

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Linda Loebs (805) 369-6212
Immediate Past Chair: Laura DeLoye (805) 342-0956
First Vice Chair: Riley Smith (805) 541-1234
Second Vice Chair: Savannah Gil (805) 597-8053

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Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

AGENDA

Friday, March 3rd, 2023

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency, or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (10 Minutes or less)

- **Savannah Gil: SLOCOG –**
2023 Regional Transportation Plan
- **Francine Levin, Program Manager, Injury Prevention -**
State and Local Public Health Partnership, Healthy Brain Initiative grant opportunity, to address dementia in SLO County - advisory committee

GUEST SPEAKERS: (45 Minutes)

- **Sue Gibson: SLO Senior Housing Options –**
IL/AL/MC/B&C

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**
- **Vote:** ASPC acting as advisory committee (starting July 2023) for SLO County--Public Health should Healthy Brain Initiative grant be awarded

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making and Care**
- **Strategic Planning Ad Hoc Group**

MEETING LOCATION:

This month's meeting will be available via Zoom

The Zoom link:

Zoom link: <https://us06web.zoom.us/j/85837371105>

Dial In: 669-900-6833

Meeting ID: 858 3737 1105

NEXT MEETING:

April 7th, 2023

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Linda Loeb

Meeting Called By: Linda Loeb

Facilitator: Savannah Gil

Time: From: 9:00 AM To: 11:00 AM

Recorder: Gabriela Garcia / Samuel Graves

Date:

Location: Via Zoom

Members Present:

Tonya DeRose – TMHA	Jerry Mihaic – ILRC
Hannah Mills-Fragione – Central Coast Caregivers Resource Center	Savannah Gil – SLOCOG
Carmen Garcia – California Phones	Paul Garth – HUD/VASH
Danielle Raiss – DSS Adult Protective Services	Michelle Zulim-Clark – County of SLO Public Health
Mark Shaffer – Ride On / Cerebral Palsy	Aaron Pankratz – Central Coast Commission for Senior Citizens
Barry Johnson – TMHA	Andrea Keisler – SLO Food Bank
Laura DeHaven – Wilshire Hospice Center	Sergio Cendejas – Alzheimer’s Association CA Central Coast
Sue Gibson – SLG Senior Care	Elizabeth Merson – SLO Public Health
Alexandra Morris – Geriatric Care Mgmt	Karen Florian – Coast Caregiver Resource Center
Tauria Linala – GPDC Senior Advocacy & SLO Village	Paulina Flores Jimenez – County of SLO Public Health
Bernie Rubio – SLO Health Dept. Patient Services	Kevin Green – SLO Legal Assistance Foundation
Francine Levin – SLO Public Health	Jean Raymond – Dignity Health
Jimmy Paulding – District 4 County Supervisor	Gabriela Garcia – DSS
Linda Beck – Long Term Care Ombudsman	Roderick Brown - Guest

