

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

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**Meeting Date:** Wednesday October 26, 2022  
**Time:** 10:00 am - Noon  
**Location:** **DSS Building, 3433 South Higuera Street, Room #101, SLO**

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Check/announce meeting being recorded
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, scams - 2 min. max*

**Introductions:** Members, and Guests (please provide your name and brief agency description)

**Member rollcall:** (Chair to establish Quorum)

**Approve Minutes:** September 28, 2022

**Presentation:** **Medicare Plans, Changes, and Choices 2023  
Open Enrollment Oct 15-Dec 7, 2022**

**Presenters:** **Buff Lawson, HICAP Registered Counselor  
& Community Educator**

**Break 10 minutes**

**Reports:**  
ASPC (5 min) – Jerry Mihaic

**Unfinished Business:**  
Update on filling the member slate – Anita  
Looking for Legislation Liaison, District 2 and 5? Rep, AAA, District Attorney's Office (DA Economic Crime Unit??)  
Membership drive! Applications available here or online!

**New Business:**  
Introduce New Member Applicant and **Vote** – Anita  
Applicant for Senior Service Provider (replacing Anna Devers):  
Savannah Gil, SLOCOG

**Next Meeting:** December 28, 2022 – *Bring a friend!* **ILRC – Jerry Mihaic**  
DSS Building, 3433 South Higuera Street, Room #101, SLO  
**NO MEETING NOVEMBER 23, 2022 (Day before Thanksgiving)**

***Please submit agenda and program items, ideas, and feedback to  
[slocommissiononaging@gmail.com](mailto:slocommissiononaging@gmail.com)***

# SAN LUIS OBISPO COUNTY COMMISSION ON AGING

Department of Social Services 3433 South Higuera St Room #101

San Luis Obispo

10/26/2022 Minutes

**Members Present:** Anita Shower, Wendy Fertschneider, Paulina Flores Jimenez, Jerry Mihaic, Mara Whitten, Robert Diaz, Louise Justice

**Absent:** Maryanne Zarycka, Thomas Clough, Dist 3 Rep, Shirley Summers Dist 5 Rep, Dist 2 Rep, Dist 4 Rep, AAA Rep, D.A./V.W. Viles, Karen Jones

**Others:** Trisha Dahl, Savannah Gil, Paige Masson, Elizabeth Potter, Michael Bossenberry

**Call to Order:** 10:00am

Flag Salute

**Introductions:** Members and Guests each introduced their role in the community and with the Commission.

**Approve Minutes:** Approval of September 28, 2022, minutes. A motion by was made by Robert Diaz to accept the minutes. Wendy Fertschneider seconded the motion. Minutes approved unanimously with one correction.

- Notice of correction – page 2 table Male v Female (typo 39% for females not males) | *Robert Diaz to correct*

## **Public Comment:**

Mara Whitten – CAPSLO Adult Day Center Paso Robles

- Caregiver Retreat | Nov 5 from 10:00 am - 2:00pm @ Saint James Church
  - No cost, but please register
  - Support for caregivers – yoga, massage, built community/support, respite care
- CAPSLO Energy Program – water and energy bill coverage for those that qualify
- CAPSLO Home Repair and Weatherization Service

Meals that Connect: Senior Nutrition Program

- dining rooms are open again Monday through Friday @ 11:30
- please make a reservation

Louise Justice – Concerns

- Has been receiving scam calls about packages that have not picked up & various sweepstakes
- Transit - Ventura transit / Ride On late for scheduled appointment
  - *Suggestion Made: try other transit programs RTA Run About ADA certified / Call Ride-On Express if lack of drivers for other transit programs*

## **Presentation: Medicare Plans, Changes, and Choices 2023 / Open Enrollment Oct 15 - Dec 7, 2022**

**Presenter:** Buff Lawson, HICAP Registered Counselor & Community Educator

About HICAP:

- Part of the national State Health Insurance Program “SHIP” offering assistance to people with Medicare
- Publicly funded through the Older Californians Act and the Centers for Medicare and Medicaid Services
- Only agency authorized by the California Department of Aging to provide Medicare counseling
- HICAP offers individual counseling and community education about Medicare, financial assistance programs, and long-term care insurance
- HICAP does not sell anything
- No affiliation with agents, brokers, insurance companies or HMOs
- Counseling is confidential and available by appointment (1-1.5 hour appointment)
- Network of local volunteers
  - Trained by local Central Coast HICAP and the California Health Advocates organization

- Registered by California Department of Aging

Topics Covered:

- 2023 Inflation Protection Act – Medicare Provisions
- 2023 Medicare Costs
- Medicare Open Enrollment Choices
- 2023 – Part D – Rx Drug Plans
- 2023 Medicare Advantage Plans

\* See attached PDF for presentation slides and specifics

- Break 10 minutes -

**Reports: ASPC (5 min)**

Jerry Mihaic

- HICAP presentation from Julia Posada
- Council meets 1<sup>st</sup> Friday of every month 9am - 11am via Zoom
- CAPSLO Adult Day Center is open in Paso Robles

**Unfinished Business:**

- Looking for representatives from:
  - Jimmy Paulding
  - Bruce Gibson (can't provide until election is over)
  - DA office
- Looking for 5 Alternate Members at Large
- Introduce new Senior Service Provider Member applicant, Savannah Gil (SLOCOG)
  - VOTE: Savannah Gil new Senior Service Provider. Motions made, all in favor, accepted unanimously

**New Business:**

- Add Savannah Gil to future presentation schedule to discuss senior transportation options and travel training program
- Consider presentation for Medical Alert System (i.e. Life Alert or similar)
  - Historically the Commission has tried to get a speaker on the matter and had no luck

**Next Meeting: December 28, 2022**

November meeting cancelled for Thanksgiving holiday

**Adjourn:** 11:51am

Minutes submitted by Robert Diaz. Reviewed by Co-Chairs