



Medical Reserve Corps Newsletter

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IN THIS ISSUE

COVID-19 Test Sites
Volunteer Spotlight
MRC Response Stats
MRC Shout-Outs
Volunteer Resources
Opportunity of the Week
FAQs & Contact Us
Joke of the Week

COVID-19 Test Sites



The past two weeks, MRC volunteers served at testing sites in Nipomo, Morro Bay, San Luis Obispo, Shandon, and Atascadero. These sites served the general public, Skilled Nursing Facilities, and vulnerable populations.

Working at the COVID-19 testing sites continues to be one of the main opportunities for our MRC Volunteers to serve. Our volunteer shifts fill quickly with each new testing location. If you are not able to sign up for a shift, know that there will be more opportunities in the future. You are also welcome to join our on-call list.

The community is welcome to get tested, whether exhibiting symptoms or not. If you yourself would like to get tested, please sign up for one of the upcoming testing sites at EmergencySLO.org/testing

[Make COVID-19 Test Appointment](#)

Volunteer Spotlight: Neda Alzraiee



Neda is a motivated mom of three, Cuesta College student, and healthcare worker who has dedicated her time to helping fight COVID-19 in our community. After a successful career in healthcare overseas, she continues to pursue her passion for helping others with the hopes of attending nursing school next year. In her spare time, she enjoys spending time with her family and hiking in SLO.

Neda's favorite movie is *Scent of a Woman* because it depicts the story of a man who perseveres in the face of great challenge, guided by his

strong moral compass, in order to achieve his dreams.

Neda believes it is the responsibility of every member of our community to do their part to help curb the spread of COVID-19, and she is happy to be able to do so alongside so many other amazing MRC volunteers.

MRC Volunteer COVID-19 Response Stats:

**VOLUNTEERS
DEPLOYED THIS MONTH
122**

**HOURS SERVED TO DATE
AT TEST SITES
1,012**

**TOTAL VOLUNTEER HOURS SERVED IN TRAINING
& DEPLOYMENTS
2,915**

MRC Shout-Outs!

Each week, we will shout-out a few of our volunteers who have served recently.

Volunteers Who Deployed on Short Notice (Past 2 Weeks)

Neda A.
Laura H.
Ivet S.
Kevin N.
Catherine W.
Eric J.

Thank you all! Please know these are only a few of the many volunteers who have served this week.

Volunteer Resources

This week, we have a great resource for our volunteers. disasterready.org has created a list of COVID-19 resources available to all. You will need to make an account on the website

to view these free resources. This list includes everything from "COVID-19 Resources for Health Care Workers" to "Mental Health and Stress Management." There is really something for everyone.

To access these resources, click the button below and make an account on disasterready.org. Then, go to your home screen by signing in to your account. If you scroll down, you will see a banner for the COVID-19 Resources. Click on "View Collection" to access the resource list.

disasterready.org

Opportunity of the Week



Contact Tracing Interest

Use this form to express your interest in volunteering to do contact tracing.

* Required

Become a Contact Tracer: Take Our Contact Tracer Interest Survey

We have an exciting opportunity for all our volunteers. We are looking for volunteers to do contact tracing. Contact tracing is the process of identifying and communicating to the people who have been in contact with an infected person (a COVID-19 positive person, in this instance).

The ideal volunteer will have an available schedule and would like to volunteer multiple days a week. A medical or public health background could be helpful.

To become a contact tracer volunteer, there are a few steps you

will need to complete. You must have all your MRC Volunteer onboarding paperwork completed. This is the paperwork most volunteers complete on NEOGOV. If you have not done this, we will need to send you an activation link to access your paperwork. (These links expire in 24 hours. If you are not able to activate it within that time, we will need to resend it.)

Additionally, you will need to complete a 21-hour contact tracing online course. This course is long, but it will ensure that you are prepared to be a thorough contact tracer.

Volunteers wanting to contact trace will be personally vetted by our epidemiology team. If you are not selected, do not worry. We will have many more volunteer opportunities in the future.

If you are interested in becoming a contact tracer volunteer, [please fill out this form](#). (You will not get a confirmation email after completing the form.) We will send out more details as they become available.

[Contact Tracing Survey](#)

Required MRC Trainings

- [IS-100 Training](#)
- [SNS 102](#)
- [FEMA Register](#)
- [IS-700 Training](#)

Frequently Asked Questions

Q: I am only available on certain days; should I let you know?

A: Due to the system we use to send out MRC Volunteer Requests, we are unable to tailor them to specific schedules and preferences. You will get all requests for volunteers. However, if you are not available for an opportunity, that's okay. You can ignore the email. No need to let us know.

Q: I am going back to work and will not be able to volunteer much. What should I do?

A: In this case, we have two options. You can opt to continue receiving all MRC Volunteer Requests and communications and just ignore those that are not relevant to you. We are happy to continue sending you these requests, even if you are not able to sign up.

Or you can opt to be "deactivated" on our roster. If you are "deactivated" you will no longer receive MRC Volunteer Requests. You can email us to "reactivate" your status at any time.

If you would like your status to be "deactivated," [please send us an email](#).

Q: I wanted to sign up to volunteer, but all of the spots were filled. What can I do?

A: The majority of our volunteer opportunities fill quickly. We have some truly amazing and engaged volunteers in the SLO MRC. You are always able to sign up for our On Call List to be contacted should we need you to serve. We frequently use the on call list to fill urgent and emergent needs for volunteers.

[Sign up to be On Call here.](#)

Q: Where can I sign up to be tested for COVID-19?

A: You can sign up to get tested for COVID-19 at EmergencySLO.org/testing. Please make an appointment.

Joke of the Week

QUESTION: What do you call a doctor that fixes websites?

ANSWER: A URLologist

Contact Us

If you have a joke for the next newsletter, want to nominate someone for a volunteer spotlight, or have any questions or concerns, [send us an email](#) or call us at (805)781-4707!

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reserve
corps*



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