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions and Announcements	<p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • ILRC NOW HAS A DEDICATED BENEFITS ADVOCATE <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • UNITED CEREBRAL PALSY WILL BE HOSTING A DRIVE-THRU BBQ ON MARCH 31ST FROM 4:30 PM TO 6:30 PM • RIDE ON IS CONTINUING TO HIRE NEW DRIVERS AND IS OFFERING A CPR/FIRST AID CLASS ON MARCH 15TH FROM 10:00 AM TO 1:00 PM <p>DANIELLE RAISS</p> <ul style="list-style-type: none"> • DSS IS LOOKING TO APPLY FOR A LOCAL MASTER PLAN ON AGING GRANT <p>AARON PANKRATZ</p> <ul style="list-style-type: none"> • WILL BE POSTING A NOMINATION FORM FOR OLDER AMERICANS MONTH • LOOKING FOR “BETA TESTERS” FOR ONLINE SURGICAL DATABASE OF RESOURCES <p>BARRY JOHNSON</p> <ul style="list-style-type: none"> • THMA IS LOOKING FOR ARTISTS TO PARTICIPATE IN UPCOMING ART SHOW IN MAY TO CELEBRATE MENTAL HEALTH AWARENESS MONTH • ANNUAL BOWL-A-THON FUNDRAISER WILL TAKE PLACE MAY 19TH – 21ST • “JOURNEY OF HOPE” ANNUAL EVENT WILL BE HELD IN-PERSON ON MAY 1ST <p>ANDREA KEISLER</p> <ul style="list-style-type: none"> • CALFRESH EMERGENCY ALLOTMENTS WILL BE ENDING AND BENEFITS WILL LOWER AFTER MARCH 26TH <p>SERGIO CENDEJAS</p> <ul style="list-style-type: none"> • RESEARCH RECEPTION WILL BE HELD ON MARCH 15TH FROM 5:30 PM TO 7:00 PM <p>HANNAH MILLS-FRAGIONE</p> <ul style="list-style-type: none"> • NEW HIRING POSITIONS ARE AVAILABLE WITH CENTRAL COAST CAREGIVERS RESOURCE CENTER
Public Comment	<ul style="list-style-type: none"> • NONE
Member Comment/Spotlight	<p>SAVANNAH GIL - 2023-2045 REGIONAL TRANSPORTATION PLAN</p> <ul style="list-style-type: none"> • SLOCOG’S PRIME RESPONSIBILITIES INCLUDE PLANNING AND FUNDING FOR TRANSPORTATION IN THE REGION AND SERVE AS A FORUM FOR THE STUDY AND RESOLUTION OF REGIONAL ISSUES • REGIONAL TRANSPORTATION PLANS MUST BE UPDATED EVERY FOUR YEARS AND ARE MANDATED BY STATE AND FEDERAL GOVERNMENTS IN ORDER RECEIVE STATE AND FEDERAL FUNDING. THE RTP MUST ALIGN WITH REGIONAL AND LOCAL PLANS AS WELL. • RTP PUBLIC OUTREACH EFFORTS WERE STARTED IN MARCH 2021 AND INCLUDED: ONLINE SURVEYS, CREATION OF A FUEL TAX TOOL, CREATION OF A BUDGET TOOL, CREATION OF COMPLETED AND CURRENT PROJECTS MAP, HOSTED EIGHT STEERING COMMITTEE MEETINGS, AND SHARED PROGRESS OF THE PLAN WITH BOARD AND ADVISORY COMMITTEES. SLOCOG IS NOW PRESENTING PUBLIC REVIEW DRAFT PLAN.

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • RTP IS COMPOSED OF: <ul style="list-style-type: none"> ○ POLICY ELEMENT: STRUCTURED AROUND THE GOALS OF IMPROVING AND MAINTAINING INFRASTRUCTURE; IMPROVING INTERMODAL MOBILITY AND ACCESSIBILITY; SUPPORTING A RESILIENT ECONOMY; IMPROVING PUBLIC SAFETY AND SECURITY; FOSTERING HEALTHY COMMUNITIES, PROTECTING AND ENHANCING THE ENVIRONMENT; PRACTICING FINANCIAL STEWARDSHIP ○ FINANCIAL ELEMENT: \$3.1 BILLION IS PROJECTED TO BE AVAILABLE FOR TRANSPORTATION INVESTMENT THROUGH THE YEAR 2045. RTP STAYS WITHIN THIS BUDGET BUT LEAVES MANY PROJECTS UNFUNDED. • THE SUSTAINABLE COMMUNITIES STRATEGY IS REQUIRED TO PLAN FOR GROWING POPULATION, HOME DEVELOPMENT AND JOB CREATION. PROJECTIONS BASED UPON GENERAL PLANS ALLOW FOR NEW GROWTH, IMPROVEMENT TO THE JOBS-HOUSING IMBALANCE, PROTECTION OF FARMLANDS AND OPEN SPACE, AND ACHIEVEMENT OF TARGETED GREENHOUSE GAS REDUCTIONS • SLO COUNTY DOES NOT HAVE A SALES TAX FOR THE REGIONAL TRANSPORTATION PROJECTS, BUT DEPENDS UPON LOCAL CITIES, THE COUNTY, STATE AND FEDERAL BUDGETS FOR SUPPORT • DRAFT PLAN AND REGIONAL TRANSPORTATION OUTLOOK MAP CAN BE FOUND AT SLOCOG.ORG/2023RTP. SLOCOG IS ACCEPTING COMMENTS ON THE PLAN UNTIL APRIL 6TH AND THE BOARD OF DIRECTORS WILL CONSIDER THE ADOPTION OF THE 2023 RTP ON JUNE 7, 2023. <p>FRANCINE LEVIN – SLO PUBLIC HEALTH PROGRAM MANAGER, INJURY PREVENTION</p> <ul style="list-style-type: none"> • INJURY PREVENTION PROGRAM OF SLO PUBLIC HEALTH IS AIMING TO EXPAND FALL PREVENTION PROGRAM TO ENCOMPASS MORE HEALTHY AGING AND HAS BEEN DEVELOPING A HEALTHY BRAIN INITIATIVE EDUCATION CAMPAIGN • THE CALIFORNIA DEPARTMENT OF PUBLIC HEALTH ALZHEIMER’S PROGRAM HAS A GRANT AVAILABLE TO FUND SIX LOCAL HEALTH JURISDICTIONS • A STIPULATION OF THIS GRANT REQUIRES THAT SLO PUBLIC HEALTH HAS TO ENGAGE AN ADVISORY COMMITTEE, A ROLE WHICH THEY HOPE TO BE FULFILLED BY ASPC • THE FUNDING OPPORTUNITY OF THE GRANT WOULD BE FOR TWO YEARS BEGINNING JULY 2023 TO JUNE 30, 2025 • THE FUND AMOUNT IS \$708,000.00 OVER THOSE TWO YEARS • SLO PUBLIC HEALTH IS LOOKING TO PARTNER WITH THE ALZHEIMER’S ASSOCIATION, AND THE CENTER FOR FAMILY STRENGTHENING TO INCREASE OUTREACH TO LATINX FAMILIES • IF ASPC BECAME ADVISORY GROUP, SLO PUBLIC HEALTH WOULD: <ul style="list-style-type: none"> ○ REPORT UPDATES AND PROGRESS TO ASPC FOUR TIMES / YEAR ○ REQUEST MEMBERS PROVIDE INPUT FOR “NEEDS MET” ASSESSMENT FOR FIRST SIX MONTHS OF GRANT, AS WELL AS PARTICIPATION IN A SATISFACTION SURVEY ○ REQUEST INPUT ON DEVELOPMENT OF STRATEGIES PROVIDED BY THE PUBLIC HEALTH DEPARTMENT INJURY PROGRAM AND COMMUNITY PARTNERS ○ PROMOTE EXISTING SERVICES AND POLICIES THAT SUPPORT EFFECTIVE INTERVENTIONS AND BEST PRACTICES THAT PROTECT BRAIN HEALTH, ADDRESS COGNITIVE IMPAIRMENT, AND ADDRESS THE NEEDS OF CAREGIVERS OF PEOPLE WITH DEMENTIA

