



COUNTY OF SAN LUIS OBISPO HEALTH AGENCY BEHAVIORAL HEALTH DEPARTMENT

Nicholas Drews, *Interim Health Agency Director*

Anne Robin, LMFT *Behavioral Health Director*

How to use this list:

This is a list of phone numbers of national resources and resources in the county of San Luis Obispo. These resources provide LGBTQIA-affirming services.

RESOURCES IN THE COMMUNITY

County of San Luis Obispo Behavioral Health Department Access Line (24/7)	1 (800) 838-1381
Gala Pride & Diversity Center	(805) 541-4252
Cal Poly Counseling Services (students only) (24/7)	(805) 756-2511
Cuesta College Mental Health Services (students only) (Monday-Thursday: 8:30am-4:30pm PST, Friday: 9am-1pm PST)	(805) 546-3171
Lumina Alliance (Crisis and information line for those suffering from sexual and intimate partner violence) (24/7)	(805) 545-8888
House of Pride & Equality	1 (805) 316-1356
Tranz Central Coast	(805) 242-3821
Pacific Pride Foundation	(805) 963-3636

NATIONAL RESOURCES

Trevor Lifeline (24/7)	1 (866) 488-7386 or text 'START' to 678-678
LGBT National Hotline (Monday-Friday: 1pm-9pm PST, Saturday: 9am-2pm PST)	(888) 843-4564
Trans Lifeline (24/7)	(877) 565-8860
SAGE LGBT Elder Hotline (for LGBTQ+ older people) (24/7)	(877) 360-5428

The Health Agency complies with Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex or any other protected class

County of San Luis Obispo Health Agency

2180 Johnson Avenue | San Luis Obispo, CA 93401 | (P) 805-781-4719 | (F) 805-781-1273

slobehavioralhealth.org