



Prevention & Early Intervention Advisory Committee Meeting

Wednesday April 19, 2023
3:00pm-4:00pm
277 South Street, Suite T
San Luis Obispo, CA. 93401

PEI Meeting Minutes

1. Landon King, MHSA PEI Coordinator welcomed the Advisory Committee at 3:00 p.m. All participants introduced themselves and Landon presented goals for meeting. Landon also reviewed the Advisory process, format, and rules for the meeting (e.g., consensus voting, no rules of order, etc.)
2. **PEI Review:** Landon reviewed PEI regulations, up to 19% of total state allocation is for PEI. At least 50% of PEI expenditures need to focus on children and youth. Currently 56% of PEI expenditures are delivered to children and youth. Data collection and analysis as well as annual reporting are required.
3. **PEI Workplans:** Landon outlined the PEI workplans, each program listed below is assigned a subcomponent of PEI to meet current regulations. Each subcomponent is required to have at least one program performing a service pertaining to that initiative, the mix gets revised from time to time. Interconnectivity is the relationship each program has to multiple subcomponents. The Advisory Committee will be sent a poll to help start a dialog at future meetings about strengths and weaknesses within the workplan.
 - Prevention
 - Early Intervention
 - Outreach for increasing recognition of early signs of mental illness
 - Access and linkage to treatment
 - Stigma and discrimination reduction
 - Suicide prevention
4. **Healthy Kids Survey:** Andrew Harris, MHSA Grants and Data Coordinator, organized our local data for a side-by-side comparison with the statewide statistics on LGBTQ+Youth. While SLO county is not doing as well in many areas, we are getting better in some. Andrew noted there is room for improvement.
5. **Resources:** Karina Silva Garcia, Program Manager, MHSA. The first resource is the Youth Leadership Institute, their mission is to build communities where young people and their adult allies come together to create positive community change that promotes social justice and racial

equity. They developed an interactive, multimedia TOOLKIT to support youth and adult allies in increasing youth voice, engagement, and decision-making in the planning and implementing of innovative ideas in their County and communities. They have a community engagement session on Tuesday, April 25, from 4:30-6pm. The second resource is from the National Institute of Mental Health. They have several mental health topics and educational materials. Their website includes brochures, facts sheets, infographics, printable coloring books, and activity books for children. All are available in English and Spanish and are FREE resources for communities.

6. **PEI Future Funding:** While we don't have a time frame for the MHSA reform proposal, we would like to be prepared for the new PEI funding and spending. Landon gave some thoughts on future funding for PEI, which includes, Plan for 2-3 year limited term funding for new programs and expansions, explore Medi-Cal options, expect competition and opportunities for one-time spending.
7. **Presentation:** Gwen Garcia and Lisa Fraser from Center for Family Strengthening gave a proposal request. Parent Connection is seeking an increase of \$113,181 to meet the growing demand for culturally diversified and qualified parent education coaching services and parent education class delivery in all regions of San Luis Obispo County. The Parent Connection output metrics and program outcome data inform us we are experiencing an increased need for bilingual and bicultural parent education services. With the support of the MHSA PEI funds, we will increase our program capacity to meet this need to employ a qualified 1.0 FTE Bilingual parent coach and educator. In addition, the funds will support the expansion of the Program Director's responsibilities to ensure a high-performing community resource and provide the necessary leadership required for a successful program with superior community impact. With the support of the Advisory Committee the request will be added to the voting agenda at the next MAC meeting in May.
8. **Next meeting:** Wednesday, August 30th
9. **Meeting concluded:** 4:03pm
10. **Attendees:** Heather Leal, Gwen Garcia, Michael Kaplan, Barry Johnson, Lisa Fraser, Amalia Plemons, Mariela Rodriguez, Carrie Collins, Jenny Luciano, Shana Paulson, John Calandro, Jalpa Shinglot, Rebecca Redman Andrew Harris, Karina Silva Garcia, Landon King

