



SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

INNOVATION

INNOVATION (INN)

- This is a less-structured/informal meeting.
- All attendees are welcome to comment and ask questions, etc.
- We will provide updated information on Innovation projects for FY 2020-2024
- New Innovation Round: be ready to develop your ideas



INNOVATION

- INNOVATION STAKEHOLDER INTRODUCTIONS
- STAFF INTRODUCTIONS



INNOVATION - Agenda

- Welcome, Introductions, and Goals for meeting
 - Nestor Veloz-Passalacqua, SLOBHD
- Budget
- New INN Projects starting FY 2018-2022
- INN Work Plan FY 2020-2024
 - SLOTAP & Holistic Adolescent Health
- New Round of Innovation FY 2019-2020
- Conclusion



INNOVATION - Budget

- Innovation Round 2019-2023
 - Our estimated budget for all four-years of Innovation is about \$1.5M
 - SLOTAP
 - Holistic Adolescent Health



INNOVATION – FY 2018-2019 to FY 2021-2022

- 3-by-3: Developmental Screening Partnership Between Parents and Pediatric Practices
- Affirming Cultural Competence and Provider Training: Offering Innovative Solutions to Increased LGBTQ Mental Health Care Access (SLO ACCEPTance)



INNOVATION Plan Process

- Stakeholders are welcome to comment, ask questions, make suggestions, etc.
- MHSA planning requires stakeholder involvement to guide and advise plans.
- 30 Day Public Review
- BHB and BOS Approval
- MHSAOAC Final Approval



County of San Luis Obispo Behavioral Health Department

Proposal for the Innovation Component of the Three-Year Program and Expenditure Plan



Holistic Adolescent Health



COUNTY OF SAN LUIS OBISPO | INNOVATION



Presenting Problem/Need

- Lack of a coordinated and comprehensive school-based health curriculum focused on mental, physical, and social health education.
 - Report of ever-greater struggles to cope with stress and anxiety
 - “7.5% of central coast youth have experienced a serious emotional disturbance” (CA. Health Care Foundation 2018)
 - “Must improve school climate and teacher training to support student wellness, increased screening, and referral. More must be done to develop a [coordinated system of care]” (2018 CA. Children’s Report Card)



Proposed Solution

- Development of a new coordinated and comprehensive health curriculum adding a mindfulness approach to mental, physical, and social health
 - Blended health education model
 - Mental Health
 - Physical Health and Nutrition
 - Sexual Health
 - Mindfulness



Solution Components

- Blended health education model: 15 in-class sessions on mental health, physical education, and sexual education
 - Expands curriculum, MAPs, STOP process, body awareness scans, breathing, meditation, nutrition, setting SMART goals, and healthy relationships.
- Health Educator one-on-one coaching engagement providing individual guidance
 - One-on-one coaching up to two times a month for a minimum of 30 mins
- 120 per year, 360 total youth ages 13-18 y/o



Evaluation Components

- Increase the mood stability and overall feelings of well-being of youth
- Increase the overall student level of physical fitness activity and nutrition knowledge
- Increase the students' ability to identify and cope with feelings, focused on depression and anxiety
- Increase student intentionality regarding behaviors related to health
- Increase overall student level of sexual health knowledge and awareness



Innovation Budget

Total Project Cost = \$600,000

Fiscal Year	FY 2020-2021 MHA	FY 2021-2022 MHA	FY 2022-2023 MHA	FY 2023-2024 MHA	TOTAL MHA
FY 2020-2021	\$120,000				\$120,000
FY 2021-2022		\$167,500			\$167,500
FY 2022-2023			\$167,500		\$167,500
FY 2023-2024				\$145,000	\$145,000
TOTAL	\$120,000	\$167,500	\$167,500	\$145,000	\$600,000



Sustainability

- Internal policy and curriculum change within school districts
- Research available partnerships within local educational organizations
- Apply for grants and other available funding sources



San Luis Obispo Threat Assessment Program (SLOTAP)



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Presenting Problem/Need

- County lacks a coordinated and collaborative training model and system to assess and intervene with school-based threats.
 - Multiple local and regional incidents
 - Arrest of a Morro Bay HS student for making threats (2018)
 - Atascadero HS student threatened to attack school (2018)
 - Isla Vista Mass Murder (2014)
- Isolated, inconsistent, ineffective threat assessment and monitoring by educational institutions



Proposed Solution

- Coordinated and collaborative training model and system to learn, assess, and intervene when cases of threat become apparent or imminent.
- Create a new learning and language model between the mental health system, law enforcement, and educational institutions.
 - Education of key participants
 - Decrease of criminalization and stigmatization of youth



Solution Components

- SLO-TAP
 - Training MHPs, LE, and EI staff (50 per FY, a total of 150)
 - Develop and implementation of SLO-Centric Threat Assessment Model – builds a unique model based on diverse approaches
 - Collaboration & Training among participating agencies
 - Educating the Community – students, staff, parents, law enforcements, mental health staff, etc.
 - Mental Health Capacity Building – development of a community-based system to



Evaluation Components

- Increase level of skill and knowledge for MHPs, LE, and EI staff.
- Increase the level of interagency collaboration through the development and coordinated model
- Decrease the number and level of potential threats identified through referral
- Increase the number of MH professionals available to treat threat assessment processes



