensive case management, evidence based treatment programming, and vocational and educational services
- ◆ Program length varies based upon the individual needs and circumstances of each youth as well as progress in treatment and overall behavior

## Program Services

The San Luis Obispo County Probation Department has partnered with the Family Care Network, Inc. (FCNI) and the San Luis Obispo County Office of Education (SLOCOE) to provide services including, but not limited to the following:

- ◆ Trauma Focused Cognitive Behavioral Treatment
- ◆ Family Counseling
- ◆ University of Cincinnati Corrections Institute Comprehensive Curriculum
- ◆ University of Cincinnati Correction Institute Substance Abuse Treatment
- ◆ Moral Reconciliation Therapy
- ◆ Journaling
- ◆ Child and Family Team Meetings
- ◆ Positive Behavioral Interventions and Supports
- ◆ On-site School with a separate classroom with Special Education credentialed teacher and para-educator
- ◆ Independent Living Program
- ◆ Parent education and support
- ◆ Off-site community activities
- ◆ Home passes
- ◆ Community work service projects

## Program Goal

The goal of the CVA is to safely return youth to the community after reducing their risk of future delinquent behavior by improving their reasoning and avoidance skills and providing them with positive pro-social replacement activities

The CVA uses Positive Behavioral Interventions and Supports (PBIS) as a behavioral intervention model, both in school on the program unit.

In addition to PBIS, the CVA has a level system based on the 5 Stages of Change Model

- ◆ Pre-contemplation
- ◆ Contemplation
- ◆ Preparation
- ◆ Action
- ◆ Maintenance