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> ○ SLO PUBLIC HEALTH WOULD BE RESPONSIBLE FOR ORGANIZING ANY PRESENTATIONS, EVALUATION TOOLS, SUMMARIES, AGENDA ITEMS, ETC., AS WELL AS PROVIDING TRAININGS AND UPDATES ON GRANT ● SLO PUBLIC HEALTH'S GOAL WITH THIS FUNDING WOULD BE FOR SLO COUNTY TO BECOME DEMENTIA-AWARE BY PRIORITIZING GOALS AND STRATEGIES TO ENSURE THAT ALL COMMUNITY MEMBERS AT EVERY AGE OF LIFE UNDERSTAND COGNITIVE DECLINE AND THAT IT IS NOT A NORMAL PART OF AGING ● DEADLINE FOR GRANT IS MARCH 17TH, 2023
Guest Speakers	<ul style="list-style-type: none"> ● SUE GIBSON: SLO SENIOR HOUSING OPTIONS – IL/AL/MC/B&C ● HOUSING OPTIONS INCLUDE INDEPENDENT LIVING, ASSISTED LIVING, MEMORY CARE, AND BOARD & CARE ● A RECENT STUDY INDICATES THAT INDIVIDUALS ARE HIGHLY AVERSE TO DISCUSSING SENIOR CARE WITH THEIR PARENTS ● REASONS TO CONSULT SLG SENIOR CARE: <ul style="list-style-type: none"> ○ MONITORS CARE AND VIOLATION HISTORY TO ASSURE SAFE OPTIONS ○ PROVIDES IN-DEPTH ASSESSMENT TO FIND BEST MATCH ○ PROVIDES FACT SHEETS ON EACH HOME TO FIND BEST MATCH ○ TOURS HOME WITH THE FAMILY ○ FOLLOWS UP AFTER MOVE IN WITH PERSONAL VISITS ○ HELPS SECURE MD PAPERWORK ○ PROVIDES RESOURCES SUCH AS MOVE MANAGERS, REAL ESTATE AGENTS, ETC. ○ SERVICE IS FREE ● IN SLO COUNTY THERE ARE 110 SENIOR COMMUNITIES AND HOMES ● PRICING AVERAGES: <ul style="list-style-type: none"> ○ SMALL 6 BEDS: \$3500 - \$9000/MONTH ○ MEDIUM 12-32 BEDS: \$4800 - \$10,000/MONTH ○ LARGE 50-150 BEDS: \$3500 - \$8000 + CARE COSTS ○ RESPITE COSTS: \$250 - \$350/DAY ● INDEPENDENT LIVING (IL) OPTIONS PROVIDE 2-3 MEALS/DAY, WEEKLY HOUSEKEEPING, LAUNDRY FACILITIES, HAIR SALON, ACTIVITIES ROOM, MONTH-TO-MONTH ROOM LEASES, AND TRANSPORTATION <ul style="list-style-type: none"> ○ LAS BRISAS, THE VILLAGES, THE WYNDHAM, CASE DE FLORES, THE AVILA, THE OAKS, AND CRESTON VILLAGE ARE ALL IL ● ASSISTED LIVING (AL) IS SIMILAR TO IL BUT INCLUDES CARE AND HOSPICE WAIVER <ul style="list-style-type: none"> ○ THE VILLAGES AT GARDEN CREEK, ALDER HOUSE AND ANNETTE LODGE ARE AL ● MEMORY CARE (MC) IS SIMILAR TO AL BUT CLIENTS MUST HAVE A MCI, DEMENTIA OR ALZHEIMER'S DIAGNOSIS PRIOR TO ADMISSION, MEALS ARE PROVIDED WITHOUT MENUS, PRICING IS USUALLY ALL-INCLUSIVE, SHARED ROOMS MAY BE OFFERED, AND FACILITIES MAY BE LOCKED

