

# MEETING MINUTES

## COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of  
adults and seniors. Our vision is safe and supported adults and seniors with  
access to a full continuum of resources and independence wherever they reside.

Leader: Laura DeLoye

Meeting Called By: Laura DeLoye

Facilitator: Laura DeLoye

Time: From: 9:00 To: 11:00

Recorder: Carmina Garcia

Date: Friday June 3, 2022

Location: Via Zoom

Members Present:

1. Laura DeLoye Alzheimer's Association	14. Kim Chartrand Hospice of SLO
2. Carmina Garcia Department of Social Services-Staff Development	15. Fred Monroe Ridership Development Consultants
3. Jerry Mihaic ILRC	16. Jean Raymond Dignity Health/Health Commission SLO County
4. Barry Johnson TMHA	17. Sara Messer Occupational Therapist/Home Free
5. Jessica Devereaux Wilshire Community Services	18. Sue Gibson SLG Senior Care
6. Paul Garth HUD-VASH, VA	19. Mara Whitten CAPSLO – Paso Robles Adult Day Center
7. Richie Reed DSS IHSS	20. Laura DeHaven Wilshire Bereavement Services
8. Elizabeth Merson SLO Public Health	21. Alexandra Morris Geriatric Care Manager
9. Savannah Gil SLOCOG	22. Linda Loeb Senior Volunteer Services
10. Michelle Zulim-Clark SLO Public Health Department	23. April Lewallen PathPoint
11. Juliane McAdam Meals that Connect	24. Lydia Santillan California Phones
12. Christy Ferioli San Luis Obispo Legal Assistance Foundation	25. Clint Weirick Office of CA Senator Laird
13. Betty Purify PSHH	26. Karen Florian CCRC

27. Riley Smith

United Way

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions and Announcements	<p>LAURA DELOYE</p> <ul style="list-style-type: none"><li>• ALZHEIMER’S AND BRAIN AWARENESS MONTH</li><li>• PRIDE MONTH: HAPPY PRIDE MONTH!!</li><li>• ALZHEIMER’S ASSOCIATION INTERNATIONAL CONFERENCE: AT THE END OF THE MONTH IN SAN DIEGO (NEW REPORTS &amp; FINDINGS)</li><li>• JUNE 21<sup>ST</sup> LONGEST DAY OF THE YEAR</li><li>• TURN CAMBRIA PURPLE: FUN FUNDRAISERS, OFFERING EDUCATION IN PERSON AT ST. PAUL’S EPISCOPAL CHURCH ON JUNE 23<sup>RD</sup> @ 1:30PM, EDUCATION ON UNDERSTANDING CAREGIVING, AGING, AND AN OVERVIEW OF DEMENTIA</li><li>• QUARTERLY CAREGIVER RETREAT WAS POSTPONED IT WAS SUPPOSED TO BE ON JUNE 11<sup>TH</sup>, DUE TO COVID IT HAS BEEN RESCHEDULED FOR SEPTEMBER 17, MORE INFORMATION TO COME LATER.