



Executive Summary

This executive summary provides an overview of the strategic plan for the County of San Luis Obispo Behavioral Health Department 2024-2029. It provides high-level guidance on what and where the department will focus attention and resources, considering current assets and needs, as well as the policy and economic environment in San Luis Obispo County.



Strategic Goals:

Prevention and Wellness

- Enhance community outreach to diversify the participation and voice of residents who access services.
- Expand access to school-based services by building and maintaining relationships with all school districts
- Leverage public interest to expand informational campaigns
- Improve workforce retention and increase staff time spent providing services and programs in diverse communities.

Community Services

- Close gaps in access to community services among key underserved populations and communities.
- Identify opportunities for joint projects, collaboration, and information sharing with other public agencies
- Ensure county-wide understanding and knowledge for accessing resources, services, and supports.
- Augment the workforce with incentives and non-clinical personnel well positioned to provide culturally responsive and sustainable services in local communities.

Intensive Outpatient Services

- Expand access to restructured facilities to integrate services and enhance coordination of whole-person care.
- Leverage CalAIM as an opportunity to develop and/or strengthen collaborations focused on coordination of outpatient supportive services, especially stepdown models that ease client transitions to less intensive and/or community-based care.
- Increase public education, services and resources of co-occurring (mental health and substance use) disorders.
- Develop more peer support and team-based approaches to strengthen clinical staff (shorter-term) while also developing career pipeline programs with higher education partners (longer-term).



Strategic Goals Cont.:

Crisis Services

- Build community understanding of crisis management to ensure equitable access to culturally appropriate and responsive services throughout the system of care.
- Enhance interagency collaboration focused on ensuring efficient, equitable access to crisis and intensive residential services.
- Clarify and standardize expectations of how best to navigate the crisis and acute services system.
- Bolster crisis staffing and capacity with peer and partnership staffing models.

Intensive Residential Services

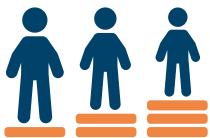
- Expand access to residential facilities offering in-patient treatment including facilities for women and children.
- Identify and collaborate with partners to increase adult and youth access to longer-term facilities, including sober living and board-and-care homes.
- Develop a communication plan with hospitals, federally qualified health centers, and community partners on best practices for meeting the needs of patients with co-occurring (mental health and substance use) disorders.
- Increase opportunities for joint professional learning between staff focused on supporting individuals with co-occurring disorders, including shared use of evidence-based tools and exchange of data.

About Behavioral Health

Vision: On the road to wellness, every path leads toward unwavering compassion and an opportunity to thrive.

Mission: Provide compassionate services that empower individuals to embrace their unique journeys toward wellness and promote a community that fosters healing and recovery.

Issues of Influence:



Equitable
Access



External
Partnerships



Public Engagement and
Communication



Workforce and
Capacity



To see the full strategic plan, please visit slobehavioralhealth.org or scan the QR Code.