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • BOARD AND CARE / RESIDENTIAL CARE IS USUALLY A HOME CONVERTED TO A FACILITY WITH LICENSED, BONDED AND TRAINED STAFF. MEALS ARE OFTEN COMMUNAL, AND ACTIVITIES ARE LIMITED. TERMS ARE MONTH-TO-MONTH. • THERE ARE MANY THINGS TO CONSIDER WHEN SELECTING A FACILITY: VISITING HOURS, ATTRACTIVE GROUNDS, MEAL OPTIONS, FURNITURE, RESTROOMS, PET RESTRICTIONS, ACTIVITY CALENDARS, RELIGIOUS SERVICES, STAFF TRAINED AND CERTIFIED, EMERGENCY RESPONSE, CARE COSTS, TRANSPORTATION, ETC.
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH NO CORRECTIONS OR ADDITIONS
Action Items	<p>APPROVE FEBRUARY 2023 SYNOPSIS: A MOTION WAS MADE BY TAURIA LINALA TO APPROVE THE SYNOPSIS AS WRITTEN. SAVANNAH GIL SECONDED THE MOTION.</p> <p>A MOTION WAS MADE BY ELIZABETH MERSON AND SECONDED BY BARRY JOHNSON TO VOTE ON ASPC ACTING AS THE ADVISORY COMMITTEE (STARTING JULY 2023) FOR SLO COUNTY PUBLIC HEALTH'S HEALTHY BRAIN INITIATIVE PROGRAM SHOULD THE GRANT BE AWARDED. BY A SHOW OF HANDS, WITH ONLY ONE ABSTAINING, THE VOTE WAS PASSED FOR ASPC TO ACT AS THE ADVISORY COMMITTEE FOR SLO COUNTY PUBLIC HEALTH'S HEALTHY BRAIN INITIATIVE PROGRAM SHOULD THE GRANT BE AWARDED.</p>
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE: NONE</p> <p>THE STRATEGIC PLANNING AD HOC GROUP : THE AD HOC COMMITTEE ON STRATEGIC PLANNING MET LAST MONTH AND DISCUSSED WHERE ORGANIZATIONS MIGHT FIT INTO THE MASTER PLAN ON AGING STRUCTURE WITH AN EYE FOR IDENTIFYING FUNDING, HOW TO CONNECT WITH ORGANIZATIONS THAT ARE NOT PART OF THE AD HOC COMMITTEE, HOW TO DEVELOP QUANTITATIVE INFORMATION ON OLDER ADULT NEEDS AND SERVICES USING EXISTING CENSUS AND OTHER DATA. THE AD HOC GROUP IS EXCITED ABOUT THE APS PLAN TO APPLY FOR AN MPA GRANT AND LOOK FORWARD TO WORKING WITH ROBERT AND HIS TEAM ON THAT. THE GROUP WILL MEET AGAIN ON MARCH 22, 2023.</p> <p>IF YOU HAVE QUESTIONS, PLEASE CONTACT LINDA BECK (LBECK805@GMAIL.COM), ANNE WYATT (ANNE@SMARTSHAREHOUSINGSOLUTIONS.ORG) OR TAURIA LINALA (TLINALA@PACBELL.NET)</p>

The next meeting is: Friday April 7th, 2023
Location: Via Zoom

Time: 9:00 AM