

Behavioral Health Board Minutes
San Luis Obispo County
January 17, 2024, 3:00 p.m.

Members Present	Members Absent
Barbara Levenson	Mary Bianchi
Leslie Brown	Donna Klein
Melissa Cummins	Joseph Kurtzman
Christopher Emert	Dana Ready Hunt
Rose Fowler-Plummer	Lori Thomas-Hicks
Amber Gallagher	Guests
Devon McClellan	Jill Bolster-White
Amanda Sherlock	John Nibbio
James Sofranko/ Sup. Paulding Alternate	Clint Weirick/Office of CA State Senator John Laird
Chief Robert Reyes	Chief Deputy Marguerite Harris
Hugo Castaneda	
Robert Crout/ for Sheriff Parkinson	
Seleste Bowers-Cencal	
Health Agency Staff Present	
Jessica Ybarra	
Star Graber	

1. **Barbara Levenson called meeting to order @3:07 pm**
2. **Introductions and announcements:**
 - **Round table introductions**
3. **Public Comments:**
 - Leslie Brown wanted to make aware the League of Women Voters are opposing Proposition 1. Jessica will forward the email link with more information on their opposition.
 - Clint Weirick- Office of State Senator John Laird; With all the budget changes happening, Senator John Laird wants to make sure that comments and stories are provided but keeping the budget context. Beginning on February 5th there will be a new leader at the State Senate.
 - No email public comments.
4. **Approval on Minutes:** Minutes from November 15, 2023, approved with the correction of James Sofranko was absent M/S/C: Amber Sherlock/Leslie Bown Abstain: 1
5. **Ongoing Business:**
 - JANUARY SITE VISIT: FAMILY CARE NETWORK- DEVON AND AMBER 1/29/24

- Working with John Nibbio at Family Care Network to get some information beforehand. No support is needed from the Board currently.
- 2024 PRESENTATION SCHEDULE- Copies were handed out.
- January Site Visit: Family Care Network- Devon and Amber

6. New Business:

- REVIEW PLANNING COUNSEL DATA NOTEBOOK CALBHB/C 2023 DATA NOTEBOOK- AMANDA GETTEN
 - Presented power point (see attached).
- TRAINING/QUARTERLY MEETING CALBHB/C JANUARY 19 & 20TH – HUGO CASTANEDA
 - Confirmed that Hugo will attend, and everything is in place, no support needed from the Board. Hugo will report back next month.
 - Jessica to send out the link to the meeting again for those interested in attending virtually for part or all of the meeting.
- DRAFT COPY OF ANNUAL REPORT REVIEW – BARBARA LEVENSON
 - The attachments will be ready for the final version prior to voting at the next BHB meeting before presenting it to the Board of Supervisors.
 - Feedback to be sent to Barbara via email. Feedback to be received prior to the next BHB Meeting February 21, 2024

7. Membership Committee- Update:

- AMANDA SHERLOCK’S POSITION WAS APPROVED BY BOS ON 11/28/23 AND EXPIRES ON 6/30/2026.
- FINALIZE RECRUITMENT FLYERS AND DISCUSS DISTRIBUTION. SPECIFICALLY SOCIAL MEDIA FLYER
 - The topic was deferred until Mary Bianchi, Membership Chairperson, return.
 - Any thoughts or suggestions should be emailed to Barbara and/or Mary.
 - We will present the flyers again next month.

8. Committee Representatives- Update:

- QST MEETING WILL RESUME ON 1/11/2024 – BARBARA WILL GIVE UPDATE
 - The meeting was cancelled. Rescheduled meeting TBD

9. MEMBER SUBJECT OF INTEREST: BOARD MEMBER WILL DESCRIBE THE AREA OF PROGRAM RELATED TO CURRENT BEHAVIORAL HEALTH ISSUES OR SPECIFIC CONCERNS IMPORTANT TO THEM.

- JESSICA YBARRA

10. Administrator’s Report

- STAR GRABER- CAPSTONE YOUTH REPORT PRESENTATION
 - Very similar to the adult report
 - Identifies gaps and highlights the County’s strengths.
 - Both reports will be utilized for the County’s Behavioral Health Strategic Plan. The draft will outline and be used for the County’s Behavioral Health 5 Year Strategic Plan.
 - Focus Groups, Call to Action, Staff Surveys, and Data were all part of compiling the Strategic Plan. A Draft will be available by January 31st.

- Discussion around meeting the needs of the youth in our county and gratitude towards the gap analysis pointing that out in the report.
- Next Week is the EQRO- External Quality Review Organization will be here with two full days of reviewing the whole Behavioral Health Department: Youth, Adult, Mental Health, Substance Use, contract providers, internal organization, computer systems, software and policies and procedures. After this analysis, there will be a report available.
- County Budget is due at the Health Agency level tomorrow. The entire county is looking at the Cutt and Status Quo Budgets. The Behavioral Health Department is trying to stay away from cutting programs, services and staffing. Additional information will be available soon. The budget hearing is not set until mid-June.
- Very close to finalizing our Medical Director, Sid Puri. He is our interim Medical Director, and he will be our long-term Medical Director. There is no longer a need for a full-time Medical Director as the County-operated Psychiatric Health Facility is now run by Crestwood Behavioral Health, Inc.. Dr. Puri would work ¾ time via telemedicine with some in-person time as well.

11. PRESENTATION: PROBATION DOG PROGRAM – CHIEF ROBERT REYES

- Presentation on Coastal Valley Academy and Ruthie by Chief Deputy Marguerite Harris (see attached power point)

12. Adjourn at 4:44 pm

Next Behavioral Health Board meeting February 21, 2024 at 3:00 pm