Innovation Budget

Total Project Cost = \$819,930.40

Fiscal Year	FY 2020-2021 MHA	FY 2021-2022 MHA	FY 2022-2023 MHA	FY 2023-2024 MHA	TOTAL
FY 2020-2021	\$203,282				\$203,282
FY 2021-2022		\$201,862			\$201,862
FY 2022-2023			\$200,922		\$200,922
FY 2023-2024				\$213,864.40	\$213,864.40
TOTAL	\$203,282	\$201,862	\$200,922	\$213,864.40	\$819,930.40



Sustainability

- Internal policy and curriculum change within partners
- Research available partnerships within local educational organizations
- Apply for grants and other available funding sources



INNovation

- **What is Innovation?**
 - Innovation is focused on learning, not on implementation.
 - Innovation funds are used for developing models, testing the models, and communicating the results.



INNOVATION

An innovative project contributes to learning by doing the following:

- Introduces a brand new mental health practice or approach including Prevention & Early Intervention (PEI)
- Makes a change to an existing practice in the field of mental health, including application to a different population
- Introduces a new application or adaptation to the mental health system that has been successful in a non-mental health setting



INNOVATION

Innovation must include one of the following primary purposes:

- Increase access to underserved groups
- Increase the quality of services, including better outcomes
- Promote interagency and community collaboration related to Mental Health Services
- Increase access to services



INNOVATION

Programs must be aligned with MHSa transformational values:

- Community Collaboration
- Cultural Competence
- Individual and Family-driven programs
- Wellness, Resilience, and Recovery
- Integrated Service Experience
- Outcomes-Based Program Design



INNovation

Planning:

- Programs seek to solve a persistent, seemingly intractable mental health challenge
 - Cannot be solved with simple funding
- Programs promote wellness, resilience, and recovery
- Programs developed at the grassroots, community-based level
- Includes a plan to share evaluation results and build upon success and lessons learned



INNOVATION

Road to Innovation

Road to Innovation

NEW ROUND, NEW IDEAS

LAUNCH June 19

STEP 01

- INNOVATION PLANNING LAUNCH
- IDEA STATION IS OPEN TO PUBLIC
- GROUP FACILITATION,
- ENGAGEMENT, TECHNICAL
- ASSISTANCE & CONSULTATION TO
- STAKEHOLDERS



SEPTEMBER 2019

STEP 02 INNOVATION IDEA SUBMISSION DEADLINE

INNOVATION TEAM VERIFIES SUBMITTALS. INNOVATORS CLARIFY AND REFINE PROJECTS.



JANUARY 2020 MEETING

STEP 03

- COMMUNITY PRIORITIZES IDEAS
- FINE TUNING OF PROPOSED PROJECTS



MAY 2020

STEP 04 FINAL REVIEW

INNOVATION PROJECTS POSTED FOR COMMUNITY FEEDBACK AND BEHAVIORAL HEALTH BOARD APPROVAL.



JUNE - JULY 2020

STEP 05

- BOARD OF SUPERVISORS AND OAC APPROVAL
- BEGIN RFP PROCESS



NEW INNOVATION PROJECT BEGINS
JULY 1st, 2020



INNovation

- Approval by the Behavioral Health Board
- Approval by the Board of Supervisors
- Approval by the Mental Health Services Oversight and Accountability Commission
 - Technical Assistance provided by OAC staff
 - Presentation to commission
- Request for Proposal/Non-Competitive Bid for Services
- Contract development and Board of Supervisors Approval



INNovation

<https://www.surveymonkey.com/r/C8VT9K3>



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INNovation

1. Agency Name
2. Contact Name
3. E-mail Address
4. Phone Number



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5. Is the project idea something that you know will work, but need funding to fill a service gap?

6. Has a similar project already been conducted in a Mental Health setting?

7. How will the proposed idea contribute to learning? What criteria defines your proposed project?



INNovation

8. Please give a title to the proposed idea. Be creative!
9. Please identify the proposed project primary purpose that will be the key focus for learning.
10. Please define the primary problem/challenge you are trying to address.
11. Please provide a brief description/narrative of the innovation project (solution) you are proposing.



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12. Did any collaborative meetings or discussions regarding the proposed project occur outside of the County's Innovation Stakeholder meetings? If so, please include a brief description of the process and a roster or participants.

13. Please identify the area of practice or approach (scope) for the proposed Innovation test and select what you will be testing and learning about.



INNovation

14. Please explain, in detail, how this approach is innovative/unique, and why it is important for the community to learn from it. (adaptation)

15. All projects have a four-year timeline, with a three-year “testing phase”. Please describe what the key activities/steps are needed to run the test, and what the key milestones for the test will be. (Tentative dates begin in July 1, 2019. Please include 6 months of program startup and 6 months of evaluation)



INNovation

16. What are the learning goals and project objectives/aims?
17. How will you measure what you are planning to learn, and how will you include the perspective of diverse stakeholders?
18. Please describe the sustainability plan for the proposed Innovation idea. What is the plan protect and provide continuity for individuals and families receiving services from the proposed Innovation project at the conclusion of the innovation funding?



INNOVATION

- Questions?



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Thank you!



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