#### **QST Work Plan:**

The annual QST Work Plan identifies key areas that were a focus of the MHP's quality improvement efforts for the year. The QST Work Plan draws upon the Department of Health Care Services (DHCS) Quality Strategy Report (6/29/2018) and DHCS Managed Care Rule Informational Notices to determine priorities. The Work Plan Evaluation details the results of our improvement efforts.

# Goal # 1: Maintain a responsive toll free 24/7 Central Access Line Measurable Objectives:

- All calls will be logged as required (100% success rate)
- Staff who answer phones will utilize the scripted responses

Planned Steps:	Res	sults:					
Refine and continue to test the effectiveness of scripted responses		Completed: We revised scripts after feedback from DHCS (7/31/2019)					
Track disposition details: number of referrals to MH and SUD services	Completed: Of the 1311 calls requesting an initial service entered in Access Journal from 10/1/18 to 6/30/19, callers received the following number and types of referrals. The data below excludes follow up requests from CSU, PHF and inpatient facilities.			ving			
		Referral	Туре		#	% of total	
			cohol Servi	ces	112	8.54%	
		Managed Care Plan		218	16.63%		
		Mental Health clinic or CBO		886	67.58%		
		Other			93	7.09%	
		Private M	ental Healt	h	2	0.15%	
Conduct at least two test calls per month (English and Spanish) to evaluate performance in key areas	Ma car	_	•			n quarter. Ma o address call	naged
identified in the contract with		Quarter		Resi	ult:		
Department of Health Care			#	% I	n compl	iance	
Services (DHCS)		Q1	10	100%			
		Q2	8	100%			
		Q3	12	100%			
		Q4	9	88.89%			
		Total	39	97.43%			

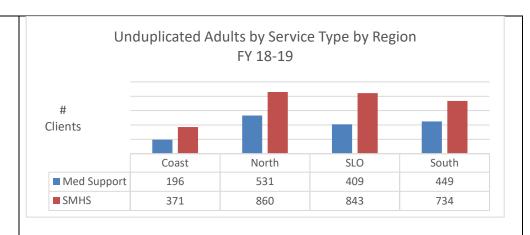
Conduct training for Managed	Completed:
Care and TMHA SLO Hotline	Managed Care Program Supervisor completed training with SLO
staff, particularly in	Hotline volunteers and staff on 11/28/18 and is scheduled to
documentation of requests	train again on 8/28/19. She provided training for Managed Care
	staff on 1/30/19, 3/13/19, 3/2019, 4/17/19, 6/5/19, and 7/31/19.
Complete quarterly reporting of	Completed:
Central Access line	Managed Care Program Supervisor submitted reporting form on
performance to DHCS	time each quarter

# **Goal # 2: Monitor service delivery capacity**

### **Measurable Objective:**

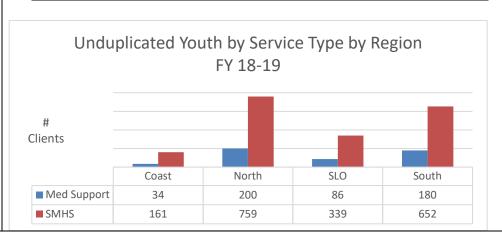
Maintain a network of providers (staff plus contractors) sufficient to provide the full array of SMHS to all areas of SLO County

Planned Steps:	Results:			
Measure service delivery	Completed:	Completed:		
regionally for adults and		<b>ADULTS Aged</b>	21+	
youth	City	Med Support	SMHS	Region
	CAMBRIA	15	39	Coast
<b>Unduplicated Clients</b>	CAYUCOS	10	19	Coast
Served by Age, City,	LOS OSOS	96	168	Coast
service type, and region	MORRO BAY	75	144	Coast
service type, and region	SAN SIMEON	0	1	Coast
	ATASCADERO	264	392	North
	CRESTON	4	6	North
	PASO ROBLES	203	371	North
	SAN MIGUEL	14	21	North
	SANTA MARGARITA	10	22	North
	SHANDON	4	3	North
	TEMPLETON	32	45	North
	SAN LUIS OBISPO	409	843	SLO
	ARROYO GRANDE	140	238	South
	AVILA BEACH	5	9	South
	GROVER BEACH	91	167	South
	NIPOMO	103	156	South
	OCEANO	74	113	South
	PISMO BEACH	36	51	South



