

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Wednesday January 25, 2023

Time: 10:00 am - Noon

Location: **DSS Building, 3433 South Higuera Street, Room #101, SLO**

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Check/announce meeting being recorded
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, scams - 2 min. max*

Introductions: Members, and Guests (please provide your name and brief agency description)

Member rollcall: (Chair to establish Quorum)

Approve Minutes: December 28, 2022

Presentation: **Being Prepared for Emergencies -
SLO County Disaster and Emergency Readiness**

Presenters: **James Blattler, Emergency Manager
City of SLO Fire Department**

Break 10 minutes

Reports:

ASPC (5 min) – Jerry Mihaic

Co-Chair Updates (5 min) – Anita & Maryanne

Latest Top Legislation Regarding Seniors? (5 min) – Anyone?

Unfinished Business:

Update on filling the member slate – Maryanne & Anita

Looking for Legislation Liaison, District 2 and 5? Rep, AAA,

District Attorney's Office (DA Economic Crime Unit??)

Applications available here or online!

New Business:

Introduce New Member Applicant Michael Bossenberry for Alternate Member at Large and **Vote** – Anita and Tom

Next Meeting: February 22, 2023 – *Bring a Senior!*

DSS Building, 3433 South Higuera Street, Room #101, SLO

***Please submit agenda and program items, ideas, and feedback to
slocommissionaging@gmail.com***

SAN LUIS OBISPO COUNTY COMMISSION ON AGING
Department of Social Services 3433 South Higuera St Room #101 San Luis Obispo
01/25/2023 Minutes

In attendance: Maryanne Zarycka, Anne McCracken, Shirley Summers, Jerry Mihaic, Wendy Fertschneider, Louise Justice, Paulina Flores Jimenez, Thomas Clough, Savannah Gil, Gabriela Garcia, Danielle Raiss, Sue Gibson

Guests: Michael Bossenberry, Brandon Smith, Jean Raymond, Sonya Jackson, Daniel Robles, Linda Quesenberry, Kris Allen, Ron Torres, Nancy Puder, Ranelle Franklin Baldwin, Elizabeth Potter, Isaac Chick, James Blattler

Absent: Anita Shower, Mara Whitten, Bill Degnan, Karen Jones

Call to Order: 10:00 am

Flag Salute.

"Meeting is Being Recorded" Announcement

Public Comment:

Linda Quesenberry

- Los Osos Care has some funding available for Los Osos' and surrounding area residents and undocumented residents victims of the past flooding

Sonya Jackson

- Spoke in support of Linda's Quesenberry announcement

Jerry Mihaic

- San Luis Obispo Veterans Hall is currently a disaster recovery center opened 7 days a week 8am-7pm and are assisting victims through the process of applying for relief due to the past flooding

Louise Justice

- Two scams
- One call from an agency stating that she had won some unclaimed funds, received a code and to call back. This was left in her answering machine. Did not call back
- One call from an agency saying "you have a preauthorized order placed in your name". Hung up the call.
- 1-877-382-4357 report scams

Sue Gibson

- Brought flyers from SLG Senior Care
- Brought flyers from Paso Robles Senior Center promoting a fair February 14th 9:30am-11:30am

Ranelle Franklin Baldwin

- Owner of Dignified Hope Care Inc.
- New non-profit organization that is about to go public
- A community event will be held January 26th at Hotel SLO in the evening in support of this non-profit organization
- Cencal Health and four Board of Supervisors are sponsoring this non-profit organization
- Primarily helping seniors of low income that need the 101 services with temporary solutions.

Savannah Gil

- SLOCOG is currently collecting Unmet Transit Needs and Bicycle & Pedestrian Improvement requests until Feb 10th 2023

- SLOCOG will hold a Public Hearing on February 8th. At this Public Hearing you can share your requests in person, calling, faxing, or online unmet_needs.slocog.org

Isaac Chick

- Executive Relations Director for Ranelle Franklin Bladwin's non-profit organization

Nancy Puder

- Sea Coast Seniors assist seniors and family members with late and life decisions through education seminars
- Seminars are resuming in person on March 2nd
- Decluttering and downsizing is the first topic of these seminars
- Free referral services

Introductions: Guests & Members-- Agency introductions & announcements

Members went around introducing their role in the community as well as with the commission.