</li><li>• NEXT CAREGIVER RETREAT SEPTEMBER 17<sup>TH</sup> FROM 10AM-2PM AT ST. JAMES EPISCOPAL CHURCH IN PASO</li><li>• SAN LUIS OBISPO VETERANS SERVICE COLLABORATIVE RESOURCE FAIR. JUNE 25<sup>TH</sup> FROM 10AM-2PM AT THE VETS HALL IN SAN LUIS OBISPO (POSTPONED TILL FURTHER NOTICE)</li></ul> <p>JERRY MIHAIC</p> <ul style="list-style-type: none"><li>• SAVE THE DATE OCTOBER 22<sup>ND</sup> THIRD ANNUAL FUNDRAISER AT THE CABRILLO PAVILION ARTS CENTER IN SANTA BARBARA, THEY ARE CURRENTLY LOOKING FOR SPONSORSHIPS AND DONATIONS</li></ul> <p>BARRY JOHNSON</p> <ul style="list-style-type: none"><li>• STILL HAS 2 TICKETS FOR PRIDE BRUNCH FOR SUNDAY JUNE 5<sup>TH</sup>, THIS IS FOR THE GROWING TOGETHER FUND, WHICH IS A LGBTQ EDUCATION ADVOCACY FUND OF THE SLO COMMUNITY FOUNDATION; NICOLE SANTA MARIA IS THE KEYNOTE SPEAKER</li></ul> <p>JESSICA DEVEREAUX</p> <ul style="list-style-type: none"><li>• LOOKING FOR A VOLUNTEER RECRUITER SPECIFIC TO NORTH COUNTY, SOMEONE THAT IS INTEGRATED INTO THE NORTH COUNTY AREA. IT IS A PART-TIME POSITION 25HRS A WEEK, IF YOU KNOW OF ANYONE PLEASE REACH OUT</li></ul> <p>RICHIE REED</p> <ul style="list-style-type: none"><li>• MOVEMENTS WITHIN DSS SUPERVISORS: LEAH TETZ NORTH COUNTY SUPERVISOR SERVING ATASCADERO AND NORTH COAST, NEW SUPERVISOR TO THE ADULT PROTECTIVE SERVICES MATTHEW THOMPSON</li></ul> <p>ELIZABETH MERSON</p> <ul style="list-style-type: none"><li>• REQUEST FOR APPLICATIONS WAS POSTED LAST WEEK, THIS IS ANOTHER SOURCE OF ARPA FUNDING FOR COVID ECONOMIC RELIEF, THE RFA HIGHLIGHTS THE ELIGIBILITY REQUIREMENTS AND ARE ENCOURAGED TO WORK WITH PARTNER ORGANIZATIONS ON COLLABORATIVE PROJECTS. UP TO 12 AWARDS WILL WE AWARDED <a href="https://www.slocounty.ca.gov/publichealtharpa">HTTPS://WWW.SLOCOUNTY.CA.GOV/PUBLICHEALTHARPA</a></li></ul> <p>SAVANNAH GIL</p> <ul style="list-style-type: none"><li>• SLO COUNTY COORDINATED HUMAN SERVICES PUBLIC TRANSPORTATION PLAN: (THE COORDINATED PLAN) THE PLAN IS NOW READY FOR PUBLIC REVIEW AND WOULD APPRECIATE YOU, AND YOUR AGENCIES FEEDBACK.</li></ul>

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<ul style="list-style-type: none"> <li>• REPORT <a href="https://www.slocog.org/programs/public-transportation/transit">HTTPS://WWW.SLOCOG.ORG/PROGRAMS/PUBLIC-TRANSPORTATION/TRANSIT</a>, FEEDBACK WILL BE ACCEPTED UNTIL JULY 1<sup>ST</sup>, 2022 <a href="https://www.surveymonkey.com/r/B5RR9CZ">HTTPS://WWW.SURVEYMONKEY.COM/R/B5RR9CZ</a></li> </ul> <p>MICHELLE ZULIM-CLARK</p> <ul style="list-style-type: none"> <li>• INVITATION TO THE SLO CO SENIORS MEETING JUNE 20, 2022, VIA ZOOM MEETING ID: 988 5235 9813 PASSCODE: 192731, SARA MESSER WILL BE THE SPEAKER ON CARING FOR ARTHRITIC HANDS</li> <li>• FALL PREVIEW WEBPAGE: <a href="https://www.slocounty.ca.gov/departments/health-agency/public-health/all-public-health-services/fall-prevention.aspx">HTTPS://WWW.SLOCOUNTY.CA.GOV/DEPARTMENTS/HEALTH-AGENCY/PUBLIC-HEALTH/ALL-PUBLIC-HEALTH-SERVICES/FALL-PREVENTION.ASPX</a></li> <li>• STRENGTH AND BALANCE YOUTUBE VIDEOS (RECORDED SLOCO PRESENTATIONS AND STRENGTH AND BALANCE EXERCISES) <a href="https://www.youtube.com/playlist?list=PLz780JS-ET02IJoA0sCIsJskHGI4J4QFH">HTTPS://WWW.YOUTUBE.COM/PLAYLIST?LIST=PLz780JS-ET02IJoA0sCIsJskHGI4J4QFH</a></li> </ul> <p>CHRISTY FERIOLI</p> <ul style="list-style-type: none"> <li>• LANDLORD TENANT CLINIC AT THE COURTHOUSE HAS CLOSED, ALTHOUGH SERVICES ARE STILL AVAILABLE THROUGH THE COURTHOUSE STAFF.</li> <li>• RECEIVED FUNDING FOR GOVERNMENT BENEFITS WORK: ELIGIBILITY, APPEAL DENIALS, OVERPAYMENTS</li> <li>• ACCEPTING REFERRALS FOR INDIVIDUALS THAT MAY BENEFIT FROM THE FREE LEGAL SERVICE PROVIDED PLEASE CONTACT THE SLO LEGAL ASSISTANCE FOUNDATION</li> </ul> <p>KIM CHARTRAND</p> <ul style="list-style-type: none"> <li>• “WALK FOR HEALING” CURRENTLY IN IT’S LAST WEEK OF FUNDRAISING, ANYONE CAN SIGN UP, SUPPORT A TEAM MEMBER, AS THEY WALK, KAYAK, OR RIDE BIKES</li> </ul> <p>FRED MONROE</p> <ul style="list-style-type: none"> <li>• LAST MEETING WITH ASPC</li> </ul> <p>JEAN RAYMOND</p> <ul style="list-style-type: none"> <li>• COMMUNITY BENEFITS FOR DIGNITY, HEALTH CENTRAL COAST JUST COMPLETED THERE 3 YEAR NEEDS ASSESSMENT, AND WOULD LIKE DIGNITY HEALTH TO SHOWCASE AN OVERVIEW OF THE ASSESSMENT AT A FUTURE ASPC MEETING</li> </ul> <p>SUE GIBSON</p> <ul style="list-style-type: none"> <li>• JUNE 22<sup>ND</sup> GOLF TOURNAMENT FOR THE ALZHEIMER’S ASSOCIATION, THERE ARE TWO SPOTS AVAILABLE FOR THIS SCRAMBLE, IF YOU WOULD LIKE THOSE SPOTS PLEASE GET IN TOUCH WITH SUE.</li> </ul> <p>MARA WHITTEN</p> <ul style="list-style-type: none"> <li>• THERE ARE CURRENT OPENINGS FOR NEW CLIENTS THAT WOULD BENEFIT FROM THE ADULT DAY CENTER OR NEED RESPITE, PLEASE CONTACT, AS THEY ARE DOING HOME VISITS. COVID RESTRICTIONS ARE STILL IN PLACE WITH STAFF WEARING MASK, AND STILL AT 50% CAPACITY PER DEPARTMENT OF SOCIAL SERVICES.</li> </ul> <p>LAURA DEHAVEN</p> <ul style="list-style-type: none"> <li>• EDUCATIONAL OFFERINGS ON THE TOPIC: INTRODUCTION TO GRIEF, TALKING TO CHILDREN ABOUT GRIEF, SUPPORTING CAREGIVERS THROUGH THE GRIEVING PROCESS. ACTIVELY LOOKING FOR ORGANIZATIONS OR GROUPS THAT WOULD LIKE TO HAVE A PRESENTATION ON THE INTRODUCTORY GRIEF WORKSHOP (GRIEF 101) PLEASE CONTACT 805-269-0141EXT 2600 OR <a href="mailto:LDEHAVEN@WILSHIREHCS.ORG">LDEHAVEN@WILSHIREHCS.ORG</a></li> </ul>

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	<p>ALEXANDRIA MORRIS</p> <ul style="list-style-type: none"> <li>THE LONGEST DAY YOGA IN THE PARK AT RAMONA PARK, SATURDAY THE 25<sup>TH</sup> AT 10AM, ALL ENCOURAGED TO ATTEND AND REGISTER  <a href="https://act.alz.org/site/tr/longestday2022/thelongestday?team_id=741386&amp;pg=team&amp;fr_id=15144">HTTPS://ACT.ALZ.ORG/SITE/TR/LONGESTDAY2022/THELONGESTDAY?TEAM_ID=741386&amp;PG=TEAM&amp;FR_ID=15144</a></li> </ul> <p>LINDA LOEBS</p> <ul style="list-style-type: none"> <li>SPECIAL MENTION TO THE VOLUNTEER RECOGNITION BRUNCH, IT WAS A TOTAL SUCCESS, THANK YOU TO CLINT WYRICK FOR COMING AND REPRESENTING SENATOR LAIRD.</li> </ul> <p>APRIL LEWALLEN</p> <ul style="list-style-type: none"> <li>IF THERE ARE ANY SENIORS THAT HAVE BEEN DISABLES ON THE JOB AND ARE STILL LOOKING TO WORK, PLEASE CONTACT PATH POINT AT 805-782-8890</li> </ul> <p>LYDIA SANTILLAN</p> <ul style="list-style-type: none"> <li>IF YOU HAVE ANY CLIENTS THAT HAVE DIFFICULTIES HEARING, SEEING, MOVING OR SPEAKING THEY DO QUALIFY FOR A FREE TELEPHONE.</li> <li>ONGOING LUNCH AND LEARN, FOR THOSE THAT WANT TO KNOW MORE ABOUT THEIR SERVICES AND WHAT THEY OFFER, THESE LUNCHES ARE OFFERED ONCE A MONTH.</li> <li>ALSO OFFERING SMARTPHONE TRAININGS, AND THE BASIC TRAINING ON HOW TO USE THEIR NEW SMARTPHONE.</li> </ul> <p>CLINT WEIRICK</p> <ul style="list-style-type: none"> <li>INFORMATION ON 2022-23 BUDGET: <a href="https://www.ebudget.ca.gov/">HTTPS://WWW.EBUDGET.CA.GOV/</a></li> <li>BILL ON AGING:  <a href="https://leginfo.ca.gov/faces/billSearchClient.xhtml?session_year=20212022&amp;house=both&amp;author=laird&amp;lawcode=all">HTTPS://LEGINFO.LEGISLATURE.CA.GOV/FACES/BILLSEARCHCLIENT.XHTML?SESSION_YEAR=20212022&amp;HOUSE=BOTH&amp;AUTHOR=LAIRD&amp;LAWCODE=ALL</a></li> <li>TO ADVOCATE OR UPLOAD A POSITION LETTER:  <a href="https://calegislation.lc.ca.gov/advocates/">HTTPS://CALEGISLATION.LC.CA.GOV/ADVOCATES/</a></li> <li>CONTACT SENATOR LAIRD IF YOU WANT TO LET US KNOW ABOUT THINGS TO DO:  <a href="https://sd17.senate.ca.gov/contact">HTTPS://SD17.SENATE.CA.GOV/CONTACT</a></li> </ul> <p>KAREN FLORIAN</p> <ul style="list-style-type: none"> <li>THEY CURRENTLY HAVE SOME OPENINGS IN THEIR SUPPORT GROUP IN SPANISH AND ENGLISH FOR THOSE THAT ARE WORKING WITH A CAREGIVER WHO IS A NON-PAID AND CARING FOR SOMEONE WITH A COGNITIVE CONDITION PLEASE CONTACT CCRC.</li> </ul> <p>RILEY SMITH</p> <p>UNITED WAY OF SAN LUIS OBISPO IS GETTING READY FOR STUFF THE BUS: SCHOOL SUPPL DRIVE WHICH WILL TAKE PLACE IN AUGUST STAY TUNED FOR DATES</p>
Public Comment	NONE
Guest Speakers Juliane McAdam Meals that Connect/Senior Nutrition Program	<ul style="list-style-type: none"> <li><b>MISSION:</b> TO ENHANCE HEALTH, RESTORE DIGNITY, SUPPORT INDEPENDENCE, AND REDUCE ISOLATION FOR EVERY SAN LUIS OBISPO COUNTY RESIDENT WHO IS AT LEAST 60 YRS. OF AGE, BY PROVIDING MEANINGFUL CONNECTIONS AND FREE MEALS DELIVERED TO COMMUNITY DINING SITES OR AT HOME.</li> </ul>

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	<ul style="list-style-type: none"> <li>• <b>HISTORY:</b> <ul style="list-style-type: none"> <li>◆ DUE TO THE OLDER AMERICANS ACT, CALIFORNIA RECEIVED FUNDING FOR SENIOR NUTRITION PROGRAMS IN 1974.</li> <li>◆ SAN LUIS OBISPO COUNTY, THE ECONOMIC OPPORTUNITY COMMISSION, NOW CAPSLO MANAGED THE PROGRAM UNTIL 1981. AREA AGENCY ON AGING (AAA) TOOK OVER THE NEXT 10 YRS.</li> <li>◆ 1991 SENIOR NUTRITION PROGRAM INCORPORATED AS A NON-PROFIT 501©(3) ORGANIZATION WITH A VOLUNTEER BOARD OF DIRECTORS.</li> <li>◆ 2016 RECIPIENTS OF THE VERDIN MARKETING 24-HOUR REBRANDING AND BECAME MEALS THAT CONNECT</li> </ul> </li> <li>• <b>HOW IT WORKS:</b> <ul style="list-style-type: none"> <li>◆ ALL FOOD IS PREPARED IN THE CENTRAL KITCHEN IN SLO</li> <li>◆ FOOD IS DELIVERED COLD AND IN BULK TO 10 DINING SITES OR HOME DELIVERY</li> <li>◆ VOLUNTEER DRIVERS PROVIDE SOCIAL CONTACT AND SAFETY CHECKS</li> <li>◆ THE ONLY PROGRAM TO PROVIDE MEALS FOR SENIORS THROUGHOUT SAN LUIS OBISPO COUNTY, AND THE ONLY PROGRAM TO OFFER CONGREGATE DINING</li> <li>◆ IN FY 2020-21, MTC PREPARED AND DELIVERED 200,000 MEALS TO OVER 1,700 COUNTY RESIDENTS</li> </ul> </li> <li>• <b>THE MENU:</b> <ul style="list-style-type: none"> <li>◆ MONTHLY MENUS ARE PLANNED BY A REGISTERED DIETITIAN</li> <li>◆ MEALS ARE APPROVED BY THE AREA AGENCY ON AGING</li> <li>◆ MEALS PROVIDE 1/3 OF REQUIRED DAILY INTAKE FOR AND ADULT</li> <li>◆ NO SPECIAL DIET ACCOMMODATIONS AS FOOD IS PREPARED IN BULK</li> </ul> </li> <li>• <b>OUR STAFF:</b> <ul style="list-style-type: none"> <li>◆ 12 PAID FULL-TIME EMPLOYEES: INCLUDES THE EXECUTIVE DIRECTOR, KITCHEN DIRECTOR, TWO COOKS, TWO DRIVERS, A DISHWASHER, 3 SITE MANAGERS</li> <li>◆ 18 PAID PART-TIME EMPLOYEES: INCLUDING SITE MANAGERS, OFFICE STAFF, FUNDRAISING AND OUTREACH STAFF, BOOKKEEPER, DIETITIAN, AND ASSESSORS.</li> <li>◆ OVER 450 VOLUNTEERS TO HELP DINING SITES AND TO DELIVER MEALS</li> </ul> </li> </ul> <p>COMMUNITY SITES:</p> <ul style="list-style-type: none"> <li>◆ ATASCADERO, CAMBRIA, LOS OSOS, MORRO BAY, NIPOMO, OCEANO, PASO ROBLES, SANTA MARGARITA, THE ANDERSON HOTEL AND THE UNITED CHURCH OF CHRIST CONGREGATIONAL IN SAN LUIS OBISPO</li> <li>◆ ANDERSON HOTEL: THE BIGGEST SITE. SERVES AROUND 170 MEALS DAILY MOST OF THOSE ARE HOME DELIVERIES. JANINE MANAGES 80 VOLUNTEERS WHO DRIVE 13 DELIVERY ROUTES IN THE CITY AND ASSIST IN THE KITCHEN.