#### **YOUTH Aged 0-20**

100111 Aged 0 20			
Med Support	SMHS	Region	
7	26	Coast	
3	7	Coast	
0	1	Coast	
16	80	Coast	
8	47	Coast	
76	295	North	
2	3	North	
89	342	North	
7	36	North	
7	20	North	
2	10	North	
17	53	North	
86	339	SLO	
53	196	South	
1	1	South	
37	131	South	
52	203	South	
31	102	South	
6	19	South	
	7 3 0 16 8 76 2 89 7 7 2 17 86 53 1 37 52 31	7       26         3       7         0       1         16       80         8       47         76       295         2       3         89       342         7       20         2       10         17       53         86       339         53       196         1       1         37       131         52       203         31       102	



	age. Assuming tha	it the majority LO, then the o	of Coastal resid	gional differences by ents who receive est for adults in SLO,
Track utilization of Therapeutic Behavioral Services (TBS) and In-	Completed: We continue to delevel, on average, t	•		about the required 4%
Home Behavioral Services (IHBS) for youth clients who have SLO County Medi-Cal	As shown below, 1 out of 4 of the Medi-Cal eligible youth we serve receive in-home services (TBS or IHBS)			e youth we serve
		TBS AND	IHBS TRENDS	S
	30% 25% 20% 15% 10%		•	
	5% 0%	01 110 10	03 03	04
	TDC 0/	Q1 '18-19	Q2 Q3	Q4
	→ TBS %	3%	2% 4%	4%
	──IHBS %	18%	18% 20%	
	→ Total %	21%	21% 23%	26%
Track requests for service by beneficiary zip code; analyze for gaps and trends	modest growth for Services Requests FY 17-18.	ease in service adults in Nor	e requests for yo th County based	v 18-19 uth in all regions and a on comparison of Comparison is versus
Track utilization of	Completed:			1
services (# of services			Youth (0-20)	Adult (21+)
and cost per beneficiary)	Number beneficia	aries (unique)		2,282
	Number services		58,070	36,204
	Total cost		\$15,642,000	\$8,131822
	Range	- C: -: - · ·	0-\$118,000	0-\$65,100
	Average cost/ben	етісіагу	\$9,510	\$3,565
	Median cost	(	\$3,843.33	\$1,799.705
	Standard Deviation	n (variance)	14,633.69	4,6039.41
	The table shows ag		·•	

	beneficiary. There are more so-called "high cost beneficiaries" who are youth and the range of cost and variance from client to client is higher for youth (it is high for both). We separately evaluated services provided to the highest cost youth beneficiaries and determined that in home services resulted in the increased cost. We contracted out youth and TAY FSP programs, which may result in a decrease in IHBS, but an increase in Individual Rehab services during the next year.
Complete quarterly Network Adequacy Certification Tool (NACT)	Completed: QST Division Manager submitted quarterly NACT and related documentation as required.  DHCS notified the MHP in September that the submissions met adequacy standards for FY 18-19.

# **Goal # 3: Provide timely access to services**

#### **Measurable Objective:**

Track and maintain access to services to meet the timely access standards

Planned Steps:	<b>Result: See</b> Attachment 2 Access Timeliness Metrics FY 18-19		
Monitor and report wait time	Completed:		
for assessment from call to		Average (calendar days)	Compliance %
offered assessment	Adults (21+)	6.40	97.24%
	Youth (0-20)	7.80	88.25%
(10 business/14 calendar days)			
	Our clinics and	l CBO partners provide rapid	access to services.
Monitor and track timeliness of	Completed:		
follow up and ongoing care		Average (calendar days)	Compliance %
follow up and ongoing care appointments	Adults (21+)	<b>Average (calendar days)</b> 6.95	Compliance % 98.69%
	Adults (21+) Youth (0-20)	J (	•
	` ′	6.95	98.69%
appointments	Youth (0-20)	6.95	98.69%
appointments	Youth (0-20)	6.95 8.55	98.69%

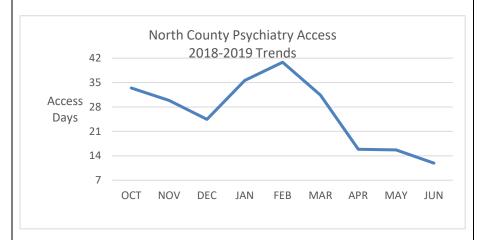
Monitor and report wait time for psychiatric assessment

(15 business/21 calendar days)

Completed:

	Average (calendar days)	Compliance %
Adults (21+)	20.20	68.60%
Youth (0-20)	17.77	72.72%

Tracking wait time resulted in reallocating a Nurse Practitioner in February 2019, to a clinic whose wait time inflated the overall data. The resulting reduction in wait time is displayed below.