Approve Minutes: Approval of December 2022 minutes. A motion by Tom Clough was made to accept minutes with corrections notated, Paulina Flores Jimenez seconded the motion.

Presentation:

Being Prepared for Emergencies - SLO County Disaster and Emergency Readiness

Presenter: James Blattler, Emergency Manager City of SLO Fire Department

Emergency Readiness

- Fire prevention
- Fall prevention
- Critical medical information
- Address & access
- Hazard awareness

Disaster Readiness

- Prepare the home for the hazard we face (storm/flood, wildfire, earthquake, heat)
 - Earthquake
 - Secure items to the wall that may fall
 - Store heavy and breakable objects on low shelves
 - Explore Insurance/Retrofit Options
 - Wildfire
 - Defensible Space / Fire Resistant Landscaping
 - Harden your home (roof, vents, windows)
 - Storm & Flood
 - Clear debris from gutters, elevate utilities, seal windows
 - Explore Insurance coverage with your agent
 - Have a plan to get sandbags deployed
- Make a Plan
 - Evacuation
 - Determining evacuation route(s)
 - Designate a meeting location

- Designate an out-of-area point of contact
 - Plan for your pets needs
 - Have essential items easy to grab
- Communication
 - Maintain a list of emergency contact numbers including friends and family.
 - Don't have a land-line? Register for Reverse 911
- 72-hour Emergency Supply Kit
 - Assemble an Emergency Supply Kit for your home and car with a plan to be self-sufficient for up to 72 hours with your Emergency Supply Kit:
 - Food & ample drinking water
 - Clothing
 - Flashlights & batteries
 - First aid kit & medications
 - Pet supplies
 - Hygiene supplies
 - Battery powered radio
 - Emergency contact numbers
 - Important documents, prescriptions
 - Irreplaceable items such as pictures
 - Laptop/tablet/cell phone and chargers
 - Cash/credit cards
- Neighborhood networks

After the Disaster

- Safety First!
- Check your Property
- Contact your Insurance Company
- Let the Fire Department know what help you need
- Food & Medicine impacts
- Work with the American Red Cross
- Hire professionals

Q&A

- www.slocity.org/prepare
- (805) 781-7380
- fdgeneral@slocity.org

New Business:

- Introduce and vote new member applicant Michael Bossenberry for Alternate Member at Large
- Michael Bossenberry introduced himself and his role in the community
- A vote to approve applicant for Alternate Member at Large was made by Louise Justice Tom Clough seconded all in favor

Report:

- **ASPC**
 - 29 people in attendance last meeting
 - ILRC was a presenter for the month of January
 - Next meeting will be Feb 3rd 9am-11am Savannah Gil will be presenting

- **Co-Chair Update**
 - Commission has some positions still opened for Alternate Members at Large
 - February's presenter will be coming from Senior Volunteer Services - Thomas Clough and group
 - March presenter will be from Wilshire Community Services, will double check with agency/presenter
 - April's presenter will be a Fall & Prevention Specialist
 - May's presenter will be from Alzheimer's Association
 - June will be last meeting of this fiscal year, a brainstorming session will take place with new ideas for next fiscal year
 - Any ideas for more presenters email slocommissiononaging@gmail.com

- **Latest Top Legislation Regarding Seniors**
 - Still need liaison for Legislation Regarding Seniors

Unfinished Business:

- Filling the member slate –Maryanne Zarycka
 - Still need a rep for AAA, will ask if Joyce Ellen is an option
 - Still need a rep for District Attorney's Office, Contacting A. Viles
 - Sue Gibson working with Supervisor's office for Commission rep District 2
 - Shirley Summers is back and will continue as rep for District 5
 - Applications available in person or online!

Next Meeting: February 22, 2023 - Bring a Senior!

Minutes submitted by Gabriela Garcia. Reviewed by Co-Chairs