County of San Luis Obispo Behavioral Health Department Mental Health Services Act

Mental Health Advisory Committee (MAC) Stakeholder Group Meeting:

This document is proof of stakeholder involvement in decision making priorities and practices for the County of San Luis Obispo Mental Health Services Act programs.

The MAC Stakeholder Group asserts that they have fully understood and made a decision regarding the changes for the following program/service:

Clinical Supervisor – Co-Occurring Services	
Current Program/Service	New Changes/Updates to Program/Services
COD for Adolescents Clinician	Reassign 1.0 FTE Behavioral Clinician to Clinical Supervisor for COD Services
Current Total Amount:	New Total Amount:
\$106,088	No Budget Change

Justification:

- In the new CalAIM initiative, services for those with both mental health and substance use disorders will be supported and benefits expanded. This comes on top of MHSA regulations expanding to include support for Co-Occurring Disorder (COD) treatment in recent years.
- Since the onset of COVID-19 complications and stress on the behavioral health system, workforce development and
 retention has become more urgent as County and community providers continue to work understaffed while expectations
 increase. In this case, the original COD for Adolescents program has been vacant over a year, as youth with COD have
 been case managed within the Behavioral Health system and current Clinician staff has reduced.
- The state (e.g. CalMHSA, CBHDA) recommends more efforts be made to develop behavioral health workforces by
 providing quality clinical supervision and training. As more licensed clinicians leave the system for private practice, the
 County is needing to be staffed with more trainees and Associates in pursuit of their licensure. At the same time, there is
 need for quality clinical training in COD especially with youth.
- The BHC assigned to Clinical Supervision will provide BBS registered associates individual and group supervision.
- The BHC assigned to Clinical Supervision will improve SLOBHD clinician's competency to address client's co-occurring needs through direct supervision and training.
- The BHC assigned to Clinical Supervision will increase SLOBHD capacity for providing co-occurring clinical supervision by providing direct individual and group supervision to registered associates, as well as providing supervision to other clinical supervisors in a monthly group which promotes supervisee growth and therapeutic skill.

Outcomes:

- The BHC assigned to Clinical Supervision will provide BBS registered associates individual and group supervision for up to eight employees and group supervision for up to 16 employees.
- The BHC assigned to Clinical Supervision will improve SLOBHD clinician's competency to address client's co-occurring needs through direct supervision and training, as evidenced by results of evaluations of clinical supervision completed by supervisees.

On <u>Wednesday</u>, March 29, 2023: Reassign 1.0 FTE Behavioral Clinician to Clinical Supervisor for COD Services.

[X] SLOBHD Staff recommends approval by the MAC Stakeholder Group as specified above.

[] SLOBHD Staff does not recommend approval by the MAC Stakeholder Group as specified above.

Notes:



