# Behavioral Health Board Minutes San Luis Obispo County May 20, 2020 3:00p.m.

## MEMBERS PRESENT:

David Riester Clint Weirick Barbara Levenson Mary Bianchi Robert Reyes (for Jim Salio) Marshall Hamilton Melissa Cummins Nicole Bennett Pamela Zweifel Marcella Paric Joyce Heddleson Nicole Nix (for Supervisor Adam Hill)

## MEMBERS ABSENT:

TeaEster Higgins John Armstrong (for Sheriff Parkinson) Joseph Kurtzman Eulalia Apolinar Liz Smith Rose Fowler Plummer Amber Gallagher

## HEALTH AGENCY STAFF PRESENT:

Anne Robin Laura Zarate Teresa Pemberton Joshua Woodbury

# **GUESTS:**

Jim Roberts Tom Espire Elisa Feld

# 1. <u>Clint Weirick called meeting to order @ 3:00 pm</u>.

# 2. <u>Introductions and Announcements:</u>

Round-table introductions.

#### 3. Public Comments-

- Elisa Feld: Social Services Community Action Team Member, John Clevins has been out with SLO Police working hard trying to connect folks with services and have had significant success.
- Happy Birthday Laura Zarate Thank you everyone for singing happy birthday!

## 4. <u>Approval of Minutes:</u> Minutes from April 15, 2020 approved.

M/S/C: Nix/Zweifel Abstain: None.

#### 5. Ongoing Business:

- Action Item: Vote on Slate of Office Nominations 2020-2021
  - Clint Weirick- Chair
  - Eulalia Apolinar- Vice Chair
  - Barbara Levenson 2<sup>nd</sup> Vice Chair

No other nominations from the floor for any of these positions. M/S/C: Riester/Cummins

- <u>Action Item: Vote on Final Review of Red-Line Version of By-Laws</u> Changes were reviewed. Vote for recommendation to send to BOS for final approval. M/S/C: Riester/Heddleson
- AD-HOC Committee for Spanish Language Services-Update
  - Would like to thank the team: Pam Zweifel, Rose Fowler-Plummer, Joseph Kurtzman, Nicole Nix and Marcy Paric.

Viewed slide show:

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It was an incredible effort. It is not complete.

Anne: I want to thank the committee for doing this. We will give you the updated number in multi-cultural, Spanish-language, client-service staff. Mary and the whole committee, thank you for the work you did.

## 6. <u>Membership Committee Report- Update:</u>

- Bill McQuilkin has resigned. We have another opening position on the Board.
- All the memberships due for renewal where approved at BOS yesterday at BOS meeting.

## 7. Member Highlight- Marcella Paric:

Marcella Paric shared her educational, vocational, and some of her personal history.

# 8. Director's Report- Anne Robin:

- BOS meeting yesterday, the budget projections for next year, due to COVID 19, we are reducing the County General Fund for next year. We do not have any projections on how that will affect County Behavioral Health directly. We have about 14 million dollars of County General fund in the BH Department Budget and that is used in part by the PHF, we use part of on some positions as match to Medi-Cal.
- The State projections on 1991 Realignment and 2021 Realignment both based on sales tax and vehicle license fees, are both looking at a reduction in the coming budget year.
- MHSA probably will be leveled for this coming year but will take a hit after that. We will have to look at it the year after. Those who want to attend the MHSA Stakeholder group please do so. Next Wednesday we will have a town meeting via zoom.
- May is Mental Health Awareness month. Had a drive thru at THMA where we expected 25 to 30 people and over 100 people drove thru. That was very successful. Will have 2 more coming in North and South County. People get a swag bag with goodies and good information.
- The SLOBehavioralHealth.Org web site and our Facebook page are our go-to pages where we post daily. Cassie Ueberrhein is doing great 3-4-minute chats on how to take care of your behavioral health.
- Will be slowly re-opening of our clinics will happen with all precautions. We have found though, that telepsychiatry has been very successful. We have a reduction of no-shows. We will do a combination of both in the future.

# 8. <u>Presentation: Mental Health Diversion Court: Teresa Pemberton and Joshua Woodbury</u>

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