Monitor and report wait time for post hospital follow up

(7 days (HEDIS)) (96 hours/4 calendar days)

#### Completed:

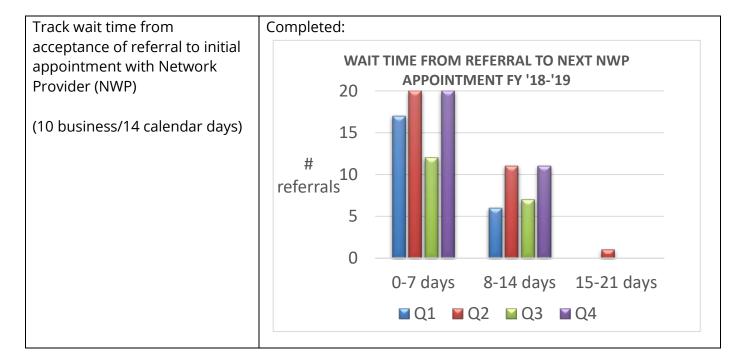
As displayed below, average follow-up days and compliance percentage demonstrate rapid follow-up from higher levels of care.

PHF	Average (calendar days)	Compliance %
Adults (21+)	2.92	98.29%
Youth (0-20)	3.67	100%

Inpatient	Average (calendar days)	Compliance %
Adults (21+)	2.54	100%
Youth (0-20)	4.33	91.67%

CSU	Average (calendar days)	Compliance %
Adults (21+)	1.68	97.06%
Youth (0-20)	.91	100%

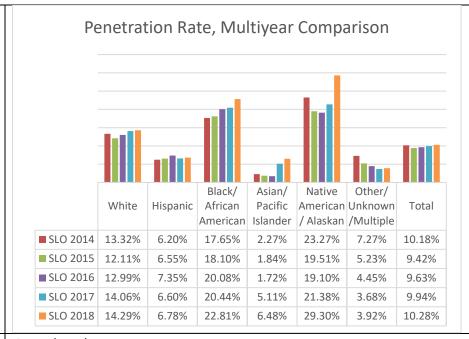
Timely access from higher levels of care was outstanding!



# Goal # 4: Increase capacity to serve Latino beneficiaries Measurable Objective:

Increase the percentage of Latino clients served by 5%

Planned Steps:	Result:
Measure Penetration Rate (PR) annually	Completed: We calculated PR using the same method we've used since CY 2014 – by dividing unduplicated client assignments by race by the comparison group per CenCal Health Demographics report for the calendar year. This formula is slightly different than the one used by DHCS and the one used by EQRO, but it allows a year-to-year comparison. As noted in the graph below, there continue to be disparities between racial groups. PR for Latino beneficiaries is slightly increaded (2.65%); overall PR increased slightly.



Measure number and percentage of clients served who are Latino

#### Completed:

PR for Latino beneficiaries increased slightly, from 6.60% to 6.78% (an increase of 2.65%) between 2017 and 2018 by our calculation.

However, both the total number and percentage of beneficiaries served of beneficiaries who identified as Latino decreased slightly during the same time period. In CY 2017, 5390 beneficiaries or 20.30% of beneficiaries served, were Latino. In 2018, those number decreased slightly to 5311, 19.96%. The change reflects a decrease in the number of Latino beneficiaries reported by CenCal Health.

We are unsure of all the reasons for this decrease, but it makes sense in the larger national political climate that affects the Latino population. We anticipate that anxiety related to "Public Charge" policies will further decrease participation by Latino beneficiaries in treatment. We will continue to monitor and will work with our Cultural Competence Committee to determine best practice approaches to increasing access for Latino beneficiaries despite the political climate on a Federal level.

Maintain bilingual staff capacity at all key points of contact, including at the Central Access Line

#### Completed:

We continued to maintain bilingual capacity at the Central Access Line and at regional clinics.

#### **Goal # 5: Maximize consumer satisfaction**

#### **Measurable Objective:**

Ensure consumer satisfaction as evidenced by responses to the Performance Outcome Quality Improvement (POQI) survey. Satisfaction questions will be rated "Strongly Agree" or "Agree" by at least 85% of respondents.

Planned Steps:	Results:
Encourage a representative	Completed, but we were not able to analyze data:
sample of beneficiaries to	We completed both fall and spring surveys at all MHP and CBO
complete the POQI survey	sites
Recommend improvement	Pending results from CIBHS
activities if result falls below the	
standard	
Report promptly to staff at all	Pending results from CIBHS
sites	

## **Goal # 6: Monitor and respond to beneficiary requests**

#### **Measurable Objective:**

Successfully resolve all beneficiary concerns at the lowest possible level within the required timelines.

Results:
Completed: The Patients' Rights Advocate processed 297 Grievances, Appeals and change of provider request in FY 18-19, a considerable increase over prior years due to the inclusion of Drug & Alcohol Services. Of those, 91.6% were processed and resolved within time frames.
The Patients' Rights Advocate completed report in October 2018 and will submit the October 2019 report on time.

# Goal # 7: Monitor and respond to provider requests and appeals

#### **Measurable Objectives:**

Successfully resolve all provider appeals at the lowest possible level within the required timelines.

Resolve Treatment Authorization Requests (TARs) for out-of-county inpatient hospitalization within 14 days of receipt (100% compliance).

Planned Steps:	Results:
Track all provider appeals	There were no provider appeals in FY 18-19
Monitor and report outcome	N/A
and timeliness of resolution	
Track and report the number	Completed:
and percentage of TARS	During FY 18-19, Managed Care staff reviewed and processed 46
completed within 14 days	TARS for adult inpatient stays and 98 TARS for youth inpatient stays.
	Staff completed 100% of TARS within the regulatory timeline.

# Goal # 8: Implement interventions when better care was more appropriate

#### **Measurable Objective:**

Review and respond to Incident Reports within one month of report submission.

Planned Steps:	Result:				
Review Incident Reports;	Completed:				
monitor and report. Make	We tracked the following types and frequency of Incident Reports				
recommendations					
regarding follow-up when	APS, CPS,CWS,SCAR <b>2</b>				
better care was more	PROPERTY/SAFETY INCIDENT 7				
appropriate	UTI (DRUGS, ALCOHOL) THEFT (ACTUAL/ALLEGED)  4				
	TARASOFF 12				
	TAMPERING/DRUG TEST(S)				
	SUICIDE ATTEMPT 3				
	STAFF INJURY/ACCIDENT 1				
	OTHER 7 MEDICATION(S)/RX 4				
	MEDICAL ER 13				
	INJURY/ACCIDENT 15				
	EMS/PD 57				
	DRUG PARAPHERNALIA  DEVIATION - P & P 4				
	CRISIS/MHET 9				
	CLIENT INJURY/ACCIDENT 5				
	CLIENT DEATH 34				
	CLIENT COMPLAINT BREACH - PRIVACY INCIDENT 62				
	AWOL 23				
	ASSAULT/SAFETY ISSUES 73				
	0 10 20 30 40 50 60 70 80				
Refer Incident Report to	Completed:				
Morbidity & Mortality	M&M Committee, chaired by the BH Medical Director, changed				
Committee in event of	processes to allow more in-depth review of records, followed by case				
death or serious injury	discussion, with good success. The committee meets monthly.				

### **Goal # 9: Improve clinical documentation**

#### **Measurable Objective:**

- All MHP staff will attend documentation training annually
- Establish Practice Guidelines for Youth Mental Health Assessment

Planned Steps:	Results:
Revise and distribute	Completed:
Documentation Guideline	We completed and distributed updates to the Documentation
update	Guidelines in February 2019
Establish training schedule to	Partially completed:
include all MHP and contractor	QST staff provided ad hoc training to new hire staff and remedial
sites; provide regular training at	training to a number of staff whose documentation did not meet
sites and new employee	SLOBHD's standard. We did not schedule a documentation
orientation	training to include all staff, but will complete this in October.
Establish and train staff to use a	Completed:
standard set of assessment	The Adult Assessment Practice Guideline is in use for training.
practice guidelines	

### **Goal # 10: Conduct effective clinical records reviews**

#### **Objectives:**

Establish and implement a monthly audit schedule as part of Utilization Management Program.

Identify areas of strength and deficiency in documentation for each monthly audit to help guide training and to ensure appropriate billing for services.

