Diazepam (Valium®) County of San Luis Obispo Public Health Department Effective Date: 04/15/2017 Division: Emergency Medical Services Agency

# DIAZEPAM (Valium®)

# (To be used ONLY under order of the LEMSA medical director when Midazolam is unavailable or as part of a disaster cache)

Classification: Anticonvulsant/Tranquilizer

#### Actions:

- 1. Promotes muscle relaxation through inhibition of spinal motor reflex pathways.
- 2. Suppresses seizure activity through suppression of the motor cortex of the brain.
- 3. Produces amnesic effect
- Skeletal muscle relaxant

#### Indications:

- 1. Active, continuous seizure
- 2. Status epilepticus
- 3. Sedation prior to cardioversion
- 4. Acute behavior disorder
- 5. Severe muscle spasms (base physician order only)

## Contraindications (relative):

- 1. History of hypersensitivity to the drug
- 2. Hold for CNS depression, respiratory depression and hypotension
- 3. ALOC of unknown etiology
- 4. Eclampsia (base physician order only)

Adverse Effects: Cardiovascular Neurological

> Hypotension Dizziness

Ataxia

Respiratory Fatigue

Depression Pain/burning at injection site

#### Administration: **ADULT DOSE**

- 1. **Seizure**: 0.3mg/kg slow IVP, titrated to terminate seizure activity, not to exceed 20 mg. If unable to establish an IV, administer 0.3 mg/kg per rectum (PR) via a lubricated 3 ml syringe, titrated to terminate seizure activity, not to exceed 20 mg
- 2. Pre-cardioversion: 2.5-10 mg IVP

### **PEDIATRIC DOSE**

- 1. **Seizure**: administer 0.3 mg/kg slow IVP, titrated to terminate seizure activity, not to exceed 10 mg. If unable to establish an IV, administer 0.3 mg/kg per rectum (PR) via a lubricated 3 ml syringe, titrated to terminate seizure activity, not to exceed 10 mg
- 2. **Pre-cardioversion:** administer 0.3 mg/kg slow IVP, not to exceed 10 mg

Base physician order for IM administration may be considered for adult or pediatric patients

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Onset: 1-5 minutes, may be longer for PR dosing

**Duration:** 15 minutes to 1 hour