</li> </ul> <ul style="list-style-type: none"> <li>• <b>APRIL 2022 CLIENT NUMBERS:</b> <ul style="list-style-type: none"> <li>◆ ANDERSON HOTEL: 207</li> <li>◆ OCEANO -185</li> <li>◆ NIPOMO- 82</li> <li>◆ SANTA MARGARITA- 37</li> <li>◆ SLO UCC-3 ( SLO UCC WILL BE THE MAIN SITE OF OPERATION WHEN THE ANDERSON HOTEL CLOSES FOR RENOVATIONS)</li> <li>◆ PASO ROBLES &amp; ATASCADERO -125 EACH</li> <li>◆ MORRO BAY – 79</li> <li>◆ LOS OSOS- 53</li> <li>◆ CAMBRIA- 21</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>◆ ROUGHLY 60% OF CLIENTS RECEIVED HOME-DELIVERED MEALS. 40% WERE PROVIDED MEALS AT 10 COMMUNITY SITES THROUGHOUT THE COUNTY.</li> <li>◆ MARCH 2020: NO MORE CONGREGATE DINING. ALL MEALS DELIVERED. NO HOT MEALS AND COULD NO LONGER ENTER CLIENTS' HOMES.</li> <li>◆ <b>DUE TO Covid-19 SHUTDOWN:</b> NUMBERS WENT UP IN JULY OF 2019 14,000 MEALS WERE SERVED. IN JULY OF 2020 IT WAS 18,000. MEAL PREPARATION WENT FROM 500/DAY TO 1000/DAY. DELIVERY ROUTES WENT FROM 38 TO 52.</li> <li>◆ AS OF JUNE 2022, ALL BUT THREE SITED HAVE RESUMED CONGREGATE DINNING</li> <li>◆ ALL MEALS ARE FREE, ALTHOUGH SOME CLIENTS CHOOSE TO MAKE A VOLUNTARY ANONYMOUS DONATIONS</li> </ul> <ul style="list-style-type: none"> <li>• <b>FUNDING</b> <ul style="list-style-type: none"> <li>◆ LESS THAN HALF COMES FROM FEDERAL AND STATE SOURCES</li> <li>◆ RELY ON LOCAL GRANTS, BUSINESS PARTNERS, AND FUNDRAISING</li> <li>◆ 2020 DISASTER RELIEF FUND BY THE COMMUNITY FOUNDATION OF SLO COUNTY</li> <li>◆ CENCAL HEALTH: PROVIDED TWO NEW REFRIGERATED TRUCKS, MATCHING FUNDS FOR FUNDRAISER</li> <li>◆ NIGHT OF A MILLION MEALS FUNDRAISING GALA, MIKE AND DEBBIE LEMOS ACTION OUT A DINNER AT MCPHEE'S</li> </ul> </li> <li>• <b>PARTNERS</b> <p style="text-align: center;"><b>FOOD BANK COALITION, CAL POLY, LEMOS FEED &amp; PET SUPPLY</b></p> </li> </ul>
Member Comment	NONE
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH JEAN RAYMOND CORRECTION NOTATED
Action Items	<p>APPROVE JUNE 2022 SYNOPSIS</p> <ul style="list-style-type: none"> <li>• A MOTION WAS MADE BY JEAN RAYMOND TO APPROVE THE SYNOPSIS AS WRITTEN: LINDA LOEBS SECONDED THE MOTION</li> </ul>
Committee Updates as Needed	<p>VACCINE UPDATE</p> <ul style="list-style-type: none"> <li>• THE CASES ARE RISING IN THE COUNTY. THE WERE 210 CASES, PLEASE USE CAUTION, HANDWASHING, MASKING IN PUBLIC PLACES.</li> <li>• ENCOURAGING MOBIL VACCINES, AND GET BOOSTERS, PUBLIC HEALTH IS WORKING ON THIS. THE TEST TO TREAT PROGRAM FOR PEOPLE OVER 65 ARE ENCOURAGED TO GET TESTED AND SEEK TREATMENT WITHOUT A DOCTORS' ORDER, AND IF TESTED POSITIVE YOU CAN ALSO GET A PRESCRIPTION FOR THE ANTIVIRALS. PLEASE SEE THE PUBLIC HEALTH WEBSITE FOR DETAILS.</li> </ul> <p>HEALTH DECISION MAKING CARE</p> <ul style="list-style-type: none"> <li>• NONE</li> </ul>

**The next meeting is: Friday August 5th, 2022**  
**Location: Via Zoom**

**Time: 9:00 AM**