Planned Steps:	Results:
Implement a monthly audit	Completed:
schedule to include all MHP and	QST staff completed monthly documentation audits per the
contractor sites	approved schedule.
Conduct comprehensive audits	Completed:
(10% of all open cases)	QST staff completed monthly documentation audits per the
quarterly	approved schedule.
Examine utilization trends and	Completed:
consistency in authorization	QST staff completed monthly documentation audits per the
decisions	approved schedule.
Conduct more targeted review	Completed:
of cases as documentation	QST staff completed monthly documentation audits per the
concerns or other issues	approved schedule. We focused on several staff whose
emerge; conduct targeted	documentation did not meet our standard.
training	

# **Goal # 11: Improve and Update Policies & Procedures**

#### **Measurable Objective:**

Review and reformat MHP not revised within the past two years during FY '17-'18

Planned Steps:	Results:
Conduct a comprehensive review and update/approve all policies	Not Completed
Incorporate new Federal	Completed:
Managed Care regulations into	Managed Care Final Rule and related policy changes was a
policy	heavier lift than anticipated. We've submitted to DHCS and had
	approved all necessary P&P.
Migrate policies to a secure	In process
Intranet location	

## **Goal # 12: Develop improved Site Certification procedures**

#### **Measurable Objective:**

Create a standardized set of tools and procedures for certification and tracking of all county operated and contract provider sites.

Planned Steps:	Results:
Develop a monitoring process	Completed:
that ensures that each site	All sites are current
certification remains current	
Ensure that the State tracking	Completed:
system (ITWS) remains current	Pending DHCS changes in in data systems
Develop a program approval	Pending approval of two SLO County STRTPs
process for Short Term	
Residential Treatment Programs	
(STRTPs)	

# Goal # 13: Create a 'Data Dashboard' to make performance data accessible and meaningful

#### **Measurable Objective:**

Create an easy-to-use dashboard to display key performance indicators

Planned Steps:	Results:
Develop a reporting mechanism	Partially completed:
for evaluating Children's	A newly hired EHR staff member is completing reporting
Assessment of Needs and	capability
Strengths (CANS) and Adult	
Needs and Strengths Assessment	
(ANSA) rating scores by client, site	
and program	
Develop a Data Dashboard for	Not Completed
presenting the material in an	
accessible manner	
Recommend system and process	Partially completed:
changes based on performance	We continue to utilize reports and analysis while awaiting a
data	dashboard

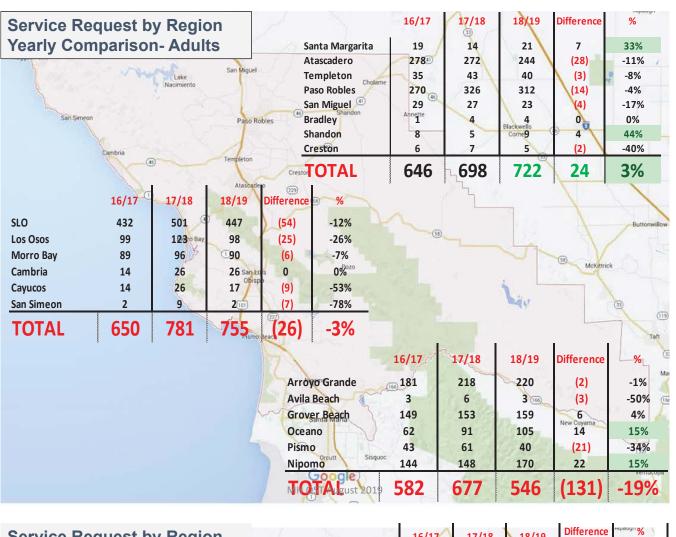
# **Goal # 14: Monitor the safety and efficacy of medication practices**

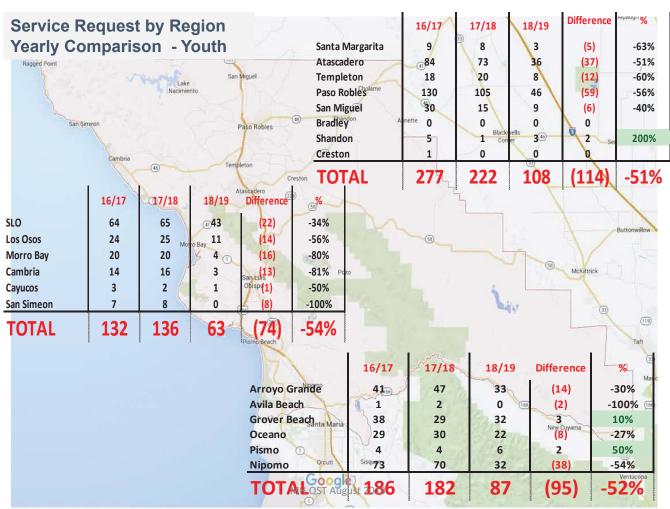
#### **Measurable Objective:**

Create a standardized set of tools and practice guidelines for prescribers

Monitor prescribing practices during regular peer review

Planned Steps:	Results:
Develop a monitoring process	Completed, Ongoing:
that ensures that each site	The MHP's Medical Director expanded Peer Medication
certification remains current.	Review Committee, which meets monthly
Medical peer review (monthly)	Medical Director created additional policy guidance to help
	practitioners who prescribe controlled substances.





# ADULTS 21+

# Access Timeliness Metrics 10/1/2018 to 6/30/2018

ADULTS 21+			
Type of Request/ Referred to	Number	Average Calendar Days	% within standard
Initial Request for Services (MH)	544	6.40	97.24%
NC Adult	148	5.30	
NC Youth	2	5.50	
SC Adult	174	6.99	
SLO Adult	224	6.71	
SLO YS	2	5.50	
ТМНА	3	1.00	

Second Service (MH)	383	6.95	98.69%
NC Adult	102	5.44	
NC Youth	1	8.00	
SAFE	4	10.25	
SC Adult	111	7.65	
SC Youth	2	8.50	
SLO Adult	162	7.30	
SLO YS	1	10.00	

Psychiatric Eval	328	20.20	68.60%
NC Adult	86	29.67	
SC Adult	99	15.93	
SC Youth	1	14.00	
SLO Adult	142	17.49	

Type of Request/ Referred to	Number	Average Calendar Days	% within standard
CSU Follow Up	34	1.68	97.06%
NC Adult	12	2.17	
SC Adult	5	1.40	
SLO Adult	17	1.41	

Inpatient Hospital Follow Up	28	2.54	100.00%
NC Adult	7	1.29	
SLO Adult	21	2.95	

PHF Follow Up	117	2.92	98.29%
NC Adult	36	3.08	
SC Adult	26	2.42	
SLO Adult	55	3.05	

# **YOUTH 0-20**

# Access Timeliness Metrics 10/1/2018 to 6/30/2018

YOUTH 0-20			
Type of Request/ Referred to	Num ber	Average Calendar Days	% within standard
Initial Request for Services (MH)	305	7.80	88.52%
NC Adult	11	6.10	
NC Youth	112	7.15	
SAFE	23	5.57	
SC Adult	22	8.27	
SC Youth	92	9.83	
SLO Adult	11	5.27	
SLO YS	32	6.94	
Initial Request for Services (MH) FC	22	7.50	90.90%
NC Youth	6	4.17	
SC Youth	14	9.14	
SLO YS	2	6.00	

Second Service (MH)	350	8.55	100.00%
FCNI	3	6.00	
Martha's Place	12	8.50	
NC Adult	14	6.43	
NC Youth	106	9.11	
SAFE	40	8.10	
SC Adult	13	7.54	
SC Youth	86	10.10	
SLO Adult	15	6.60	
SLO YS	61	7.02	
Second Service (MH ) FC	6	12.50	83.33%
FCNI	3	13.00	
Martha's Place	2	10.50	
SC Youth	1	15.00	

Type of Request/ Referred to	Number	Average Calendar Days	% within standard
Psychiatric Eval	66	17.77	72.72%
NC Adult	8	28.38	
NC Youth	12	14.08	
SAFE	4	12.50	
SC Adult	13	13.92	
SC Youth	12	19.00	
SLO Adult	13	18.08	
SLO YS	4	20.75	

CSU Follow Up	11	0.91	100.00%
NC Adult	5	0.60	
SC Adult	2	1.00	
SLO Adult	4	1.25	

Inpatient Hospital Follow Up	24	4.33	91.67%
NC Adult	2	1.00	
NC Youth	11	4.55	
SC Adult	3	2.67	
SC Youth	6	4.50	
SLO Adult	1	3.00	
SLO YS	1	14.00	

PHF Follow Up	9	3.67	100.00%
NC Adult	3	3.00	
NC Youth	4	5.00	
SC Youth	1	2.00	
SLO YS	1	2.00	